

## Landesliga Ergebnisse Lübeck 16.06.2013

### Frauen Mannschaften

<b>1.</b>	2 Bente Rathsack	Triathlon Team Südtondern	26:09	01:48	01:14:48	00:58	01:43:44	47:04:00	02:30:49
	6 Christiane Tams	Triathlon Team Südtondern	27:23	01:46	01:17:35	01:01	01:47:46	44:55:00	02:32:42
<b>15</b>	7 Jutta Lützen-Junge	Triathlon Team Südtondern	31:21	02:25	01:11:44	01:05	01:46:37	47:46:00	02:34:23
	15 Ellen Lützen	Triathlon Team Südtondern	30:20	02:38	01:23:33	00:48	01:57:21	45:31:00	02:42:53
<b>2.</b>	1 Jeanette Olivier	SG TriDW-USC Kiel	23:28	01:24	01:17:05	00:44	01:42:43	47:25:00	02:30:08
	5 Nicola Lange	SG TriDW-USC Kiel	23:58	01:26	01:17:17	00:56	01:43:39	48:50:00	02:32:30
<b>17</b>	11 Ulrike Bähr	SG TriDW-USC Kiel	26:16	02:41	01:20:37	01:08	01:50:43	48:29:00	02:39:12
	13 Marion Zenthöfer	SG TriDW-USC Kiel	30:15	02:01	01:20:02	01:05	01:53:25	48:15:00	02:41:40
<b>3.</b>	3 Kerstin Günter	TriAs Flensburg	25:01	01:44	01:16:15	01:10	01:44:11	46:56:00	02:31:08
	8 Elena Janßen	TriAs Flensburg	25:29	01:46	01:21:41	01:32	01:50:30	44:03:00	02:34:33
<b>21</b>	10 Christin Sprenger	TriAs Flensburg	25:46	01:59	01:18:31	01:02	01:47:19	49:19:00	02:36:39
	17 Kristina Iversen	TriAs Flensburg	23:46	02:08	01:18:34	01:01	01:45:30	59:44:00	02:45:15
<b>4.</b>	9 Britta Wiesmann	SG Wasserratten Norderstedt	24:36	01:43	01:18:07	00:54	01:45:22	49:27:00	02:34:49
	12 Marianne Poon	SG Wasserratten Norderstedt	29:18	02:18	01:22:35	01:35	01:55:48	45:30:00	02:41:18
<b>40</b>	19 Antonia Liber	SG Wasserratten Norderstedt	25:46	01:28	01:25:46	00:51	01:53:53	52:32:00	02:46:25
	21 Katja Oldehaver	SG Wasserratten Norderstedt	31:41	03:00	01:21:43	01:25	01:57:49	49:35:00	02:47:24
<b>5.</b>	14 Margot Lau	Tri-Sport Lübeck	27:27	02:31	01:26:34	01:02	01:57:36	44:09:00	02:41:45
	16 Anna Quellhorst	Tri-Sport Lübeck	30:11	01:12	01:20:28	00:46	01:52:38	50:33:00	02:43:11
<b>50</b>	20 Kimberly Giesenberg	Tri-Sport Lübeck	29:32	01:27	01:24:29	00:47	01:56:15	50:17:00	02:46:33
	22 Christina Hollstein	Tri-Sport Lübeck	32:47	01:56	01:18:31	01:03	01:54:18	53:56:00	02:48:14
<b>6.</b>	4 Regina Dahl	Borener SV	29:45	01:22	01:16:39	01:00	01:48:47	43:27:00	02:32:15
	25 Claudia Brauer	Borener SV	29:03	01:50	01:25:54	01:01	01:57:50	51:58:00	02:49:48
<b>64</b>	35 Bianca Matzen	Borener SV	29:25	01:32	01:27:35	00:55	01:59:28	01:05:39	03:05:08

