

## 11 Tribühne - Triathlon Norderstedt Shtu - Landesliga Frauen 0,5-20-5

Pl	Snr.	Name	Mannschaft	Schwim	T1	Rad	T2	nach Rad	Lauf	Zeit	zurück
1.	1918	NICKLAS Franziska	TriSport Lübeck	9:28	2:21	36:45	0:56	49:32	20:32	1:10:04	
2.	1919	ROTHES Jana	TriSport Lübeck	10:09	2:07	36:52	1:02	50:12	21:44	1:11:56	1:52
3.	1917	GIESENBERG Kimberly	TriSport Lübeck	8:54	2:10	37:25	0:58	49:29	22:47	1:12:16	2:11
4.	1930	DOSE Sarah	USC Kiel	8:56	2:20	39:27	1:08	51:52	21:24	1:13:16	3:12
5.	1932	KNAPPE Sina	USC Kiel	11:12	2:45	36:40	1:13	51:51	21:42	1:13:34	3:29
6.	1915	LÜTZEN-JUNGE Jutta	Triathlon-Team Südtondern	11:09	2:59	35:24	1:11	50:44	23:03	1:13:48	3:43
7.	1931	HAGGE Britta	USC Kiel	10:49	3:24	37:42	1:01	52:57	20:52	1:13:49	3:45
8.	1929	BÄHR Ulrike	USC Kiel	10:04	2:59	35:11	1:20	49:35	24:16	1:13:51	3:46
9.	1926	HILDEBRANDT Jule	TSV Bargteheide Tri Frauen II	9:34	2:19	38:16	0:49	51:01	23:32	1:14:33	4:29
10.	1908	STOLTENBERG Solveig	SG SVT / QTri	9:24	2:28	40:12	1:04	53:10	22:30	1:15:40	5:36
11.	1928	SCHOTT Lena	TSV Bargteheide Tri Frauen II	8:51	2:23	36:11	1:08	48:35	27:33	1:16:08	6:03
12.	1914	LÜTZEN Ellen	Triathlon-Team Südtondern	10:52	3:20	37:48	1:26	53:27	22:45	1:16:12	6:08
13.	1916	SCHULZE Birte	Triathlon-Team Südtondern	10:25	2:53	36:34	1:08	51:00	25:26	1:16:26	6:22
14.	1907	PIOTROWSKI Ida	SG SVT / QTri	11:10	2:14	39:40	1:17	54:23	22:20	1:16:43	6:38
15.	1925	HEY Julia	TSV Bargteheide Tri Frauen II	8:35	2:28	38:37	1:08	50:49	27:01	1:17:50	7:46
16.	1912	WAINOWSKI Monika	Tri Endurance Germany e. V.	11:26	2:39	37:49	1:08	53:02	25:28	1:18:31	8:26
17.	1920	STUDTMANN Merle	TriSport Lübeck	10:54	3:01	38:02	1:24	53:22	25:48	1:19:10	9:06
18.	1913	CHRISTIANSEN Nina	Triathlon-Team Südtondern	12:34	2:50	38:28	1:22	55:16	23:57	1:19:13	9:08
19.	1909	EINFELDT Mirjam	Tri Endurance Germany e. V.	12:30	3:11	37:16	1:31	54:29	24:55	1:19:24	9:20
20.	1906	BREIDENBICHER Nina	SG SVT / QTri	11:24	2:53	42:02	0:58	57:18	22:30	1:19:48	9:43
21.	1924	WERLEIN Frauke	TriVelos Flensburg	12:38	3:34	38:33	1:52	56:38	23:17	1:19:56	9:51
22.	1921	KRAG Charlotte	TriVelos Flensburg	11:12	3:34	38:14	1:38	54:38	25:45	1:20:23	10:19
23.	1923	WEINGARDT Yonne	TriVelos Flensburg	10:43	2:55	40:03	1:12	54:55	25:32	1:20:28	10:23
24.	1910	GAEBERT Sinah	Tri Endurance Germany e. V.	11:35	2:29	39:49	1:08	55:01	26:12	1:21:14	11:09
25.	1901	BAHR Merle	SG SC Delphin Bad Schwartau / PSV Eutin	10:15	2:51	40:35	1:19	55:01	28:22	1:23:23	13:19
26.	1904	WENTZEL Birgit	SG SC Delphin Bad Schwartau / PSV Eutin	12:17	3:08	41:57	1:07	58:31	25:25	1:23:56	13:51
27.	1927	HIRSCHING Leonie	TSV Bargteheide Tri Frauen II	9:19	2:49	41:06	1:16	54:32	29:27	1:23:59	13:55
28.	1903	MANN Dr. Stefanie	SG SC Delphin Bad Schwartau / PSV Eutin	10:59	3:21	41:41	1:50	57:52	31:08	1:29:00	18:56
29.	1922	BOMBE Lena	TriVelos Flensburg	11:01	3:03	42:43	1:50	58:38	31:13	1:29:51	19:46

<b>1.</b>	1	1918 NICKLAS Franziska	TriSport Lübeck	9:28	2:21	36:45	0:56	49:32	20:32	1:10:04	6
