



## 9. HachedeTriathlon



12. Juni 2016

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### Ergebnis M / W - Gesamt

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Sprintdistanz  
( 0,75 / 20,4 / 5 )

#### SHTU Landesmeisterschaft

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Sprintdistanz  
TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Rad	Sch+Rad	Lauf	Ziel	Pos
1	450	00:59:09	van Stevendaal	Udo	1968	SV Großhansdorf	GER-SH	00:11:09	00:31:00	00:42:09	00:16:59	00:59:09	1
2	419	00:59:45	Schröder-Groeneveld	Leif	1989	USC Kiel	GER-SH	00:10:51	00:33:14	00:44:05	00:15:39	00:59:45	2
3	428	01:00:07	Gehring	Philipp	1998	Sport-Club Itzehoe	GER-SH	00:10:29	00:33:12	00:43:41	00:16:25	01:00:07	3
4	417	01:00:13	Jeworek	Pascal	1991	Sport-Club Itzehoe	GER-SH	00:10:30	00:33:20	00:43:50	00:16:23	01:00:13	4
5	276	01:00:55	Wunderlich	Dirk	1982	TriAs Flensburg	GER-SH	00:12:20	00:31:12	00:43:33	00:17:21	01:00:55	5
6	211	01:00:57	Hadler	Beek	1999	Eckernförder MTV I	GER-SH	00:11:06	00:32:50	00:43:56	00:17:00	01:00:57	6
7	203	01:01:11	Sänger	Fynn	1999	SC Itzehoe Männer II	GER-SH	00:11:07	00:32:37	00:43:44	00:17:27	01:01:11	7
8	273	01:01:46	Wichmann	Frank	1975	SG Athletico Büdelsdorf	GER-SH	00:11:40	00:32:17	00:43:58	00:17:48	01:01:46	8
9	202	01:01:50	Salto	Marvin	1999	SC Itzehoe Männer II	GER-SH	00:10:30	00:33:29	00:44:00	00:17:50	01:01:50	9
10	291	01:02:07	Ziehe	Holger	1969	SC Itzehoe Männer II	GER-SH	00:10:32	00:33:26	00:43:59	00:18:08	01:02:07	10
11	235	01:02:18	Büll	Oke	1976	Triathlon Dänischer Wohld	GER-SH	00:11:11	00:32:47	00:43:59	00:18:19	01:02:18	11
12	246	01:02:25	Gäbler	Vinzent	1982	SG Wasserratten Norderstedt I	GER-SH	00:11:31	00:32:34	00:44:05	00:18:19	01:02:25	12

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# Ergebnis M / W - Gesamt

Sprintdistanz  
( 0,75 / 20,4 / 5 )

## SHTU Landesmeisterschaft

Sprintdistanz  
TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos
13	261	01:02:25	Ramminger	Jorrit	1996	TSV Bargteheide Tri Männer II	GER-SH	00:10:04	00:34:11	00:44:16	00:18:08	01:02:25	13
14	220	01:02:31	Hertel	Erik	1998	TriAs Flensburg	GER-SH	00:10:02	00:33:46	00:43:48	00:17:42	01:02:31	14
15	411	01:02:33	Dahlmann	Matthias	1970	Ratzeburger SV - Triathlon	GER-SH	00:11:58	00:32:53	00:44:52	00:17:41	01:02:33	15
16	281	01:02:34	Kirschke	Rene	1972	Eckernförder MTV I	GER-SH	00:10:02	00:33:59	00:44:02	00:18:32	01:02:34	16
17	285	01:02:53	Köster	Jan	1972	TriAs Flensburg	GER-SH	00:11:38	00:32:18	00:43:57	00:18:56	01:02:53	17
18	219	01:03:11	Helbig	Thomas	1975	Eckernförder MTV I	GER-SH	00:11:40	00:32:23	00:44:04	00:18:07	01:03:11	18
19	205	01:03:24	Schluericke	Sebastian	1980	TriAs Flensburg	GER-SH	00:12:58	00:32:03	00:45:02	00:18:22	01:03:24	19
20	262	01:03:39	Steinhof	Simon	1998	Tri Team Neumünster II	GER-SH	00:10:56	00:33:03	00:43:59	00:19:39	01:03:39	20
21	240	01:03:42	Eggert	Philipp	1991	SG Wasserratten Norderstedt I	GER-SH	00:09:59	00:34:23	00:44:22	00:19:19	01:03:42	21
22	233	01:03:45	Buck	Pascal	1992	SG Athletico Büdelsdorf	GER-SH	00:11:19	00:34:35	00:45:54	00:17:50	01:03:45	22
23	301	01:04:12	Neufeind	Tarek	1994	SG Wasserratten Norderstedt I	GER-SH	00:11:24	00:35:24	00:46:49	00:17:23	01:04:12	23
24	227	01:04:13	Benecke	Torben	1975	TriAs Flensburg	GER-SH	00:13:17	00:31:47	00:45:05	00:19:07	01:04:13	24
25	201	01:04:15	Johannsen	Leif	1997	SG Athletico Büdelsdorf	GER-SH	00:11:24	00:32:40	00:44:04	00:20:10	01:04:15	25
26	283	01:04:16	Köhne	Thilo	2000	SC Itzehoe Männer II	GER-SH	00:11:31	00:34:15	00:45:46	00:18:29	01:04:16	26
27	207	01:04:20	Schreiber	Thorsten	1979	Eckernförder MTV I	GER-SH	00:11:38	00:34:06	00:45:44	00:18:36	01:04:20	27
28	206	01:04:25	Schönrock	Stephan	1981	Tri Team Neumünster II	GER-SH	00:11:11	00:33:52	00:45:03	00:19:21	01:04:25	28
29	272	01:04:34	Weiher	Alexander	1983	SC Delphin Bad Schwartau	GER-SH	00:11:01	00:32:49	00:43:50	00:20:43	01:04:34	29
30	229	01:04:43	Blodau	Marcel	2000	USC Kiel II	EGY	00:10:33	00:33:48	00:44:21	00:20:21	01:04:43	30
31	282	01:04:46	Klingenberg	Jannes	1998	SG Wasserratten Norderstedt I	GER-SH	00:10:58	00:33:04	00:44:03	00:20:43	01:04:46	31

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# Ergebnis M / W - Gesamt

Sprintdistanz  
( 0,75 / 20,4 / 5 )