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<b>7.</b>	18 Chathrin Radau	SC Itzehoe	29:44	02:13	01:25:24	01:46	01:59:09	46:33:00	02:45:43
	24 Miriam Kracht	SC Itzehoe	32:19	02:11	01:21:02	01:04	01:56:36	52:21:00	02:48:58
<b>72</b>	30 Susanne Sievers	SC Itzehoe	34:05	02:37	01:23:13	01:17	02:01:13	55:22:00	02:56:35
	33 Patricia Friedrich	SC Itzehoe	32:36	02:18	01:30:00	01:17	02:06:12	55:40:00	03:01:53
<b>8.</b>	23 Charlotte Krag	TriVelos Flensburg	31:10	02:49	01:21:15	01:34	01:56:48	52:01:00	02:48:49
	28 Yvonne Weingardt	TriVelos Flensburg	27:03	02:04	01:25:24	01:14	01:55:47	59:27:00	02:55:15
<b>80</b>	29 Karen Skov Reimann	TriVelos Flensburg	35:28	02:11	01:20:46	01:10	01:59:36	55:47:00	02:55:24
	34 Tina Christiansen	TriVelos Flensburg	34:32	03:23	01:31:48	02:45	02:12:29	51:35:00	03:04:04
<b>9.</b>	26 Ilka Dwinger	Tri Team Neumünster	31:58	01:51	01:25:46	01:20	02:00:56	50:54:00	02:51:50
	27 Sabine Wittenburg	Tri Team Neumünster	33:20	02:14	01:23:16	01:13	02:00:04	52:09:00	02:52:14
<b>84</b>	31 Eva Müller Meernach	Tri Team Neumünster	37:33	01:47	01:24:50	01:36	02:05:47	51:12:00	02:57:00
	32 Kathrin Bahnsen	Tri Team Neumünster	32:14	04:07	01:30:28	01:01	02:07:50	51:12:00	02:59:02

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### Frauen Einzel

1	Jeanette Olivier	SG TriDW-USC Kiel	23:28	01:24	01:17:05	00:44	01:42:43	47:25:00	02:30:08
2	Bente Rathsack	Triathlon Team Südtondern	26:09	01:48	01:14:48	00:58	01:43:44	47:04:00	02:30:49
3	Kerstin Günter	TriAs Flensburg	25:01	01:44	01:16:15	01:10	01:44:11	46:56:00	02:31:08
4	Regina Dahl	Borener SV	29:45	01:22	01:16:39	01:00	01:48:47	43:27:00	02:32:15
5	Nicola Lange	SG TriDW-USC Kiel	23:58	01:26	01:17:17	00:56	01:43:39	48:50:00	02:32:30
6	Christiane Tams	Triathlon Team Südtondern	27:23	01:46	01:17:35	01:01	01:47:46	44:55:00	02:32:42
7	Jutta Lützen-Junge	Triathlon Team Südtondern	31:21	02:25	01:11:44	01:05	01:46:37	47:46:00	02:34:23
8	Elena Janßen	TriAs Flensburg	25:29	01:46	01:21:41	01:32	01:50:30	44:03:00	02:34:33
9	Britta Wiesmann	SG Wasserratten Norderstedt	24:36	01:43	01:18:07	00:54	01:45:22	49:27:00	02:34:49
10	Christin Sprenger	TriAs Flensburg	25:46	01:59	01:18:31	01:02	01:47:19	49:19:00	02:36:39
11	Ulrike Bähr	SG TriDW-USC Kiel	26:16	02:41	01:20:37	01:08	01:50:43	48:29:00	02:39:12
12	Marianne Poon	SG Wasserratten Norderstedt	29:18	02:18	01:22:35	01:35	01:55:48	45:30:00	02:41:18
13	Marion Zenthöfer	SG TriDW-USC Kiel	30:15	02:01	01:20:02	01:05	01:53:25	48:15:00	02:41:40
14	Margot Lau	Tri-Sport Lübeck	27:27	02:31	01:26:34	01:02	01:57:36	44:09:00	02:41:45
15	Ellen Lützen	Triathlon Team Südtondern	30:20	02:38	01:23:33	00:48	01:57:21	45:31:00	02:42:53
16	Anna Quellhorst	Tri-Sport Lübeck	30:11	01:12	01:20:28	00:46	01:52:38	50:33:00	02:43:11
17	Kristina Iversen	TriAs Flensburg	23:46	02:08	01:18:34	01:01	01:45:30	59:44:00	02:45:15
18	Chathrin Radau	SC Itzehoe	29:44	02:13	01:25:24	01:46	01:59:09	46:33:00	02:45:43
19	Antonia Liber	SG Wasserratten Norderstedt	25:46	01:28	01:25:46	00:51	01:53:53	52:32:00	02:46:25
20	Kimberly Giesenberg	Tri-Sport Lübeck	29:32	01:27	01:24:29	00:47	01:56:15	50:17:00	02:46:33
21	Katja Oldehaver	SG Wasserratten Norderstedt	31:41	03:00	01:21:43	01:25	01:57:49	49:35:00	02:47:24
22	Christina Hollstein	Tri-Sport Lübeck	32:47	01:56	01:18:31	01:03	01:54:18	53:56:00	02:48:14
23	Charlotte Krag	TriVelos Flensburg	31:10	02:49	01:21:15	01:34	01:56:48	52:01:00	02:48:49
24	Miriam Kracht	SC Itzehoe	32:19	02:11	01:21:02	01:04	01:56:36	52:21:00	02:48:58
25	Claudia Brauer	Borener SV	29:03	01:50	01:25:54	01:01	01:57:50	51:58:00	02:49:48
26	Ilka Dwinger	Tri Team Neumünster	31:58	01:51	01:25:46	01:20	02:00:56	50:54:00	02:51:50
27	Sabine Wittenburg	Tri Team Neumünster	33:20	02:14	01:23:16	01:13	02:00:04	52:09:00	02:52:14
28	Yvonne Weingardt	TriVelos Flensburg	27:03	02:04	01:25:24	01:14	01:55:47	59:27:00	02:55:15
29	Karen Skov Reimann	TriVelos Flensburg	35:28	02:11	01:20:46	01:10	01:59:36	55:47:00	02:55:24
30	Susanne Sievers	SC Itzehoe	34:05	02:37	01:23:13	01:17	02:01:13	55:22:00	02:56:35
31	Eva Müller Meernach	Tri Team Neumünster	37:33	01:47	01:24:50	01:36	02:05:47	51:12:00	02:57:00