	2	1919 ROTHES Jana	TriSport Lübeck	10:09	2:07	36:52	1:02	50:12	21:44	1:11:56	
	3	1917 GIESENBERG Kimberly	TriSport Lübeck	8:54	2:10	37:25	0:58	49:29	22:47	1:12:16	
	17	1920 STUDDTMANN Merle	TriSport Lübeck	10:54	3:01	38:02	1:24	53:22	25:48	1:19:10	
<b>2.</b>	4	1930 DOSE Sarah	USC Kiel	8:56	2:20	39:27	1:08	51:52	21:24	1:13:16	16
	5	1932 KNAPPE Sina	USC Kiel	11:12	2:45	36:40	1:13	51:51	21:42	1:13:34	
	7	1931 HAGGE Britta	USC Kiel	10:49	3:24	37:42	1:01	52:57	20:52	1:13:49	
	8	1929 BÄHR Ulrike	USC Kiel	10:04	2:59	35:11	1:20	49:35	24:16	1:13:51	
<b>3.</b>	6	1915 LÜTZEN-JUNGE Jutta	Triathlon-Team Südtondern	11:09	2:59	35:24	1:11	50:44	23:03	1:13:48	31
	12	1914 LÜTZEN Ellen	Triathlon-Team Südtondern	10:52	3:20	37:48	1:26	53:27	22:45	1:16:12	
	13	1916 SCHULZE Birte	Triathlon-Team Südtondern	10:25	2:53	36:34	1:08	51:00	25:26	1:16:26	
	18	1913 CHRISTIANSEN Nina	Triathlon-Team Südtondern	12:34	2:50	38:28	1:22	55:16	23:57	1:19:13	
<b>4.</b>	9	1926 HILDEBRANDT Jule	TSV Bargteheide Tri Frauen II	9:34	2:19	38:16	0:49	51:01	23:32	1:14:33	35
	11	1928 SCHOTT Lena	TSV Bargteheide Tri Frauen II	8:51	2:23	36:11	1:08	48:35	27:33	1:16:08	
	15	1925 HEY Julia	TSV Bargteheide Tri Frauen II	8:35	2:28	38:37	1:08	50:49	27:01	1:17:50	
	27	1927 HIRSCHING Leonie	TSV Bargteheide Tri Frauen II	9:19	2:49	41:06	1:16	54:32	29:27	1:23:59	
<b>5.</b>	10	1908 STOLTENBERG Solveig	SG SVT / QTri	9:24	2:28	40:12	1:04	53:10	22:30	1:15:40	44
	14	1907 PIOTROWSKI Ida	SG SVT / QTri	11:10	2:14	39:40	1:17	54:23	22:20	1:16:43	
	20	1906 BREIDENBICHER Nina	SG SVT / QTri	11:24	2:53	42:02	0:58	57:18	22:30	1:19:48	
<b>6.</b>	16	1912 WAINOWSKI Monika	Tri Endurance Germany e. V.	11:26	2:39	37:49	1:08	53:02	25:28	1:18:31	59
	19	1909 EINFELDT Mirjam	Tri Endurance Germany e. V.	12:30	3:11	37:16	1:31	54:29	24:55	1:19:24	
	24	1910 GAEBERT Sinah	Tri Endurance Germany e. V.	11:35	2:29	39:49	1:08	55:01	26:12	1:21:14	
<b>7.</b>	21	1924 WERLEIN Frauke	TriVelos Flensburg	12:38	3:34	38:33	1:52	56:38	23:17	1:19:56	66
	22	1921 KRAG Charlotte	TriVelos Flensburg	11:12	3:34	38:14	1:38	54:38	25:45	1:20:23	
	23	1923 WEINGARDT Yonne	TriVelos Flensburg	10:43	2:55	40:03	1:12	54:55	25:32	1:20:28	
	29	1922 BOMBE Lena	TriVelos Flensburg	11:01	3:03	42:43	1:50	58:38	31:13	1:29:51	
<b>8.</b>	25	1901 BAHN Merle	SG SC Delphin Bad Schwartau / PSV Eutin	10:15	2:51	40:35	1:19	55:01	28:22	1:23:23	79
	26	1904 WENTZEL Birgit	SG SC Delphin Bad Schwartau / PSV Eutin	12:17	3:08	41:57	1:07	58:31	25:25	1:23:56	
	28	1903 MANN Dr. Stefanie	SG SC Delphin Bad Schwartau / PSV Eutin	10:59	3:21	41:41	1:50	57:52	31:08	1:29:00	

## 11 Tribühne - Triatlon Norderstedt Shtu - Landesliga Männer 0,5-20-5

1.	1862 JOHANNSEN Finn	Triathlon-Team Südtondern I	10:31	2:09	29:16	0:56	42:53	18:22	1:01:15	
2.	1825 WICHMANN Frank	SG-Athletico Büdelsdorf	9:54	2:22	29:44	0:58	42:59	18:21	1:01:21	0:05
3.	1840 WÜSTEFELDT Tim	Tri Team Neumünster I	8:46	2:10	30:23	1:02	42:22	19:07	1:01:29	0:14
4.	1821 BUCK Pascal	SG-Athletico Büdelsdorf	8:10	1:59	32:27	0:52	43:29	18:04	1:01:34	0:18