## SHTU Landesmeisterschaft

Sprintdistanz  
TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos
32	231	01:04:49	Brell	Michael	1965	SG Wasserratten Norderstedt II	GER-SH	00:11:22	00:32:43	00:44:05	00:20:44	01:04:49	32
33	224	01:04:52	Bender	Danny	1975	SG Athletico Büdelsdorf	GER-SH	00:11:52	00:33:59	00:45:51	00:18:00	01:04:52	33
34	259	01:05:04	Sönnichsen	Timo	1979	Triathlon-Team Südtondern Oldies	GER-SH	00:12:26	00:34:52	00:47:18	00:17:45	01:05:04	34
35	255	01:05:05	Petersen	Tim-Ole	1980	Borener SV	GER-SH	00:12:29	00:34:20	00:46:50	00:18:15	01:05:05	35
36	253	01:05:09	Johannsen	Finn	1987	Triathlon-Team Südtondern	GER-SH	00:14:16	00:32:48	00:47:05	00:18:04	01:05:09	36
37	284	01:05:13	König	Lars	1974	SG Athletico Büdelsdorf	GER-SH	00:11:56	00:34:57	00:46:53	00:18:19	01:05:13	37
38	221	01:05:19	Homrighausen	Jens	1978	Triathlon-Team Südtondern Oldies	GER-SH	00:13:10	00:33:56	00:47:07	00:18:11	01:05:19	38
39	239	01:05:21	Weidmann	Jannik	1998	TSV Bargteheide Tri Männer III	GER-SH	00:11:56	00:36:55	00:48:52	00:16:29	01:05:21	39
40	212	01:05:31	Wegener	Ronny	1973	USC Kiel II	GER-SH	00:12:07	00:33:42	00:45:50	00:19:41	01:05:31	40
41	247	01:05:39	Gießel	Stefan	1975	USC Kiel II	GER-SH	00:11:31	00:34:32	00:46:04	00:19:34	01:05:39	41
42	215	01:05:50	Heiden	Lasse	1979	USC Kiel II	GER-SH	00:11:48	00:35:28	00:47:16	00:18:34	01:05:50	42
43	287	01:05:56	Krüger	Marcel	1995	SC Itzehoe Männer III	GER-SH	00:14:06	00:34:10	00:48:17	00:17:38	01:05:56	43
44	286	01:06:00	Krohn	Jens	1957	TSV Bargteheide Tri Männer III	GER-SH	00:11:49	00:34:11	00:46:01	00:19:59	01:06:00	44
45	268	01:06:02	Theilken	Julius	1995	SC Itzehoe Männer II	GER-SH	00:11:34	00:35:30	00:47:04	00:18:58	01:06:02	45
46	226	01:06:14	Dyhr	Andre	1989	Triathlon-Team Südtondern	GER-SH	00:12:52	00:35:25	00:48:18	00:17:56	01:06:14	46
47	300	01:06:16	Negel	Luca	2000	TSV Bargteheide Tri Männer II	GER-SH	00:11:54	00:35:12	00:47:06	00:19:10	01:06:16	47
48	209	01:06:33	Sievers	Moritz	1992	Triathlon Dänischer Wohld	GER-SH	00:11:14	00:35:45	00:46:59	00:19:34	01:06:33	48
49	294	01:06:38	Meinert	Heiko	1979	Tri Team Neumünster II	GER-SH	00:12:40	00:33:47	00:46:27	00:20:10	01:06:38	49

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50	223	01:06:44	Nahnsen	Björn	1977	Triathlon-Team Südtondern Oldies	GER-SH	00:14:32	00:34:41	00:49:14	00:17:30	01:06:44	50
51	225	01:06:48	Reich	Ronald	1964	Tri Team Neumünster II	GER-SH	00:11:28	00:35:40	00:47:08	00:19:39	01:06:48	51
52	469	01:06:51	Kühne	Michael	1968	Möllner SV	GER-SH	00:12:12	00:36:02	00:48:14	00:18:36	01:06:51	52
53	290	01:07:07	Kutz	Hanno Magnus	1999	TriSport Lübeck II	GER-SH	00:10:27	00:37:20	00:47:47	00:19:19	01:07:07	53
54	257	01:07:32	Radeleff	Marc	1997	Eckernförder MTV I	GER-SH	00:11:40	00:38:08	00:49:48	00:17:43	01:07:32	54
55	463	01:07:37	Bambas	Dr. Bernhard	1963	SC Rönna 74	GER-SH	00:11:43	00:35:18	00:47:02	00:20:35	01:07:37	55
56	236	01:07:52	Delfs	Christian	1986	Triathlon-Team Südtondern	GER-SH	00:15:04	00:33:49	00:48:53	00:18:59	01:07:52	56
57	243	01:08:02	Foks	Benjamin	1982	Tri Endurance Germany e. V.	GER-SH	00:13:58	00:34:59	00:48:57	00:19:05	01:08:02	57
58	279	01:08:04	Ketelsen	Finn	1982	Triathlon-Team Südtondern Oldies	GER-SH	00:14:19	00:34:32	00:48:52	00:19:11	01:08:04	58
59	267	01:08:20	Klein	Erik	1976	USC Kiel II	GER-SH	00:12:47	00:35:39	00:48:26	00:19:54	01:08:20	59
60	464	01:08:27	Schröder	Michael	1965	Möllner SV	GER-SH	00:14:20	00:33:26	00:47:46	00:20:40	01:08:27	60
61	256	01:08:40	Probst	Matthias	1975	Borener SV	GER-SH	00:13:36	00:35:20	00:48:57	00:19:43	01:08:40	61
62	278	01:08:41	Langnäse	Gunnar	1974	TriSport Lübeck II	GER-SH	00:13:49	00:35:42	00:49:31	00:19:09	01:08:41	62
63	258	01:08:42	Radeleff	Merten	1963	Eckernförder MTV II	GER-SH	00:12:38	00:35:33	00:48:11	00:20:30	01:08:42	63
64	445	01:08:48	Lierow	Wolfgang	1970	Möllner SV	GER-SH	00:14:04	00:34:20	00:48:24	00:20:23	01:08:48	64
65	271	01:08:51	Unterbrink	Sören	1984	SG Wasserratten Norderstedt II	GER-SH	00:13:18	00:34:54	00:48:12	00:20:39	01:08:51	65
66	265	01:09:03	Nörenberg	Michael	1970	SC Delphin Bad Schwartau	GER-SH	00:13:11	00:36:39	00:49:51	00:19:12	01:09:03	66
67	252	01:09:13	Surmont	Jean Jacques	1993	Triathlon Dänischer Wohld	GER-SH	00:12:54	00:36:46	00:49:40	00:19:33	01:09:13	67

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Sprintdistanz  
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## SHTU Landesmeisterschaft