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32 Kathrin Bahnsen	Tri Team Neumünster	32:14	04:07	01:30:28	01:01	02:07:50	51:12:00	02:59:02
33 Patricia Friedrich	SC Itzehoe	32:36	02:18	01:30:00	01:17	02:06:12	55:40:00	03:01:53
34 Tina Christiansen	TriVelos Flensburg	34:32	03:23	01:31:48	02:45	02:12:29	51:35:00	03:04:04
35 Bianca Matzen	Borener SV	29:25	01:32	01:27:35	00:55	01:59:28	01:05:39	03:05:08

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### Männer Mannschaften

<b>1.</b>	5 TriAs Flensburg	Robert Brehm	22:18	01:29	01:06:03	00:59	01:30:50	38:17:00	02:09:08
	8 TriAs Flensburg	Torben Benecke	24:21	01:05	01:02:47	00:55	01:29:09	40:38:00	02:09:47
	9 TriAs Flensburg	Sebastian Schluricke	25:14	01:27	01:03:24	00:49	01:30:56	39:28:00	02:10:24
	<b>59</b> 37 TriAs Flensburg	Johannes Diller	22:41	01:33	01:10:17	00:46	01:35:19	43:27:00	02:20:47
	39 TriAs Flensburg	Matthias Bötcher	26:08	01:27	01:10:09	01:18	01:39:03	42:19:00	02:21:23
<b>2.</b>	3 Triathlon Team Südtondern	Jens Homrighausen	23:45	01:26	01:04:55	00:40	01:30:47	35:56:00	02:06:44
	13 Triathlon Team Südtondern	Dennis Nadolny	23:03	01:34	01:06:44	01:00	01:32:23	39:04:00	02:11:27
	17 Triathlon Team Südtondern	Rüdiger Nahnsen	24:16	01:17	01:06:36	00:59	01:33:08	39:51:00	02:12:59
	<b>60</b> 27 Triathlon Team Südtondern	Björn Nahnsen	29:12	01:41	01:09:05	01:01	01:40:59	35:10:00	02:16:10
	46 Triathlon Team Südtondern	Willi Petersen	28:01	01:27	01:12:09	00:53	01:42:31	40:36:00	02:23:08
<b>3.</b>	6 LAV Husum	Julian Ollech	21:50	01:38	01:08:46	01:11	01:33:26	35:55:00	02:09:21
	14 LAV Husum	Jan Hendrik Nothbaar	22:51	01:29	01:07:04	00:59	01:32:24	39:04:00	02:11:29
	20 LAV Husum	Jannek Hansen	25:45	01:11	01:07:34	00:48	01:35:19	37:04:00	02:14:23
	<b>61</b> 21 LAV Husum	Andreas Drosdowski	25:05	01:30	01:07:54	00:48	01:35:18	37:24:00	02:14:42
	22 LAV Husum	Dr. Jesko Oestergardt	24:58	01:37	01:07:52	00:50	01:35:18	37:33:00	02:14:52
<b>4.</b>	4 SC Itzehoe U23	Frederic Süßmann	20:26	01:03	01:10:03	00:51	01:32:24	36:00:00	02:08:24
	7 SC Itzehoe U23	Pascal Jeworek	22:07	01:14	01:08:28	00:49	01:32:39	36:49:00	02:09:28
	26 SC Itzehoe U23	Maximalian Rüter	24:22	01:24	01:08:44	00:48	01:35:19	40:49:00	02:16:08
	<b>82</b> 45 SC Itzehoe U23	Philipp Zelmer	24:45	01:29	01:13:54	00:53	01:41:02	41:59:00	02:23:01
	66 SC Itzehoe U23	Julius Theilken	26:10	01:29	01:14:23	01:20	01:43:23	54:05:00	02:37:28
<b>5.</b>	10 Trias Bad Schwartau / PSV Eutin	Stephan Birnmeyer	22:42	01:21	01:07:22	01:14	01:32:40	37:47:00	02:10:27
	11 Trias Bad Schwartau / PSV Eutin	Frank Groen	22:55	01:31	01:05:42	01:04	01:31:13	39:15:00	02:10:28
	18 Trias Bad Schwartau / PSV Eutin	Dirk Timpke	22:56	01:13	01:08:41	00:46	01:33:37	40:24:00	02:14:01