5.	1820 WISCHMANN Lasse	SG Wasserratten Norderstedt Team 2	8:08	2:04	32:58	0:53	44:04	17:54	1:01:58	0:42
6.	1863 LORENZEN Philip	Triathlon-Team Südtondern I	9:32	2:49	29:35	1:11	43:08	18:56	1:02:05	0:49
7.	1810 TIMPKE Dirk	SG TRIAS Bad Schwartau/PSV Eutin	8:46	2:14	31:06	0:55	43:02	19:10	1:02:12	0:56
8.	1805 SALTO Marvin	SC Itzehoe	8:01	2:06	32:17	0:50	43:14	19:01	1:02:16	1:00
9.	1836 ORTMANN Volker	Tri Team Neumünster I	10:04	2:11	29:48	0:58	43:02	19:19	1:02:21	1:05
10.	1852 BÜLL Oke	Triathlon Dänischer Wohld 1	8:36	2:06	31:22	1:06	43:11	19:11	1:02:22	1:06
11.	1806 BIRNMEYER Stephan	SG TRIAS Bad Schwartau/PSV Eutin	8:47	2:27	30:51	1:01	43:07	19:17	1:02:24	1:09
12.	1786 HELBIG Thomas	Eckernförder MTV I	8:56	2:05	30:56	1:03	43:02	19:25	1:02:28	1:12
13.	1815 GÄBLER Vinzent	SG Wasserratten Norderstedt Team 1	8:39	2:05	31:21	0:59	43:04	19:25	1:02:29	1:14
14.	1881 HENNING Florian	TriVelos Flensburg	9:20	2:24	31:05	1:07	43:57	18:33	1:02:31	1:15
15.	1841 HEESCH Frederick	Tri Team Neumünster II	10:13	2:11	29:37	0:56	42:59	19:40	1:02:39	1:23
16.	1801 KÖHNE Thilo	SC Itzehoe	8:07	2:08	31:45	1:02	43:03	19:52	1:02:55	1:39
17.	1822 JOHANNSEN Leif	SG-Athletico Büdelsdorf	8:36	2:36	30:21	1:11	42:45	20:10	1:02:56	1:40
18.	1877 KÜHNE Michael	TriTeam Alte Salzstraße	9:20	2:12	31:14	1:13	44:00	18:55	1:02:56	1:40
19.	1850 JANKE Maximilian	TriAs Flensburg	7:56	2:25	31:38	0:57	42:57	20:02	1:02:59	1:43
20.	1809 SCHULZE Sven	SG TRIAS Bad Schwartau/PSV Eutin	8:30	2:30	31:01	0:56	42:57	20:06	1:03:03	1:48
21.	1830 MARTENSEN Lars	SV Tungendorf Neumünster	8:40	2:00	32:28	1:04	44:12	19:08	1:03:21	2:05
22.	1814 NIEDIECK Olav	SG Wasserratten Norderstedt Team 1	10:02	2:28	29:29	1:03	43:02	20:22	1:03:24	2:09
23.	1853 GROTH Markus	Triathlon Dänischer Wohld 1	9:00	2:19	31:10	1:00	43:30	20:00	1:03:31	2:15
24.	1787 KIRSCHKE Rene	Eckernförder MTV I	7:46	2:22	32:19	1:01	43:29	20:02	1:03:31	2:15
25.	1803 KRÜGER Marcel	SC Itzehoe	9:54	2:26	31:36	1:05	45:03	18:41	1:03:44	2:29
26.	1802 KOPACZ Tim	SC Itzehoe	8:07	2:03	32:32	0:59	43:42	20:02	1:03:44	2:29
27.	1865 PETSCHAT Udo	Triathlon-Team Südtondern I	9:53	2:39	31:25	1:15	45:14	18:46	1:04:00	2:44
28.	1807 GROEN Frank	SG TRIAS Bad Schwartau/PSV Eutin	9:19	2:35	30:20	1:15	43:31	20:37	1:04:08	2:52
29.	1854 KÖCK Jakob	Triathlon Dänischer Wohld 1	8:30	2:14	32:24	1:04	44:13	20:10	1:04:23	3:08
30.	1788 MÜLLER Jens	Eckernförder MTV I	10:26	2:25	31:52	1:06	45:50	18:36	1:04:26	3:11
31.	1813 NEUEFEIND Tarek	SG Wasserratten Norderstedt Team 1	8:34	2:14	33:26	0:55	45:10	19:22	1:04:33	3:17
32.	1804 RADAU Jakob	SC Itzehoe	7:55	2:15	31:53	0:57	43:01	21:42	1:04:44	3:28
33.	1824 KÖNIG Lars	SG-Athletico Büdelsdorf	9:26	2:40	32:42	1:05	45:54	18:57	1:04:51	3:35
34.	1861 NAHNSEN Björn	Triathlon-Team Südtondern I	10:55	2:38	32:12	1:10	46:56	17:56	1:04:53	3:37
35.	1839 SCHÖNROCK Stephan	Tri Team Neumünster I	8:56	2:37	30:43	1:16	43:34	21:20	1:04:54	3:38