Sprintdistanz  
TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos
68	248	01:09:18	Graage	Jörg	1969	Triathlon-Team Südtondern Oldies	GER-SH	00:13:56	00:36:24	00:50:21	00:18:57	01:09:18	68
69	200	01:09:52	Hansen	Timo	1988	Triathlon-Team Südtondern	GER-SH	00:14:20	00:35:48	00:50:09	00:19:43	01:09:52	69
70	230	01:10:20	Bräuningner	Alexander	1980	Eckernförder MTV II	GER-SH	00:14:05	00:36:09	00:50:15	00:20:05	01:10:20	70
71	303	01:10:23	Kühle	Oliver	1970	Eckernförder MTV II	GER-SH	00:13:38	00:37:19	00:50:57	00:19:26	01:10:23	71
72	275	01:10:42	Wischmann	Lasse	1999	SG Wasserratten Norderstedt II	GER-SH	00:12:11	00:39:26	00:51:38	00:19:04	01:10:42	72
73	269	01:11:01	Thele	Tobias	1978	SG Wasserratten Norderstedt II	GER-SH	00:15:15	00:36:23	00:51:38	00:19:23	01:11:01	73
74	289	01:11:08	Sanitz	Tilman	1965	TSV Bargteheide Tri Männer III	GER-SH	00:12:09	00:35:50	00:47:59	00:23:08	01:11:08	74
75	210	01:11:09	Sievers	Jan	1969	Triathlon-Team Südtondern	GER-SH	00:13:08	00:37:02	00:50:10	00:20:58	01:11:09	75
76	415	01:11:11	Timme	Hinnerk	1955	TSV Fehrdorf	GER-SH	00:14:55	00:36:25	00:51:20	00:19:51	01:11:11	76
77	245	01:11:20	Gaasch	Bernd	1962	Borener SV	GER-SH	00:15:10	00:37:08	00:52:19	00:19:01	01:11:20	77
78	213	01:11:20	Grün	Vinzent	1999	TSV Bargteheide Tri Männer II	GER-SH	00:10:38	00:38:15	00:48:54	00:22:26	01:11:20	78
79	288	01:11:20	Kubillus	Fynn	1999	TSV Bargteheide Tri Männer II	GER-SH	00:11:46	00:40:18	00:52:04	00:19:16	01:11:20	79
80	238	01:11:21	Diesing	Christian	2000	Tri Endurance Germany e. V.	GER-SH	00:14:19	00:37:49	00:52:08	00:19:12	01:11:21	80
81	447	01:11:30	Große	Dirk	1969	SG Athletico Büdelsdorf	GER-SH	00:14:41	00:37:21	00:52:03	00:19:27	01:11:30	81
82	421	01:11:35	Lange	Bernd	1953	USC Kiel	GER-SH	00:14:31	00:36:51	00:51:22	00:20:13	01:11:35	82
83	217	01:11:47	Heidenreich	Markus	1967	SG TRIAS Bad Schwartau / PSV Eutin	GER-SH	00:13:51	00:37:12	00:51:04	00:20:42	01:11:47	83
84	216	01:11:52	Heiden	Aaron auf der	1999	Tri Endurance Germany e. V.	GER-SH	00:15:06	00:35:28	00:50:35	00:21:17	01:11:52	84
85	251	01:11:57	Demmler	Patrik	1990	TSV Quellenhaupt Bornhöved	GER-SH	00:14:01	00:37:40	00:51:41	00:20:15	01:11:57	85

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## SHTU Landesmeisterschaft

Sprintdistanz  
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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos
86	232	01:11:59	Bromberg	Norman	1968	Borener SV	GER-SH	00:16:00	00:36:29	00:52:30	00:19:28	01:11:59	86
87	466	01:12:25	Hanke	Nick	1999	USC Kiel	GER-SH	00:12:26	00:38:35	00:51:02	00:21:22	01:12:25	87
88	260	01:12:47	Spross	Gerrit	1999	SC Itzehoe Männer III	GER-SH	00:11:18	00:37:11	00:48:29	00:24:17	01:12:47	88
89	274	01:12:56	Wiegner	Björn	1985	SC Itzehoe Männer III	GER-SH	00:15:06	00:36:03	00:51:09	00:21:46	01:12:56	89
90	222	01:13:18	Jenß	Jan-Ole	1971	Tri Endurance Germany e. V.	GER-SH	00:14:39	00:38:00	00:52:40	00:20:38	01:13:18	90
91	263	01:13:29	Peltner	Baptist	1978	SC Delphin Bad Schwartau	GER-SH	00:15:51	00:38:40	00:54:32	00:18:57	01:13:29	91
92	264	01:13:54	Stüfen	Sönke	1965	TSV Bargteheide Tri Männer III	GER-SH	00:14:11	00:36:03	00:50:14	00:23:40	01:13:54	92
93	404	01:14:00	Köcher	Dietrich	1961	Team Erdinger Alkoholfrei	GER-SH	00:13:46	00:38:45	00:52:31	00:21:28	01:14:00	93
94	280	01:14:08	Kirchner	Tilman	1988	TSV Bargteheide Tri Männer III	GER-SH	00:15:00	00:37:24	00:52:25	00:21:43	01:14:08	94
95	298	01:14:40	Mull	Dante	2000	TSV Quellenhaupt Bornhöved	GER-SH	00:13:23	00:38:36	00:52:00	00:22:39	01:14:40	95
96	431	01:14:47	Sonnenburg	Volker	1961	Ratzeburger SV - Triathlon	GER-SH	00:16:40	00:38:05	00:54:46	00:20:01	01:14:47	96
97	234	01:15:14	Bülk	Jens	1961	Tri Team Neumünster II	GER-SH	00:14:53	00:39:05	00:53:59	00:21:15	01:15:14	97
98	401	01:15:21	Blodau	Marco	1974	USC Kiel II	GER-SH	00:15:47	00:36:15	00:52:03	00:23:17	01:15:21	98
99	241	01:15:53	Eurich	Benjamin	1990	TriSport Lübeck II	GER-SH	00:19:06	00:39:41	00:58:47	00:17:05	01:15:53	99
100	471	01:16:11	Weihls	Rudolf	1960	SG Athletico Büdelsdorf	GER-SH	00:13:12	00:39:21	00:52:33	00:23:37	01:16:11	100
101	270	01:16:17	Thimm	Volker	1969	SC Delphin Bad Schwartau	GER-SH	00:16:36	00:41:08	00:57:45	00:18:31	01:16:17	101
102	277	01:16:22	Töbelmann	Jörg	1982	TSV Quellenhaupt Bornhöved	GER-SH	00:15:10	00:36:54	00:52:05	00:24:17	01:16:22	102
103	214	01:16:40	Hardrath	Markus	1969	SG TRIAS Bad Schwartau / PSV Eutin	GER-SH	00:17:54	00:38:25	00:56:19	00:20:20	01:16:40	103

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**Sprintdistanz**  
( 0,75 / 20,4 / 5 )