	<b>100</b> 61 Trias Bad Schwartau / PSV Eutin	Thorsten Libuda	29:55	02:35	01:14:35	01:09	01:48:14	46:40:00	02:34:54
	62 Trias Bad Schwartau / PSV Eutin	Markus Hardradt	34:56	02:10	01:13:54	01:25	01:52:26	42:35:00	02:35:01

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<b>6.</b>	1 Tri Team Neumünster	Sven Tödloff	22:59	01:21	01:02:36	01:06	01:28:04	37:11:00	02:05:16
	29 Tri Team Neumünster	Heiko Meinert	25:42	01:27	01:07:16	00:50	01:35:17	39:10:00	02:16:27
	34 Tri Team Neumünster	Volker Ortman	28:03	01:38	01:07:56	01:53	01:39:30	39:23:00	02:18:54
	<b>102</b> 38 Tri Team Neumünster	Ronald Reich	23:25	01:29	01:12:13	00:55	01:38:03	43:02:00	02:21:06
	44 Tri Team Neumünster	Kay Hamann	29:43	01:39	01:09:26	01:06	01:41:55	40:57:00	02:22:53
<b>7.</b>	12 Tri-Sport Lübeck	Jan Seiichi Stelzner	25:58	01:25	01:06:55	01:00	01:35:20	35:45:00	02:11:05
	28 Tri-Sport Lübeck	Jannis Jaschik	25:03	01:18	01:07:58	00:54	01:35:15	39:11:00	02:16:26
	30 Tri-Sport Lübeck	Matthias Weber	27:56	01:04	01:09:08	00:58	01:39:08	38:09:00	02:17:17
	<b>112</b> 42 Tri-Sport Lübeck	Sven Schardin	31:01	01:41	01:13:01	01:14	01:46:59	34:55:00	02:21:54
	59 Tri-Sport Lübeck	Eik Brauer	33:22	01:36	01:12:43	00:57	01:48:39	41:56:00	02:30:36
<b>8.</b>	19 TriVelos Flensburg	Malte Haack	22:13	01:42	01:06:56	00:55	01:31:47	42:21:00	02:14:08
	31 TriVelos Flensburg	Tim-Ole Petersen	25:44	01:28	01:10:03	00:53	01:38:08	39:35:00	02:17:44
	35 TriVelos Flensburg	Oliver Paulsen	21:49	01:21	01:12:04	01:03	01:36:19	42:38:00	02:18:57
	<b>128</b> 43 TriVelos Flensburg	Nils Paulsen	21:49	02:38	01:12:25	01:18	01:38:11	44:07:00	02:22:18
	52 TriVelos Flensburg	Stephan Hansen	28:37	01:25	01:15:19	01:08	01:46:30	39:15:00	02:25:45
<b>9.</b>	16 SG Wasserratten Norderstedt	Olav Niedieck	25:07	01:13	01:01:48	00:56	01:29:05	43:30:00	02:12:35
	32 SG Wasserratten Norderstedt	Philipp Eggert	20:59	01:07	01:13:12	00:58	01:36:18	41:52:00	02:18:10
	41 SG Wasserratten Norderstedt	Marten Grube	22:02	00:58	01:16:58	00:42	01:40:42	40:52:00	02:21:34
	<b>140</b> 51 SG Wasserratten Norderstedt	Sören Unterbrink	24:53	01:38	01:08:45	00:59	01:36:17	49:05:00	02:25:23
	53 SG Wasserratten Norderstedt	Marc Podlech	30:59	01:27	01:09:39	00:56	01:43:02	44:24:00	02:27:27
<b>10.</b>	23 Eckernförde MTV I.	Nicola Werner Rinkens	24:52	01:30	01:10:57	00:59	01:38:19	36:41:00	02:15:01
	24 Eckernförde MTV I.	Rene Kirschke	20:01	01:18	01:12:47	00:49	01:34:57	40:04:00	02:15:01
	48 Eckernförde MTV I.	Jan Lührs	26:55	01:39	01:10:51	00:54	01:40:20	43:12:00	02:23:33
	<b>149</b> 54 Eckernförde MTV I.	Martin Müller	29:57	01:48	01:13:16	00:56	01:45:57	41:31:00	02:27:29
	58 Eckernförde MTV I.	Andreas Niebergall	24:34	01:24	01:15:48	01:40	01:43:27	46:31:00	02:29:59