36.	1790 SCHREIBER Thorsten	Eckernförder MTV I	9:16	2:11	32:46	0:59	45:13	19:42	1:04:55	3:39
37.	1783 KOCH Ingo	Borener SV	8:55	2:59	32:24	1:00	45:20	19:50	1:05:10	3:54
38.	1834 FOKS Benjamin	Tri Endurance Germany e. V.	9:22	2:29	30:54	1:07	43:53	21:21	1:05:14	3:59

39.	1864	NAHNSEN Rüdiger	Triathlon-Team Südtondern I	9:42	2:44	31:28	1:03	44:58	20:28	1:05:26	4:11
40.	1831	WIEDENHOFER Marco	Tri Endurance Germany e. V.	9:25	2:22	32:26	1:05	45:19	20:34	1:05:53	4:37
41.	1887	KROHN Jens	TSV Bargteheide Tri Männer II	8:49	2:17	32:40	1:09	44:55	21:29	1:06:25	5:09
42.	1829	JACOBI Kilian	SV Tungendorf Neumünster	11:09	2:49	31:57	1:06	47:02	19:27	1:06:29	5:14
43.	1823	HERZIG Jonathan	SG-Athletico Büdelsdorf	8:15	2:23	32:25	1:37	44:41	21:56	1:06:38	5:22
44.	1851	BEHL Timo	Triathlon Dänischer Wohld 1	9:15	2:42	33:47	0:58	46:44	20:09	1:06:53	5:37
45.	1796	BRÜNNING Dr. Toralf	SC Delphin Bad Schwartau	9:41	2:29	33:14	1:03	46:28	20:27	1:06:56	5:40
46.	1888	WEIDMANN Jannik	TSV Bargteheide Tri Männer II	9:34	2:05	36:17	0:56	48:54	18:29	1:07:24	6:08
47.	1828	HÜBNER Tobias	SV Tungendorf Neumünster	10:14	2:27	33:08	1:08	46:58	20:31	1:07:30	6:14
48.	1867	JESSEN-THIESEN Holger	Triathlon-Team Südtondern II	10:01	2:53	31:55	1:16	46:06	21:28	1:07:34	6:18
49.	1876	DOLECKI Martin	TriTeam Alte Salzstraße	9:17	2:31	33:56	1:11	46:55	20:54	1:07:50	6:34
50.	1795	RAMIN Dominik	Eckernförder MTV II	10:01	2:38	34:01	1:07	47:48	20:04	1:07:53	6:37
51.	1898	HANKE Torsten	USC Kiel II	10:33	2:19	31:53	1:09	45:55	21:57	1:07:53	6:37
52.	1782	GAASCH Bernd	Borener SV	11:08	2:38	33:15	1:11	48:13	19:41	1:07:54	6:38
53.	1791	GOTRIAN Philipp	Eckernförder MTV II	11:14	2:29	35:40	1:05	50:29	17:26	1:07:56	6:40
54.	1838	MEINERT Heiko	Tri Team Neumünster I	9:55	2:32	33:28	1:00	46:56	21:04	1:08:01	6:45
55.	1873	SCHEEL Jürgen	TriSport Lübeck	9:59	2:38	32:12	1:05	45:56	22:05	1:08:01	6:45
56.	1866	GRAAGE Jörg	Triathlon-Team Südtondern II	10:17	2:41	33:52	1:13	48:04	20:03	1:08:08	6:52
57.	1880	SCHRÖDER Michael	TriTeam Alte Salzstraße	10:29	2:51	31:23	1:09	45:53	22:18	1:08:11	6:55
58.	1827	HAB Ulrich	SV Tungendorf Neumünster	10:46	2:44	33:02	1:15	47:49	20:40	1:08:29	7:14
59.	1784	PROBST Matthias	Borener SV	10:05	2:44	32:59	1:24	47:13	21:17	1:08:31	7:15
60.	1781	BROMBERG Norman	Borener SV	11:01	2:24	33:43	1:05	48:14	20:19	1:08:34	7:18
61.	1900	KÖHN Stefan	USC Kiel II	9:08	2:37	33:56	1:15	46:57	21:46	1:08:44	7:28
62.	1875	STEIN Sebastian	TriSport Lübeck	11:06	2:27	33:13	0:59	47:47	21:01	1:08:48	7:32
63.	1811	KLINGENBERG Jannes	SG Wasserratten Norderstedt Team 1	7:58	2:15	32:57	1:00	44:11	23:39	1:08:51*	7:35
64.	1884	SURKUS Torge	TriVelos Flensburg	9:46	2:44	36:25	1:09	50:05	18:48	1:08:53	7:37
65.	1895	STOLTENBERG Andreas	TSV Quellenhaupt Bornhöved	12:00	2:09	34:09	1:08	49:27	19:34	1:09:01	7:46
66.	1844	RUCK Sven	Tri Team Neumünster II	10:27	3:03	33:39	1:12	48:22	20:43	1:09:05	7:50
67.	1859	MÖLLER Kai	Triathlon Dänischer Wohld 2	11:10	2:43	33:48	1:15	48:56	20:25	1:09:22	8:06