### SHTU Landesmeisterschaft

#### Sprintdistanz TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos
104	292	01:17:18	Libuda	Thorsten	1963	SG TRIAS Bad Schwartau / PSV Eutin	GER-SH	00:15:25	00:38:31	00:53:57	00:23:21	01:17:18	104
105	299	01:17:25	Müller	Egon	1956	Eckernförder MTV II	GER-SH	00:12:48	00:41:47	00:54:35	00:22:50	01:17:25	105
106	204	01:17:55	Sassen	Ralph	1964	Triathlon Dänischer Wohld	GER-SH	00:15:32	00:38:26	00:53:59	00:23:55	01:17:55	106
107	266	01:18:02	Tack	Grischa	2000	TSV Bargteheide Tri Männer II	GER-SH	00:13:32	00:42:29	00:56:01	00:22:00	01:18:02	107
108	295	01:18:25	Meyer	Helge	1979	Tri Endurance Germany e. V.	GER-SH	00:16:59	00:38:56	00:55:56	00:22:28	01:18:25	108
109	228	01:18:34	Binder	Iven	2000	TSV Quellenhaupt Bornhöved	GER-SH	00:14:11	00:42:21	00:56:33	00:22:00	01:18:34	109
110	237	01:19:23	Rösner	Torsten	1965	SC Delphin Bad Schwartau	GER-SH	00:17:53	00:41:54	00:59:48	00:19:34	01:19:23	110
111	438	01:20:08	Brammer	Jürgen	1960	Borener SV	GER-SH	00:14:41	00:41:51	00:56:32	00:22:35	01:20:08	111
112	432	01:21:22	Schimmer	Helmut	1946	TSV Fahrdorf	GER-SH	00:15:20	00:40:42	00:56:03	00:25:19	01:21:22	112
113	302	01:25:16	Neuefeind	Dieter	1948	SG Wasserratten Norderstedt II	GER-SH	00:15:12	00:43:21	00:58:33	00:26:43	01:25:16	113
114	293	01:25:23	Lucht	Jan-Patrick	1998	SG TRIAS Bad Schwartau / PSV Eutin	GER-SH	00:11:13	00:42:14	00:53:27	00:31:55	01:25:23	114
115	218	01:27:38	Heinemann	Michael	1976	Eckernförder MTV II	GER-SH	00:17:20	00:43:01	01:00:21	00:27:17	01:27:38	115
116	416	01:30:31	Schröder-Groeneveld	Manfred	1945	Vfl Bokel	GER-SH	00:17:54	00:44:37	01:02:32	00:27:59	01:30:31	116
117	429	02:11:58	Hintzmann	Alfred	1934	SG Wasserratten Norderstedt	GER-SH	00:31:09	00:58:00	01:29:09	00:42:49	02:11:58	117

#### Sprintdistanz TW

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos
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# Ergebnis M / W - Gesamt

Sprintdistanz  
( 0,75 / 20,4 / 5 )

## SHTU Landesmeisterschaft

Sprintdistanz  
TW

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos
1	477	01:04:42	Lange	Bettina	1969	TSV Bargteheide	GER-SH	00:10:28	00:34:07	00:44:36	00:20:05	01:04:42	1
2	481	01:06:31	Müller-Ott	Lisa	1982	USC Kiel	GER-HAM	00:12:17	00:34:46	00:47:03	00:19:27	01:06:31	2
3	321	01:07:23	Petersen	Eike	1983	Triathlon-Team Südtondern	GER-SH	00:12:58	00:35:00	00:47:59	00:19:23	01:07:23	3
4	326	01:08:13	Stölting	Alicia	1997	SC Itzehoe Frauen	GER-SH	00:12:43	00:35:12	00:47:56	00:20:17	01:08:13	4
5	413	01:11:13	Lakies	Anke	1967	Vfl Oldesloe	GER-SH	00:14:46	00:36:21	00:51:08	00:20:05	01:11:13	5
6	420	01:11:15	Ritzmann	Katja	1979	Tri-EMTV Elmshorn	GER-SH	00:11:25	00:39:17	00:50:43	00:20:32	01:11:15	6
7	311	01:14:01	Schott	Lena	1994	TSV Bargteheide Tri Frauen II	GER-SH	00:12:40	00:35:53	00:48:33	00:25:28	01:14:01	7
8	310	01:14:12	Schnoor	Lisa	1994	USC Kiel	GER-SH	00:14:43	00:38:51	00:53:34	00:20:37	01:14:12	8
9	316	01:14:33	Kahre	Sarah	1999	SC Itzehoe Frauen	GER-SH	00:12:41	00:41:16	00:53:57	00:20:35	01:14:33	9
10	319	01:14:40	Mick	Hjördis	2000	TSV Bargteheide Tri Frauen II	GER-SH	00:12:01	00:40:23	00:52:24	00:22:15	01:14:40	10
11	320	01:15:03	Niklas	Franziska	1985	TriSport Lübeck	GER-SH	00:14:03	00:40:03	00:54:06	00:20:56	01:15:03	11
12	306	01:15:21	Carstensen	Nia	1998	Triathlon-Team Südtondern	GER-SH	00:12:48	00:40:40	00:53:28	00:21:52	01:15:21	12
13	451	01:17:03	Bartsch	Margit	1954	SG Athletico Büdelsdorf	GER-SH	00:14:53	00:39:16	00:54:09	00:22:54	01:17:03	13
14	313	01:17:14	Hey	Julia	1999	TSV Bargteheide Tri Frauen II	GER-SH	00:11:59	00:40:25	00:52:25	00:24:49	01:17:14	14
15	318	01:17:50	Lützen	Ellen	1968	Triathlon-Team Südtondern	GER-SH	00:15:49	00:40:30	00:56:19	00:21:30	01:17:50	15
16	462	01:17:56	Mull	Dr. Diana	1967	TSV Bornhöved	GER-SH	00:17:03	00:39:54	00:56:58	00:20:58	01:17:56	16
17	325	01:18:00	Spletstößer	Kirsten	1966	PSV Eutin	GER-SH	00:13:16	00:41:19	00:54:35	00:23:24	01:18:00	17
18	314	01:18:29	Hollstein	Christina	1987	TriSport Lübeck	GER-SH	00:16:31	00:38:36	00:55:08	00:23:21	01:18:29	18
19	453	01:19:02	Nörenberg	Annita	1966	SC Delphin Bad Schwartau Triathlon	ITA	00:15:52	00:41:02	00:56:55	00:22:07	01:19:02	19

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# Ergebnis M / W - Gesamt

Sprintdistanz  
( 0,75 / 20,4 / 5 )