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<b>11.</b>	15 Borener SV	Torsten Schreiber	22:47	01:06	01:07:29	00:43	01:32:06	39:43:00	02:11:49
	40 Borener SV	Daniel Thieme	24:57	01:30	01:12:49	01:05	01:40:22	41:02:00	02:21:25
	55 Borener SV	Thomas Marten	28:09	01:30	01:14:56	00:48	01:45:25	42:09:00	02:27:35
	<b>174</b> 64 Borener SV	Toni Guttmann	34:21	02:01	01:14:50	01:38	01:52:52	44:00:00	02:36:52
	71 Borener SV	Rene Zabel	34:14	02:09	01:17:44	01:59	01:56:07	48:38:00	02:44:45
<b>12.</b>	25 SC Itzehoe I.	Nils Meyer	23:04	01:20	01:10:03	00:51	01:35:19	37:52:00	02:15:12
	33 SC Itzehoe I.	Malte Zander	26:49	01:48	01:12:58	01:05	01:42:41	35:55:00	02:18:37
	36 SC Itzehoe I.	Tobias Dressel	24:53	02:00	01:14:56	01:01	01:42:51	37:07:00	02:19:58
	<b>177</b> 83 SC Itzehoe I.	Tim Lüders							
<b>13.</b>	2 Tri Endurance Germany	Peter Langfeld	25:34	01:11	01:03:25	01:00	01:31:12	35:19:00	02:06:31
	60 Tri Endurance Germany	Benjamin Foks	31:37	01:27	01:14:49	01:10	01:49:03	44:55:00	02:33:58
	68 Tri Endurance Germany	Bennet Janz	39:37	01:22	01:12:57	00:54	01:54:51	46:04:00	02:40:56
	<b>199</b> 69 Tri Endurance Germany	Sebastian Barthels	26:43	01:34	01:16:41	01:08	01:46:06	55:50:00	02:41:57
	73 Tri Endurance Germany	Helge Meyer	40:08	01:55	01:21:46	01:05	02:04:56	57:01:00	03:01:57
<b>14.</b>	47 BKK Mobil Oil Ratzeburger SV	Andreas Walther	26:42	01:31	01:09:53	01:00	01:39:07	42:04:00	02:23:11
	50 BKK Mobil Oil Ratzeburger SV	Karsten Weyland	23:34	01:54	01:14:15	00:57	01:40:41	43:34:00	02:24:15
	56 BKK Mobil Oil Ratzeburger SV	Stephan Schönrock	25:45	01:19	01:10:47	00:58	01:38:50	48:53:00	02:27:43
	<b>216</b> 63 BKK Mobil Oil Ratzeburger SV	Martin Dolecki	27:44	05:31	01:16:13	01:02	01:50:31	45:19:00	02:35:50
	BKK Mobil Oil Ratzeburger SV	Matthias Dahlmann	25:04	01:28	01:06:47	23:00	01:56:21		
<b>15.</b>	57 SC Itzehoe II.	Stefan Radau	29:05	01:28	01:13:27	01:03	01:45:05	43:55:00	02:29:00
	65 SC Itzehoe II.	Markus Pacewicz	26:34	01:48	01:24:06	01:32	01:54:01	43:20:00	02:37:21
	70 SC Itzehoe II.	Bernd Banasch-Warnke	31:52	03:03	01:21:17	01:22	01:57:36	46:46:00	02:44:23
	<b>264</b> 72 SC Itzehoe II.	Tim Pruter		02:11	01:21:46	01:27	02:02:03	49:21:00	02:53:24
<b>16.</b>	49 Eckernförde MTV II.	Merten Radeleff	27:08	01:27	01:10:32	01:06	01:40:14	43:19:00	02:23:34
	67 Eckernförde MTV II.	Egon Müller	25:31	01:59	01:19:12	01:51	01:48:34	49:50:00	02:38:24
	83 Eckernförde MTV II.	Manfred Fietzeck							
	<b>282</b> 83 Eckernförde MTV II.	Philipp Grotrian							