68.	1846	BÜCHEL Dirk	TriAs Flensburg	9:20	2:46	31:59	1:41	45:47	23:45	1:09:32	8:16
69.	1871	LUIMES Norman	TriSport Lübeck	10:27	3:11	33:55	1:16	48:51	20:42	1:09:33	8:17
70.	1792	LÜHRS Jan	Eckernförder MTV II	9:47	2:49	33:18	1:00	46:56	22:46	1:09:42	8:26
71.	1808	LUCHT Jan-Patrick	SG TRIAS Bad Schwartau/PSV Eutin	8:34	2:40	33:49	1:33	46:37	23:13	1:09:50	8:34
72.	1893	KALLIES Rainer	TSV Quellenhaupt Bornhöved	12:06	2:22	33:49	1:06	49:25	20:38	1:10:03	8:47
73.	1891	BOHLE Nils Benjamin	TSV Quellenhaupt Bornhöved	11:41	2:24	34:22	0:58	49:26	21:05	1:10:31	9:15
74.	1799	SCHNELL Niklas	SC Delphin Bad Schwartau	9:13	2:39	35:25	1:35	48:53	21:49	1:10:42	9:27
75.	1848	GOTTSCHALK Björn	TriAs Flensburg	9:35	2:56	34:26	1:09	48:06	22:41	1:10:48	9:32
76.	1818	JORDT Thorstem	SG Wasserratten Norderstedt Team 2	10:22	3:09	34:16	1:07	48:55	22:03	1:10:58	9:42
77.	1870	ZIRIAKUS Marc	Triathlon-Team Südtondern II	11:09	2:54	34:07	1:08	49:20	21:53	1:11:13	9:58
78.	1798	THIMM Volker	SC Delphin Bad Schwartau	11:51	3:07	35:35	1:23	51:57	19:20	1:11:17	10:02
79.	1879	POCH Norbert	TriTeam Alte Salzstraße	9:28	2:46	35:33	1:27	49:15	22:16	1:11:32	10:16
80.	1789	RADELEFF Marc	Eckernförder MTV I	9:57	2:31	36:51	1:08	50:27	21:06	1:11:34	10:18

81.	1889	LEIENDECKER Thomas	TSV Bargteheide Tri Männer II	10:32	2:48	33:30	1:25	48:16	23:19	1:11:36	10:20
82.	1869	REIMANN Torsten	Triathlon-Team Südtondern II	10:45	2:36	34:20	1:18	49:01	22:55	1:11:56	10:41
83.	1896	BLODAU Marcel	USC Kiel II	8:13	2:15	35:11	1:17	46:57	25:02	1:12:00	10:44
84.	1868	SIEVERS Jan	Triathlon-Team Südtondern II	10:33	2:45	34:53	1:13	49:26	22:37	1:12:03	10:48
85.	1899	KIELMANN Knud	USC Kiel II	10:57	2:43	33:58	1:10	48:49	23:17	1:12:06	10:50
86.	1858	MICHALSCHECK Dieter	Triathlon Dänischer Wohld 2	10:51	3:00	33:50	1:21	49:02	23:04	1:12:06	10:51
87.	1842	MEYER Andreas	Tri Team Neumünster II	10:00	3:11	34:12	1:18	48:43	23:23	1:12:07	10:51
88.	1797	GOUIN Nils	SC Delphin Bad Schwartau	10:13	3:05	36:45	1:28	51:33	20:51	1:12:24	11:08
89.	1819	THELE Tobias	SG Wasserratten Norderstedt Team 2	11:56	2:45	35:41	1:02	51:26	21:12	1:12:38	11:22
90.	1793	NIEBERGALL Andreas	Eckernförder MTV II	10:00	2:35	35:21	1:21	49:18	23:44	1:13:02	11:46
91.	1817	BAUM Laurin	SG Wasserratten Norderstedt Team 2	12:04	2:25	37:44	1:02	53:16	19:53	1:13:09	11:54
92.	1826	GELDT Victor	SV Tungendorf Neumünster	10:54	2:52	36:57	1:21	52:04	21:26	1:13:31	12:15
93.	1835	WELLM Bjarne	Tri Endurance Germany e. V.	9:44	2:09	35:55	1:05	48:53	24:45	1:13:39	12:23
94.	1874	SCHWALBE Timo	TriSport Lübeck	11:10	3:06	35:15	1:31	51:03	22:40	1:13:43	12:27
95.	1883	ROSENAU Frank	TriVelos Flensburg	11:49	3:19	35:09	1:18	51:36	22:11	1:13:47	12:31
96.	1872	BRAUER Eik	TriSport Lübeck	11:45	3:33	36:01	1:25	52:45	21:08	1:13:54	12:38
97.	1882	HOLST Arno	TriVelos Flensburg	12:09	2:46	34:28	1:12	50:36	23:54	1:14:31	13:15
98.	1833	DIESING Christian	Tri Endurance Germany e. V.	10:24	2:42	39:20	1:16	53:44	20:54	1:14:39	13:23
99.	1892	GLAGE Kai	TSV Quellenhaupt Bornhöved	11:16	2:41	37:12	1:28	52:38	23:32	1:16:11	14:55