## SHTU Landesmeisterschaft

Sprintdistanz  
TW

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos
20	308	01:19:31	Greiner	Julia	1994	TriSport Lübeck	GER-SH	00:16:28	00:41:05	00:57:33	00:21:57	01:19:31	20
21	309	01:19:40	Groth	Kimberly	1979	SC Itzehoe Frauen	GER-SH	00:13:11	00:40:57	00:54:08	00:25:31	01:19:40	21
22	305	01:19:43	Lange	Nicola	1963	USC Kiel	GER-SH	00:13:00	00:40:31	00:53:31	00:26:11	01:19:43	22
23	312	01:20:10	Hagge	Britta	1973	USC Kiel	GER-SH	00:15:35	00:44:53	01:00:29	00:19:41	01:20:10	23
24	307	01:20:55	Deckert	Carmen	1971	PSV Eutin	GER-SH	00:16:12	00:42:30	00:58:43	00:22:11	01:20:55	24
25	328	01:21:48	Ingwersen	Karina	1986	Triathlon-Team Südtondern	GER-SH	00:16:39	00:40:56	00:57:36	00:24:12	01:21:48	25
26	324	01:22:04	Sievers	Susanne	1967	SC Itzehoe Frauen	GER-SH	00:16:21	00:40:18	00:56:40	00:25:24	01:22:04	26
27	435	01:22:19	Kaack	Heike	1958	SG Athletico Büdelsdorf	GER-SH	00:14:48	00:43:47	00:58:36	00:23:42	01:22:19	27
28	315	01:23:37	Behm	Nicole	1976	PSV Eutin	GER-SH	00:17:54	00:41:10	00:59:04	00:24:32	01:23:37	28
29	323	01:32:49	Rahn	Angela	1968	PSV Eutin	GER-SH	00:17:59	00:43:04	01:01:03	00:31:45	01:32:49	29
30	486	01:33:06	Schilling	Thelse	1958	Polizei SV Eutin	GER-SH	00:18:32	00:47:44	01:06:17	00:26:49	01:33:06	30

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## 9. HachedeTriathlon

12. Juni 2016



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### Ergebnis M / W - Altersklassen

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**Sprintdistanz**  
( 0,75 / 20,4 / 5 )  
*SHTU Landesmeisterschaft*

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**Sprintdistanz**  
**TM-AK1**

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	261	01:02:25	Ramminger	Jorrit	1996	TSV Bargteheide Tri Männer II	GER-SH	00:10:04	00:34:11	00:44:16	00:18:08	01:02:25	13	01:02:25	1
2	233	01:03:45	Buck	Pascal	1992	SG Athletico Büdelsdorf	GER-SH	00:11:19	00:34:35	00:45:54	00:17:50	01:03:45	22	01:03:45	2
3	301	01:04:12	Neuefeind	Tarek	1994	SG Wasserratten Norderstedt I	GER-SH	00:11:24	00:35:24	00:46:49	00:17:23	01:04:12	23	01:04:12	3
4	287	01:05:56	Krüger	Marcel	1995	SC Itzehoe Männer III	GER-SH	00:14:06	00:34:10	00:48:17	00:17:38	01:05:56	43	01:05:56	4
5	268	01:06:02	Theilken	Julius	1995	SC Itzehoe Männer II	GER-SH	00:11:34	00:35:30	00:47:04	00:18:58	01:06:02	45	01:06:02	5
6	209	01:06:33	Sievers	Moritz	1992	Triathlon Dänischer Wohld	GER-SH	00:11:14	00:35:45	00:46:59	00:19:34	01:06:33	48	01:06:33	6
7	252	01:09:13	Surmont	Jean Jacques	1993	Triathlon Dänischer Wohld	GER-SH	00:12:54	00:36:46	00:49:40	00:19:33	01:09:13	67	01:09:13	7

**Sprintdistanz**  
**TM-AK2**

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	419	00:59:45	Schröder-Groeneveld	Leif	1989	USC Kiel	GER-SH	00:10:51	00:33:14	00:44:05	00:15:39	00:59:45	2	00:59:45	1

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## Ergebnis M / W - Altersklassen

### Sprintdistanz ( 0,75 / 20,4 / 5 )

#### SHTU Landesmeisterschaft

#### Sprintdistanz TM-AK2

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
2	417	01:00:13	Jeworek	Pascal	1991	Sport-Club Itzehoe	GER-SH	00:10:30	00:33:20	00:43:50	00:16:23	01:00:13	4	01:00:13	2
3	240	01:03:42	Eggert	Philipp	1991	SG Wasserratten Norderstedt I	GER-SH	00:09:59	00:34:23	00:44:22	00:19:19	01:03:42	21	01:03:42	3
4	253	01:05:09	Johannsen	Finn	1987	Triathlon-Team Südtondern	GER-SH	00:14:16	00:32:48	00:47:05	00:18:04	01:05:09	36	01:05:09	4
5	226	01:06:14	Dyhr	Andre	1989	Triathlon-Team Südtondern	GER-SH	00:12:52	00:35:25	00:48:18	00:17:56	01:06:14	46	01:06:14	5
6	200	01:09:52	Hansen	Timo	1988	Triathlon-Team Südtondern	GER-SH	00:14:20	00:35:48	00:50:09	00:19:43	01:09:52	69	01:09:52	6
7	251	01:11:57	Demmler	Patrik	1990	TSV Quellenhaupt Bornhöved	GER-SH	00:14:01	00:37:40	00:51:41	00:20:15	01:11:57	85	01:11:57	7
8	280	01:14:08	Kirchner	Tilman	1988	TSV Bargteheide Tri Männer III	GER-SH	00:15:00	00:37:24	00:52:25	00:21:43	01:14:08	94	01:14:08	8
9	241	01:15:53	Eurich	Benjamin	1990	TriSport Lübeck II	GER-SH	00:19:06	00:39:41	00:58:47	00:17:05	01:15:53	99	01:15:53	9

#### Sprintdistanz TM-AK3

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	276	01:00:55	Wunderlich	Dirk	1982	TriAs Flensburg	GER-SH	00:12:20	00:31:12	00:43:33	00:17:21	01:00:55	5	01:00:55	1
2	246	01:02:25	Gäbler	Vinzent	1982	SG Wasserratten Norderstedt I	GER-SH	00:11:31	00:32:34	00:44:05	00:18:19	01:02:25	12	01:02:25	2
3	272	01:04:34	Weiher	Alexander	1983	SC Delphin Bad Schwartau	GER-SH	00:11:01	00:32:49	00:43:50	00:20:43	01:04:34	29	01:04:34	3
4	236	01:07:52	Delfs	Christian	1986	Triathlon-Team Südtondern	GER-SH	00:15:04	00:33:49	00:48:53	00:18:59	01:07:52	56	01:07:52	4
5	243	01:08:02	Foks	Benjamin	1982	Tri Endurance Germany e. V.	GER-SH	00:13:58	00:34:59	00:48:57	00:19:05	01:08:02	57	01:08:02	5
6	279	01:08:04	Ketelsen	Finn	1982	Triathlon-Team Südtondern Oldies	GER-SH	00:14:19	00:34:32	00:48:52	00:19:11	01:08:04	58	01:08:04	6
7	271	01:08:51	Unterbrink	Sören	1984	SG Wasserratten Norderstedt II	GER-SH	00:13:18	00:34:54	00:48:12	00:20:39	01:08:51	65	01:08:51	7

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# Ergebnis

## M / W - Altersklassen

Sprintdistanz  
( 0,75 / 20,4 / 5 )