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### Männer Einzel

1	Tri Team Neumünster	Sven Tödloff	22:59	01:21	01:02:36	01:06	01:28:04	37:11:00	02:05:16
2	Tri Endurance Germany	Peter Langfeld	25:34	01:11	01:03:25	01:00	01:31:12	35:19:00	02:06:31
3	Triathlon Team Südtondern	Jens Homrighausen	23:45	01:26	01:04:55	00:40	01:30:47	35:56:00	02:06:44
4	SC Itzehoe U23	Frederic Süßmann	20:26	01:03	01:10:03	00:51	01:32:24	36:00:00	02:08:24
5	TriAs Flensburg	Robert Brehm	22:18	01:29	01:06:03	00:59	01:30:50	38:17:00	02:09:08
6	LAV Husum	Julian Ollech	21:50	01:38	01:08:46	01:11	01:33:26	35:55:00	02:09:21
7	SC Itzehoe U23	Pascal Jeworek	22:07	01:14	01:08:28	00:49	01:32:39	36:49:00	02:09:28
8	TriAs Flensburg	Torben Benecke	24:21	01:05	01:02:47	00:55	01:29:09	40:38:00	02:09:47
9	TriAs Flensburg	Sebastian Schluricke	25:14	01:27	01:03:24	00:49	01:30:56	39:28:00	02:10:24
10	Trias Bad Schwartau / PSV Eutin	Stephan Birnmeyer	22:42	01:21	01:07:22	01:14	01:32:40	37:47:00	02:10:27
11	Trias Bad Schwartau / PSV Eutin	Frank Groen	22:55	01:31	01:05:42	01:04	01:31:13	39:15:00	02:10:28
12	Tri-Sport Lübeck	Jan Seiichi Stelzner	25:58	01:25	01:06:55	01:00	01:35:20	35:45:00	02:11:05
13	Triathlon Team Südtondern	Dennis Nadolny	23:03	01:34	01:06:44	01:00	01:32:23	39:04:00	02:11:27
14	LAV Husum	Jan Hendrik Nothbaar	22:51	01:29	01:07:04	00:59	01:32:24	39:04:00	02:11:29
15	Borener SV	Torsten Schreiber	22:47	01:06	01:07:29	00:43	01:32:06	39:43:00	02:11:49
16	SG Wasserratten Norderstedt	Olav Niedieck	25:07	01:13	01:01:48	00:56	01:29:05	43:30:00	02:12:35
17	Triathlon Team Südtondern	Rüdiger Nahnsen	24:16	01:17	01:06:36	00:59	01:33:08	39:51:00	02:12:59
18	Trias Bad Schwartau / PSV Eutin	Dirk Timpke	22:56	01:13	01:08:41	00:46	01:33:37	40:24:00	02:14:01
19	TriVelos Flensburg	Malte Haack	22:13	01:42	01:06:56	00:55	01:31:47	42:21:00	02:14:08
20	LAV Husum	Jannek Hansen	25:45	01:11	01:07:34	00:48	01:35:19	37:04:00	02:14:23
21	LAV Husum	Andreas Drosdowski	25:05	01:30	01:07:54	00:48	01:35:18	37:24:00	02:14:42
22	LAV Husum	Dr. Jesko Oestergardt	24:58	01:37	01:07:52	00:50	01:35:18	37:33:00	02:14:52
23	Eckernförde MTV I.	Nicola Werner Rinkens	24:52	01:30	01:10:57	00:59	01:38:19	36:41:00	02:15:01
24	Eckernförde MTV I.	Rene Kirschke	20:01	01:18	01:12:47	00:49	01:34:57	40:04:00	02:15:01
25	SC Itzehoe I.	Nils Meyer	23:04	01:20	01:10:03	00:51	01:35:19	37:52:00	02:15:12
26	SC Itzehoe U23	Maximalian Rüter	24:22	01:24	01:08:44	00:48	01:35:19	40:49:00	02:16:08
27	Triathlon Team Südtondern	Björn Nahnsen	29:12	01:41	01:09:05	01:01	01:40:59	35:10:00	02:16:10
28	Tri-Sport Lübeck	Jannis Jaschik	25:03	01:18	01:07:58	00:54	01:35:15	39:11:00	02:16:26
29	Tri Team Neumünster	Heiko Meinert	25:42	01:27	01:07:16	00:50	01:35:17	39:10:00	02:16:27
30	Tri-Sport Lübeck	Matthias Weber	27:56	01:04	01:09:08	00:58	01:39:08	38:09:00	02:17:17
31	TriVelos Flensburg	Tim-Ole Petersen	25:44	01:28	01:10:03	00:53	01:38:08	39:35:00	02:17:44