100.	1832	CLEMENS Steffen	Tri Endurance Germany e. V.	12:38	2:27	39:03	1:08	55:17	21:02	1:16:20	15:04
101.	1794	MÜLLER Egon	Eckernförder MTV II	10:02	3:22	37:45	1:30	52:41	24:01	1:16:42	15:26
102.	1843	REDEPENNING Stefan	Tri Team Neumünster II	11:00	2:51	37:03	1:24	52:19	24:44	1:17:04	15:48
103.	1886	EWERT Lars	TSV Bargteheide Tri Männer II	9:35	2:52	40:18	1:02	53:47	23:45	1:17:32	16:16
104.	1816	AFELTOWICZ Cezary	SG Wasserratten Norderstedt Team 2	11:50	3:35	38:33	1:17	55:17	22:43	1:18:01	16:45
105.	1857	KOCH Alexander	Triathlon Dänischer Wohld 2	13:49	3:39	37:27	1:39	56:36	21:27	1:18:03	16:48
106.	1897	BLODAU Marco	USC Kiel II	11:51	3:04	35:25	1:27	51:49	26:14	1:18:03	16:48
107.	1885	WEINGARDT Sven	TriVelos Flensburg	12:20	2:34	38:40	1:09	54:43	24:05	1:18:49	17:33
108.	1890	TACK Grischa	TSV Bargteheide Tri Männer II	10:25	2:21	39:40	0:57	53:24	25:25	1:18:49	17:33
109.	1856	FRANTZEN Kai	Triathlon Dänischer Wohld 2	12:17	2:57	38:55	1:11	55:22	24:35	1:19:58	18:42
110.	1847	FRANZEN André	TriAs Flensburg	11:02	3:57	37:53	1:43	54:36	25:30	1:20:07	18:51
111.	1845	WEINKE Simon	Tri Team Neumünster II	8:49	3:31	37:50	2:17	52:29	27:45	1:20:14	18:58
112.	1785	ZABEL Rene	Borener SV	12:23	3:29	39:02	1:49	56:44	23:34	1:20:19	19:03
113.	1812	NEUEFEIND Dieter	SG Wasserratten Norderstedt Team 1	10:09	3:27	40:28	1:16	55:22	27:40	1:23:02	21:46

<b>1.</b>	2	1825	WICHMANN Frank	SG-Athletico Büdelsdorf	9:54	2:22	29:44	0:58	42:59	18:21	1:01:21	56
	4	1821	BUCK Pascal	SG-Athletico Büdelsdorf	8:10	1:59	32:27	0:52	43:29	18:04	1:01:34	
	17	1822	JOHANNSEN Leif	SG-Athletico Büdelsdorf	8:36	2:36	30:21	1:11	42:45	20:10	1:02:56	
	33	1824	KÖNIG Lars	SG-Athletico Büdelsdorf	9:26	2:40	32:42	1:05	45:54	18:57	1:04:51	
	43	1823	HERZIG Jonathan	SG-Athletico Büdelsdorf	8:15	2:23	32:25	1:37	44:41	21:56	1:06:38	
<b>2.</b>	7	1810	TIMPKE Dirk	SG TRIAS Bad Schwartau/PSV Eutin	8:46	2:14	31:06	0:55	43:02	19:10	1:02:12	66
	11	1806	BIRNMEYER Stephan	SG TRIAS Bad Schwartau/PSV Eutin	8:47	2:27	30:51	1:01	43:07	19:17	1:02:24	
	20	1809	SCHULZE Sven	SG TRIAS Bad Schwartau/PSV Eutin	8:30	2:30	31:01	0:56	42:57	20:06	1:03:03	
	28	1807	GROEN Frank	SG TRIAS Bad Schwartau/PSV Eutin	9:19	2:35	30:20	1:15	43:31	20:37	1:04:08	
	71	1808	LUCHT Jan-Patrick	SG TRIAS Bad Schwartau/PSV Eutin	8:34	2:40	33:49	1:33	46:37	23:13	1:09:50	
<b>3.</b>	1	1862	JOHANNSEN Finn	Triathlon-Team Südtondern I	10:31	2:09	29:16	0:56	42:53	18:22	1:01:15	68
	6	1863	LORENZEN Philip	Triathlon-Team Südtondern I	9:32	2:49	29:35	1:11	43:08	18:56	1:02:05	
	27	1865	PETSCHAT Udo	Triathlon-Team Südtondern I	9:53	2:39	31:25	1:15	45:14	18:46	1:04:00	
	34	1861	NAHNSEN Björn	Triathlon-Team Südtondern I	10:55	2:38	32:12	1:10	46:56	17:56	1:04:53	
	39	1864	NAHNSEN Rüdiger	Triathlon-Team Südtondern I	9:42	2:44	31:28	1:03	44:58	20:28	1:05:26	
<b>4.</b>	8	1805	SALTO Marvin	SC Itzehoe	8:01	2:06	32:17	0:50	43:14	19:01	1:02:16	75
	16	1801	KÖHNE Thilo	SC Itzehoe	8:07	2:08	31:45	1:02	43:03	19:52	1:02:55	