SHTU Landesmeisterschaft

### Sprintdistanz TM-AK3

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
8	274	01:12:56	Wiegner	Björn	1985	SC Itzehoe Männer III	GER-SH	00:15:06	00:36:03	00:51:09	00:21:46	01:12:56	89	01:12:56	8
9	277	01:16:22	Töbelmann	Jörg	1982	TSV Quellenhaupt Bornhöved	GER-SH	00:15:10	00:36:54	00:52:05	00:24:17	01:16:22	102	01:16:22	9

### Sprintdistanz TM-AK4

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	205	01:03:24	Schluricke	Sebastian	1980	TriAs Flensburg	GER-SH	00:12:58	00:32:03	00:45:02	00:18:22	01:03:24	19	01:03:24	1
2	207	01:04:20	Schreiber	Thorsten	1979	Eckernförder MTV I	GER-SH	00:11:38	00:34:06	00:45:44	00:18:36	01:04:20	27	01:04:20	2
3	206	01:04:25	Schönrock	Stephan	1981	Tri Team Neumünster II	GER-SH	00:11:11	00:33:52	00:45:03	00:19:21	01:04:25	28	01:04:25	3
4	259	01:05:04	Sönnichsen	Timo	1979	Triathlon-Team Südtondern Oldies	GER-SH	00:12:26	00:34:52	00:47:18	00:17:45	01:05:04	34	01:05:04	4
5	255	01:05:05	Petersen	Tim-Ole	1980	Borener SV	GER-SH	00:12:29	00:34:20	00:46:50	00:18:15	01:05:05	35	01:05:05	5
6	221	01:05:19	Homrighausen	Jens	1978	Triathlon-Team Südtondern Oldies	GER-SH	00:13:10	00:33:56	00:47:07	00:18:11	01:05:19	38	01:05:19	6
7	215	01:05:50	Heiden	Lasse	1979	USC Kiel II	GER-SH	00:11:48	00:35:28	00:47:16	00:18:34	01:05:50	42	01:05:50	7
8	294	01:06:38	Meinert	Heiko	1979	Tri Team Neumünster II	GER-SH	00:12:40	00:33:47	00:46:27	00:20:10	01:06:38	49	01:06:38	8
9	223	01:06:44	Nahnsen	Björn	1977	Triathlon-Team Südtondern Oldies	GER-SH	00:14:32	00:34:41	00:49:14	00:17:30	01:06:44	50	01:06:44	9
10	230	01:10:20	Bräuninger	Alexander	1980	Eckernförder MTV II	GER-SH	00:14:05	00:36:09	00:50:15	00:20:05	01:10:20	70	01:10:20	10
11	269	01:11:01	Thele	Tobias	1978	SG Wasserratten Norderstedt II	GER-SH	00:15:15	00:36:23	00:51:38	00:19:23	01:11:01	73	01:11:01	11
12	263	01:13:29	Peltner	Baptist	1978	SC Delphin Bad Schwartau	GER-SH	00:15:51	00:38:40	00:54:32	00:18:57	01:13:29	91	01:13:29	12

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## Ergebnis M / W - Altersklassen

**Sprintdistanz**  
( 0,75 / 20,4 / 5 )

*SHTU Landesmeisterschaft*

### Sprintdistanz TM-AK4

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
13	295	01:18:25	Meyer	Helge	1979	Tri Endurance Germany e. V.	GER-SH	00:16:59	00:38:56	00:55:56	00:22:28	01:18:25	108	01:18:25	13

### Sprintdistanz TM-S1

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	273	01:01:46	Wichmann	Frank	1975	SG Athletico Büdelsdorf	GER-SH	00:11:40	00:32:17	00:43:58	00:17:48	01:01:46	8	01:01:46	1
2	235	01:02:18	Büll	Oke	1976	Triathlon Dänischer Wohld	GER-SH	00:11:11	00:32:47	00:43:59	00:18:19	01:02:18	11	01:02:18	2
3	281	01:02:34	Kirschke	Rene	1972	Eckernförder MTV I	GER-SH	00:10:02	00:33:59	00:44:02	00:18:32	01:02:34	16	01:02:34	3
4	285	01:02:53	Köster	Jan	1972	TriAs Flensburg	GER-SH	00:11:38	00:32:18	00:43:57	00:18:56	01:02:53	17	01:02:53	4
5	219	01:03:11	Helbig	Thomas	1975	Eckernförder MTV I	GER-SH	00:11:40	00:32:23	00:44:04	00:18:07	01:03:11	18	01:03:11	5
6	227	01:04:13	Benecke	Torben	1975	TriAs Flensburg	GER-SH	00:13:17	00:31:47	00:45:05	00:19:07	01:04:13	24	01:04:13	6
7	224	01:04:52	Bender	Danny	1975	SG Athletico Büdelsdorf	GER-SH	00:11:52	00:33:59	00:45:51	00:18:00	01:04:52	33	01:04:52	7
8	284	01:05:13	König	Lars	1974	SG Athletico Büdelsdorf	GER-SH	00:11:56	00:34:57	00:46:53	00:18:19	01:05:13	37	01:05:13	8
9	212	01:05:31	Wegener	Ronny	1973	USC Kiel II	GER-SH	00:12:07	00:33:42	00:45:50	00:19:41	01:05:31	40	01:05:31	9
10	247	01:05:39	Gießel	Stefan	1975	USC Kiel II	GER-SH	00:11:31	00:34:32	00:46:04	00:19:34	01:05:39	41	01:05:39	10
11	267	01:08:20	Klein	Erik	1976	USC Kiel II	GER-SH	00:12:47	00:35:39	00:48:26	00:19:54	01:08:20	59	01:08:20	11
12	256	01:08:40	Probst	Matthias	1975	Borener SV	GER-SH	00:13:36	00:35:20	00:48:57	00:19:43	01:08:40	61	01:08:40	12
13	278	01:08:41	Langnäse	Gunnar	1974	TriSport Lübeck II	GER-SH	00:13:49	00:35:42	00:49:31	00:19:09	01:08:41	62	01:08:41	13
14	401	01:15:21	Blodau	Marco	1974	USC Kiel II	GER-SH	00:15:47	00:36:15	00:52:03	00:23:17	01:15:21	98	01:15:21	14

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# Ergebnis

## M / W - Altersklassen

Sprintdistanz  
( 0,75 / 20,4 / 5 )

SHTU Landesmeisterschaft

### Sprintdistanz TM-S1

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
15	218	01:27:38	Heinemann	Michael	1976	Eckernförder MTV II	GER-SH	00:17:20	00:43:01	01:00:21	00:27:17	01:27:38	115	01:27:38	15