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32	SG Wasserratten Norderstedt	Philipp Eggert	20:59	01:07	01:13:12	00:58	01:36:18	41:52:00	02:18:10
33	SC Itzehoe I.	Malte Zander	26:49	01:48	01:12:58	01:05	01:42:41	35:55:00	02:18:37
34	Tri Team Neumünster	Volker Ortmann	28:03	01:38	01:07:56	01:53	01:39:30	39:23:00	02:18:54
35	TriVelos Flensburg	Oliver Paulsen	21:49	01:21	01:12:04	01:03	01:36:19	42:38:00	02:18:57
36	SC Itzehoe I.	Tobias Dressel	24:53	02:00	01:14:56	01:01	01:42:51	37:07:00	02:19:58
37	TriAs Flensburg	Johannes Diller	22:41	01:33	01:10:17	00:46	01:35:19	43:27:00	02:20:47
38	Tri Team Neumünster	Ronald Reich	23:25	01:29	01:12:13	00:55	01:38:03	43:02:00	02:21:06
39	TriAs Flensburg	Matthias Bötcher	26:08	01:27	01:10:09	01:18	01:39:03	42:19:00	02:21:23
40	Borener SV	Daniel Thieme	24:57	01:30	01:12:49	01:05	01:40:22	41:02:00	02:21:25
41	SG Wasserratten Norderstedt	Marten Grube	22:02	00:58	01:16:58	00:42	01:40:42	40:52:00	02:21:34
42	Tri-Sport Lübeck	Sven Schardin	31:01	01:41	01:13:01	01:14	01:46:59	34:55:00	02:21:54
43	TriVelos Flensburg	Nils Paulsen	21:49	02:38	01:12:25	01:18	01:38:11	44:07:00	02:22:18
44	Tri Team Neumünster	Kay Hamann	29:43	01:39	01:09:26	01:06	01:41:55	40:57:00	02:22:53
45	SC Itzehoe U23	Philipp Zelmer	24:45	01:29	01:13:54	00:53	01:41:02	41:59:00	02:23:01
46	Triathlon Team Südtondern	Willi Petersen	28:01	01:27	01:12:09	00:53	01:42:31	40:36:00	02:23:08
47	BKK Mobil Oil Ratzeburger SV	Andreas Walther	26:42	01:31	01:09:53	01:00	01:39:07	42:04:00	02:23:11
48	Eckernförde MTV I.	Jan Lühns	26:55	01:39	01:10:51	00:54	01:40:20	43:12:00	02:23:33
49	Eckernförde MTV II.	Merten Radeleff	27:08	01:27	01:10:32	01:06	01:40:14	43:19:00	02:23:34
50	BKK Mobil Oil Ratzeburger SV	Karsten Weyland	23:34	01:54	01:14:15	00:57	01:40:41	43:34:00	02:24:15
51	SG Wasserratten Norderstedt	Sören Unterbrink	24:53	01:38	01:08:45	00:59	01:36:17	49:05:00	02:25:23
52	TriVelos Flensburg	Stephan Hansen	28:37	01:25	01:15:19	01:08	01:46:30	39:15:00	02:25:45
53	SG Wasserratten Norderstedt	Marc Podlech	30:59	01:27	01:09:39	00:56	01:43:02	44:24:00	02:27:27
54	Eckernförde MTV I.	Martin Müller	29:57	01:48	01:13:16	00:56	01:45:57	41:31:00	02:27:29
55	Borener SV	Thomas Marten	28:09	01:30	01:14:56	00:48	01:45:25	42:09:00	02:27:35
56	BKK Mobil Oil Ratzeburger SV	Stephan Schönrock	25:45	01:19	01:10:47	00:58	01:38:50	48:53:00	02:27:43
57	SC Itzehoe II.	Stefan Radau	29:05	01:28	01:13:27	01:03	01:45:05	43:55:00	02:29:00
58	Eckernförde MTV I.	Andreas Niebergall	24:34	01:24	01:15:48	01:40	01:43:27	46:31:00	02:29:59
59	Tri-Sport Lübeck	Eik Brauer	33:22	01:36	01:12:43	00:57	01:48:39	41:56:00	02:30:36
60	Tri Endurance Germany	Benjamin Foks	31:37	01:27	01:14:49	01:10	01:49:03	44:55:00	02:33:58
61	Trias Bad Schwartau / PSV Eutin	Thorsten Libuda	29:55	02:35	01:14:35	01:09	01:48:14	46:40:00	02:34:54
62	Trias Bad Schwartau / PSV Eutin	Markus Hardradt	34:56	02:10	01:13:54	01:25	01:52:26	42:35:00	02:35:01
63	BKK Mobil Oil Ratzeburger SV	Martin Dolecki	27:44	05:31	01:16:13	01:02	01:50:31	45:19:00	02:35:50
64	Borener SV	Toni Guttmann	34:21	02:01	01:14:50	01:38	01:52:52	44:00:00	02:36:52