	25	1803	KRÜGER Marcel	SC Itzehoe	9:54	2:26	31:36	1:05	45:03	18:41	1:03:44	
	26	1802	KOPACZ Tim	SC Itzehoe	8:07	2:03	32:32	0:59	43:42	20:02	1:03:44	
	32	1804	RADAU Jakob	SC Itzehoe	7:55	2:15	31:53	0:57	43:01	21:42	1:04:44	
<b>5.</b>	3	1840	WÜSTEFELDT Tim	Tri Team Neumünster I	8:46	2:10	30:23	1:02	42:22	19:07	1:01:29	101
	9	1836	ORTMANN Volker	Tri Team Neumünster I	10:04	2:11	29:48	0:58	43:02	19:19	1:02:21	
	35	1839	SCHÖNROCK Stephan	Tri Team Neumünster I	8:56	2:37	30:43	1:16	43:34	21:20	1:04:54	
	54	1838	MEINERT Heiko	Tri Team Neumünster I	9:55	2:32	33:28	1:00	46:56	21:04	1:08:01	
<b>6.</b>	12	1786	HELBIG Thomas	Eckernförder MTV I	8:56	2:05	30:56	1:03	43:02	19:25	1:02:28	102
	24	1787	KIRSCHKE Rene	Eckernförder MTV I	7:46	2:22	32:19	1:01	43:29	20:02	1:03:31	
	30	1788	MÜLLER Jens	Eckernförder MTV I	10:26	2:25	31:52	1:06	45:50	18:36	1:04:26	
	36	1790	SCHREIBER Thorsten	Eckernförder MTV I	9:16	2:11	32:46	0:59	45:13	19:42	1:04:55	
	80	1789	RADELEFF Marc	Eckernförder MTV I	9:57	2:31	36:51	1:08	50:27	21:06	1:11:34	
<b>7.</b>	10	1852	BÜLL Oke	Triathlon Dänischer Wohld 1	8:36	2:06	31:22	1:06	43:11	19:11	1:02:22	106
	23	1853	GROTH Markus	Triathlon Dänischer Wohld 1	9:00	2:19	31:10	1:00	43:30	20:00	1:03:31	
	29	1854	KÖCK Jakob	Triathlon Dänischer Wohld 1	8:30	2:14	32:24	1:04	44:13	20:10	1:04:23	
	44	1851	BEHL Timo	Triathlon Dänischer Wohld 1	9:15	2:42	33:47	0:58	46:44	20:09	1:06:53	

<b>8.</b>	13	1815	GÄBLER Vinzent	SG Wasserratten Norderstedt Team 1	8:39	2:05	31:21	0:59	43:04	19:25	1:02:29	129
	22	1814	NIEDIECK Olav	SG Wasserratten Norderstedt Team 1	10:02	2:28	29:29	1:03	43:02	20:22	1:03:24	
	31	1813	NEUEFEIND Tarek	SG Wasserratten Norderstedt Team 1	8:34	2:14	33:26	0:55	45:10	19:22	1:04:33	
	63	1811	KLINGENBERG Jannes	SG Wasserratten Norderstedt Team 1	7:58	2:15	32:57	1:00	44:11	23:39	1:08:51*	
	113	1812	NEUEFEIND Dieter	SG Wasserratten Norderstedt Team 1	10:09	3:27	40:28	1:16	55:22	27:40	1:23:02	
<b>9.</b>	21	1830	MARTENSEN Lars	SV Tungendorf Neumünster	8:40	2:00	32:28	1:04	44:12	19:08	1:03:21	168
	42	1829	JACOBI Kilian	SV Tungendorf Neumünster	11:09	2:49	31:57	1:06	47:02	19:27	1:06:29	
	47	1828	HÜBNER Tobias	SV Tungendorf Neumünster	10:14	2:27	33:08	1:08	46:58	20:31	1:07:30	
	58	1827	HAB Ulrich	SV Tungendorf Neumünster	10:46	2:44	33:02	1:15	47:49	20:40	1:08:29	
	92	1826	GELDT Victor	SV Tungendorf Neumünster	10:54	2:52	36:57	1:21	52:04	21:26	1:13:31	
<b>10.</b>	18	1877	KÜHNE Michael	TriTeam Alte Salzstraße	9:20	2:12	31:14	1:13	44:00	18:55	1:02:56	203
	49	1876	DOLECKI Martin	TriTeam Alte Salzstraße	9:17	2:31	33:56	1:11	46:55	20:54	1:07:50	
	57	1880	SCHRÖDER Michael	TriTeam Alte Salzstraße	10:29	2:51	31:23	1:09	45:53	22:18	1:08:11	
	79	1879	POCH Norbert	TriTeam Alte Salzstraße	9:28	2:46	35:33	1:27	49:15	22:16	1:11:32	
<b>11.</b>	37	1783	KOCH Ingo	Borener SV	8:55	2:59	32:24	1:00	45:20	19:50	1:05:10	208
	52	1782	GAASCH Bernd	Borener SV	11:08	2:38	33:15	1:11	48:13	19:41	1:07:54	