### Sprintdistanz TM-S2

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	450	00:59:09	van Stevendaal	Udo	1968	SV Großhansdorf	GER-SH	00:11:09	00:31:00	00:42:09	00:16:59	00:59:09	1	00:59:09	1
2	291	01:02:07	Ziehe	Holger	1969	SC Itzehoe Männer II	GER-SH	00:10:32	00:33:26	00:43:59	00:18:08	01:02:07	10	01:02:07	2
3	411	01:02:33	Dahlmann	Matthias	1970	Ratzeburger SV - Triathlon	GER-SH	00:11:58	00:32:53	00:44:52	00:17:41	01:02:33	15	01:02:33	3
4	469	01:06:51	Kühne	Michael	1968	Möllner SV	GER-SH	00:12:12	00:36:02	00:48:14	00:18:36	01:06:51	52	01:06:51	4
5	445	01:08:48	Lierow	Wolfgang	1970	Möllner SV	GER-SH	00:14:04	00:34:20	00:48:24	00:20:23	01:08:48	64	01:08:48	5
6	265	01:09:03	Nörenberg	Michael	1970	SC Delphin Bad Schwartau	GER-SH	00:13:11	00:36:39	00:49:51	00:19:12	01:09:03	66	01:09:03	6
7	248	01:09:18	Graage	Jörg	1969	Triathlon-Team Südtondern Oldies	GER-SH	00:13:56	00:36:24	00:50:21	00:18:57	01:09:18	68	01:09:18	7
8	303	01:10:23	Kühle	Oliver	1970	Eckernförder MTV II	GER-SH	00:13:38	00:37:19	00:50:57	00:19:26	01:10:23	71	01:10:23	8
9	210	01:11:09	Sievers	Jan	1969	Triathlon-Team Südtondern	GER-SH	00:13:08	00:37:02	00:50:10	00:20:58	01:11:09	75	01:11:09	9
10	447	01:11:30	Große	Dirk	1969	SG Athletico Büdelsdorf	GER-SH	00:14:41	00:37:21	00:52:03	00:19:27	01:11:30	81	01:11:30	10
11	217	01:11:47	Heidenreich	Markus	1967	SG TRIAS Bad Schwartau / PSV Eutin	GER-SH	00:13:51	00:37:12	00:51:04	00:20:42	01:11:47	83	01:11:47	11
12	232	01:11:59	Bromberg	Norman	1968	Borener SV	GER-SH	00:16:00	00:36:29	00:52:30	00:19:28	01:11:59	86	01:11:59	12
13	222	01:13:18	Jenß	Jan-Ole	1971	Tri Endurance Germany e. V.	GER-SH	00:14:39	00:38:00	00:52:40	00:20:38	01:13:18	90	01:13:18	13

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### Sprintdistanz ( 0,75 / 20,4 / 5 )

#### SHTU Landesmeisterschaft

#### Sprintdistanz TM-S2

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
14	270	01:16:17	Thimm	Volker	1969	SC Delphin Bad Schwartau	GER-SH	00:16:36	00:41:08	00:57:45	00:18:31	01:16:17	101	01:16:17	14
15	214	01:16:40	Hardrath	Markus	1969	SG TRIAS Bad Schwartau / PSV Eutin	GER-SH	00:17:54	00:38:25	00:56:19	00:20:20	01:16:40	103	01:16:40	15

#### Sprintdistanz TM-S3

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	231	01:04:49	Brell	Michael	1965	SG Wasserratten Norderstedt II	GER-SH	00:11:22	00:32:43	00:44:05	00:20:44	01:04:49	32	01:04:49	1
2	225	01:06:48	Reich	Ronald	1964	Tri Team Neumünster II	GER-SH	00:11:28	00:35:40	00:47:08	00:19:39	01:06:48	51	01:06:48	2
3	463	01:07:37	Bambas	Dr. Bernhard	1963	SC Rönau 74	GER-SH	00:11:43	00:35:18	00:47:02	00:20:35	01:07:37	55	01:07:37	3
4	464	01:08:27	Schröder	Michael	1965	Möllner SV	GER-SH	00:14:20	00:33:26	00:47:46	00:20:40	01:08:27	60	01:08:27	4
5	258	01:08:42	Radeleff	Merten	1963	Eckernförder MTV II	GER-SH	00:12:38	00:35:33	00:48:11	00:20:30	01:08:42	63	01:08:42	5
6	289	01:11:08	Sanitz	Tilman	1965	TSV Bargteheide Tri Männer III	GER-SH	00:12:09	00:35:50	00:47:59	00:23:08	01:11:08	74	01:11:08	6
7	245	01:11:20	Gaasch	Bernd	1962	Borener SV	GER-SH	00:15:10	00:37:08	00:52:19	00:19:01	01:11:20	77	01:11:20	7
8	264	01:13:54	Stüfen	Sönke	1965	TSV Bargteheide Tri Männer III	GER-SH	00:14:11	00:36:03	00:50:14	00:23:40	01:13:54	92	01:13:54	8
9	292	01:17:18	Libuda	Thorsten	1963	SG TRIAS Bad Schwartau / PSV Eutin	GER-SH	00:15:25	00:38:31	00:53:57	00:23:21	01:17:18	104	01:17:18	9
10	204	01:17:55	Sassen	Ralph	1964	Triathlon Dänischer Wohld	GER-SH	00:15:32	00:38:26	00:53:59	00:23:55	01:17:55	106	01:17:55	10
11	237	01:19:23	Rösner	Torsten	1965	SC Delphin Bad Schwartau	GER-SH	00:17:53	00:41:54	00:59:48	00:19:34	01:19:23	110	01:19:23	11

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**Sprintdistanz**  
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### Sprintdistanz TM-S4

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	286	01:06:00	Krohn	Jens	1957	TSV Bargteheide Tri Männer III	GER-SH	00:11:49	00:34:11	00:46:01	00:19:59	01:06:00	44	01:06:00	1
2	404	01:14:00	Köcher	Dietrich	1961	Team Erdinger Alkoholfrei	GER-SH	00:13:46	00:38:45	00:52:31	00:21:28	01:14:00	93	01:14:00	2
3	431	01:14:47	Sonnenburg	Volker	1961	Ratzeburger SV - Triathlon	GER-SH	00:16:40	00:38:05	00:54:46	00:20:01	01:14:47	96	01:14:47	3
4	234	01:15:14	Bülk	Jens	1961	Tri Team Neumünster II	GER-SH	00:14:53	00:39:05	00:53:59	00:21:15	01:15:14	97	01:15:14	4
5	471	01:16:11	Weihls	Rudolf	1960	SG Athletico Büdelsdorf	GER-SH	00:13:12	00:39:21	00:52:33	00:23:37	01:16:11	100	01:16:11	5
6	438	01:20:08	Brammer	Jürgen	1960	Borener SV	GER-SH	00:14:41	00:41:51	00:56:32	00:22:35	01:20:08	111	01:20:08	6

### Sprintdistanz TM-S5

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	415	01:11:11	Timme	Hinnerk	1955	TSV Fahrdorf	GER-SH	00:14:55	00:36:25	00:51:20	00:19:51	01:11:11	76	01:11:11	1
2	421	01:11:35	Lange	Bernd	1953	USC Kiel	GER-SH	00:14:31	00:36:51	00:51:22	00:20:13	01:11:35	82	01:11:35	2
3	299	01:17:25	Müller	Egon	1956	Eckernförder MTV II	GER-SH	00:12:48	00:41:47	00:54:35	00:22:50	01:17:25	105	01:17:25	3