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65 SC Itzehoe II.	Markus Pacewicz	26:34	01:48	01:24:06	01:32	01:54:01	43:20:00	02:37:21
66 SC Itzehoe U23	Julius Theilken	26:10	01:29	01:14:23	01:20	01:43:23	54:05:00	02:37:28
67 Eckernförde MTV II.	Egon Müller	25:31	01:59	01:19:12	01:51	01:48:34	49:50:00	02:38:24
68 Tri Endurance Germany	Bennet Janz	39:37	01:22	01:12:57	00:54	01:54:51	46:04:00	02:40:56
69 Tri Endurance Germany	Sebastian Barthels	26:43	01:34	01:16:41	01:08	01:46:06	55:50:00	02:41:57
70 SC Itzehoe II.	Bernd Banasch-Warnke	31:52	03:03	01:21:17	01:22	01:57:36	46:46:00	02:44:23
71 Borener SV	Rene Zabel	34:14	02:09	01:17:44	01:59	01:56:07	48:38:00	02:44:45
72 SC Itzehoe II.	Tim Pruter		02:11	01:21:46	01:27	02:02:03	49:21:00	02:53:24
73 Tri Endurance Germany	Helge Meyer	40:08	01:55	01:21:46	01:05	02:04:56	57:01:00	03:01:57
BKK Mobil Oil Ratzeburger SV	Matthias Dahlmann	25:04	01:28	01:06:47	23:00	01:56:21		
SC Itzehoe I.	Tim Lüders							
Eckernförde MTV II.	Manfred Fietzeck							
Eckernförde MTV II.	Philipp Grotrian							