### Sprintdistanz TM-S6

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	302	01:25:16	Neuefeind	Dieter	1948	SG Wasserratten Norderstedt II	GER-SH	00:15:12	00:43:21	00:58:33	00:26:43	01:25:16	113	01:25:16	1

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## Ergebnis M / W - Altersklassen

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**Sprintdistanz**  
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### **Sprintdistanz** **TM-S7**

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	432	01:21:22	Schimmer	Helmut	1946	TSV Fahrdorf	GER-SH	00:15:20	00:40:42	00:56:03	00:25:19	01:21:22	112	01:21:22	1
2	416	01:30:31	Schröder-Groeneveld	Manfred	1945	Vfl Bokel	GER-SH	00:17:54	00:44:37	01:02:32	00:27:59	01:30:31	116	01:30:31	2

### **Sprintdistanz** **TM-S9**

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	429	02:11:58	Hintzmann	Alfred	1934	SG Wasserratten Norderstedt	GER-SH	00:31:09	00:58:00	01:29:09	00:42:49	02:11:58	117	02:11:58	1

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### Sprintdistanz ( 0,75 / 20,4 / 5 )

#### SHTU Landesmeisterschaft

#### Sprintdistanz TW-AK1

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	311	01:14:01	Schott	Lena	1994	TSV Bargteheide Tri Frauen II	GER-SH	00:12:40	00:35:53	00:48:33	00:25:28	01:14:01	7	01:14:01	1
2	310	01:14:12	Schnoor	Lisa	1994	USC Kiel	GER-SH	00:14:43	00:38:51	00:53:34	00:20:37	01:14:12	8	01:14:12	2
3	308	01:19:31	Greiner	Julia	1994	TriSport Lübeck	GER-SH	00:16:28	00:41:05	00:57:33	00:21:57	01:19:31	20	01:19:31	3

#### Sprintdistanz TW-AK2

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	314	01:18:29	Hollstein	Christina	1987	TriSport Lübeck	GER-SH	00:16:31	00:38:36	00:55:08	00:23:21	01:18:29	18	01:18:29	1

#### Sprintdistanz TW-AK3

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	481	01:06:31	Müller-Ott	Lisa	1982	USC Kiel	GER-HAM	00:12:17	00:34:46	00:47:03	00:19:27	01:06:31	2	01:06:31	1
2	321	01:07:23	Petersen	Eike	1983	Triathlon-Team Südtondern	GER-SH	00:12:58	00:35:00	00:47:59	00:19:23	01:07:23	3	01:07:23	2
3	320	01:15:03	Niklas	Franziska	1985	TriSport Lübeck	GER-SH	00:14:03	00:40:03	00:54:06	00:20:56	01:15:03	11	01:15:03	3
4	328	01:21:48	Ingwersen	Karina	1986	Triathlon-Team Südtondern	GER-SH	00:16:39	00:40:56	00:57:36	00:24:12	01:21:48	25	01:21:48	4

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## Sprintdistanz ( 0,75 / 20,4 / 5 )

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#### Sprintdistanz TW-AK4

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	420	01:11:15	Ritzmann	Katja	1979	Tri-EMTV Elmshorn	GER-SH	00:11:25	00:39:17	00:50:43	00:20:32	01:11:15	6	01:11:15	1
2	309	01:19:40	Groth	Kimberly	1979	SC Itzehoe Frauen	GER-SH	00:13:11	00:40:57	00:54:08	00:25:31	01:19:40	21	01:19:40	2

#### Sprintdistanz TW-S1

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	312	01:20:10	Hagge	Britta	1973	USC Kiel	GER-SH	00:15:35	00:44:53	01:00:29	00:19:41	01:20:10	23	01:20:10	1
2	315	01:23:37	Behm	Nicole	1976	PSV Eutin	GER-SH	00:17:54	00:41:10	00:59:04	00:24:32	01:23:37	28	01:23:37	2

#### Sprintdistanz TW-S2

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	477	01:04:42	Lange	Bettina	1969	TSV Bargteheide	GER-SH	00:10:28	00:34:07	00:44:36	00:20:05	01:04:42	1	01:04:42	1
2	413	01:11:13	Lakies	Anke	1967	Vfl Oldesloe	GER-SH	00:14:46	00:36:21	00:51:08	00:20:05	01:11:13	5	01:11:13	2
3	318	01:17:50	Lützen	Ellen	1968	Triathlon-Team Südtondern	GER-SH	00:15:49	00:40:30	00:56:19	00:21:30	01:17:50	15	01:17:50	3
4	462	01:17:56	Mull	Dr. Diana	1967	TSV Bornhöved	GER-SH	00:17:03	00:39:54	00:56:58	00:20:58	01:17:56	16	01:17:56	4
5	307	01:20:55	Deckert	Carmen	1971	PSV Eutin	GER-SH	00:16:12	00:42:30	00:58:43	00:22:11	01:20:55	24	01:20:55	5
6	324	01:22:04	Sievers	Susanne	1967	SC Itzehoe Frauen	GER-SH	00:16:21	00:40:18	00:56:40	00:25:24	01:22:04	26	01:22:04	6
7	323	01:32:49	Rahn	Angela	1968	PSV Eutin	GER-SH	00:17:59	00:43:04	01:01:03	00:31:45	01:32:49	29	01:32:49	7

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Sprintdistanz  
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SHTU Landesmeisterschaft

### Sprintdistanz TW-S3

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	325	01:18:00	Splettstößer	Kirsten	1966	PSV Eutin	GER-SH	00:13:16	00:41:19	00:54:35	00:23:24	01:18:00	17	01:18:00	1
2	453	01:19:02	Nörenberg	Annita	1966	SC Delphin Bad Schwartau Triathlon	ITA	00:15:52	00:41:02	00:56:55	00:22:07	01:19:02	19	01:19:02	2
3	305	01:19:43	Lange	Nicola	1963	USC Kiel	GER-SH	00:13:00	00:40:31	00:53:31	00:26:11	01:19:43	22	01:19:43	3

### Sprintdistanz TW-S4

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	435	01:22:19	Kaack	Heike	1958	SG Athletico Büdelsdorf	GER-SH	00:14:48	00:43:47	00:58:36	00:23:42	01:22:19	27	01:22:19	1
2	486	01:33:06	Schilling	Thelse	1958	Polizei SV Eutin	GER-SH	00:18:32	00:47:44	01:06:17	00:26:49	01:33:06	30	01:33:06	2

### Sprintdistanz TW-S5

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	451	01:17:03	Bartsch	Margit	1954	SG Athletico Büdelsdorf	GER-SH	00:14:53	00:39:16	00:54:09	00:22:54	01:17:03	13	01:17:03	1

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