	59	1784	PROBST Matthias	Borener SV	10:05	2:44	32:59	1:24	47:13	21:17	1:08:31	
	60	1781	BROMBERG Norman	Borener SV	11:01	2:24	33:43	1:05	48:14	20:19	1:08:34	
	112	1785	ZABEL Rene	Borener SV	12:23	3:29	39:02	1:49	56:44	23:34	1:20:19	
<b>12.</b>	5	1820	WISCHMANN Lasse	SG Wasserratten Norderstedt Team 2	8:08	2:04	32:58	0:53	44:04	17:54	1:01:58	261
	76	1818	JORDT Thorstem	SG Wasserratten Norderstedt Team 2	10:22	3:09	34:16	1:07	48:55	22:03	1:10:58	
	89	1819	THELE Tobias	SG Wasserratten Norderstedt Team 2	11:56	2:45	35:41	1:02	51:26	21:12	1:12:38	
	91	1817	BAUM Laurin	SG Wasserratten Norderstedt Team 2	12:04	2:25	37:44	1:02	53:16	19:53	1:13:09	
	104	1816	AFELTOWICZ Cezary	SG Wasserratten Norderstedt Team 2	11:50	3:35	38:33	1:17	55:17	22:43	1:18:01	
<b>13.</b>	50	1795	RAMIN Dominik	Eckernförder MTV II	10:01	2:38	34:01	1:07	47:48	20:04	1:07:53	263
	53	1791	GOTRIAN Philipp	Eckernförder MTV II	11:14	2:29	35:40	1:05	50:29	17:26	1:07:56	
	70	1792	LÜHRS Jan	Eckernförder MTV II	9:47	2:49	33:18	1:00	46:56	22:46	1:09:42	
	90	1793	NIEBERGALL Andreas	Eckernförder MTV II	10:00	2:35	35:21	1:21	49:18	23:44	1:13:02	
	101	1794	MÜLLER Egon	Eckernförder MTV II	10:02	3:22	37:45	1:30	52:41	24:01	1:16:42	
<b>13.</b>	48	1867	JESSEN-THIESEN Holger	Triathlon-Team Südtondern II	10:01	2:53	31:55	1:16	46:06	21:28	1:07:34	263
	56	1866	GRAAGE Jörg	Triathlon-Team Südtondern II	10:17	2:41	33:52	1:13	48:04	20:03	1:08:08	
	77	1870	ZIRIAKUS Marc	Triathlon-Team Südtondern II	11:09	2:54	34:07	1:08	49:20	21:53	1:11:13	
	82	1869	REIMANN Torsten	Triathlon-Team Südtondern II	10:45	2:36	34:20	1:18	49:01	22:55	1:11:56	
	84	1868	SIEVERS Jan	Triathlon-Team Südtondern II	10:33	2:45	34:53	1:13	49:26	22:37	1:12:03	

<b>15.</b>	38	1834	FOKS Benjamin	Tri Endurance Germany e. V.	9:22	2:29	30:54	1:07	43:53	21:21	1:05:14	269
	40	1831	WIEDENHOFER Marco	Tri Endurance Germany e. V.	9:25	2:22	32:26	1:05	45:19	20:34	1:05:53	
	93	1835	WELLM Bjarne	Tri Endurance Germany e. V.	9:44	2:09	35:55	1:05	48:53	24:45	1:13:39	
	98	1833	DIESING Christian	Tri Endurance Germany e. V.	10:24	2:42	39:20	1:16	53:44	20:54	1:14:39	
	100	1832	CLEMENS Steffen	Tri Endurance Germany e. V.	12:38	2:27	39:03	1:08	55:17	21:02	1:16:20	
<b>16.</b>	14	1881	HENNING Florian	TriVelos Flensburg	9:20	2:24	31:05	1:07	43:57	18:33	1:02:31	270
	64	1884	SURKUS Torge	TriVelos Flensburg	9:46	2:44	36:25	1:09	50:05	18:48	1:08:53	
	95	1883	ROSENAU Frank	TriVelos Flensburg	11:49	3:19	35:09	1:18	51:36	22:11	1:13:47	
	97	1882	HOLST Arno	TriVelos Flensburg	12:09	2:46	34:28	1:12	50:36	23:54	1:14:31	
	107	1885	WEINGARDT Sven	TriVelos Flensburg	12:20	2:34	38:40	1:09	54:43	24:05	1:18:49	
<b>16.</b>	15	1841	HEESCH Frederick	Tri Team Neumünster II	10:13	2:11	29:37	0:56	42:59	19:40	1:02:39	270
	66	1844	RUCK Sven	Tri Team Neumünster II	10:27	3:03	33:39	1:12	48:22	20:43	1:09:05	
	87	1842	MEYER Andreas	Tri Team Neumünster II	10:00	3:11	34:12	1:18	48:43	23:23	1:12:07	
	102	1843	REDEPENNING Stefan	Tri Team Neumünster II	11:00	2:51	37:03	1:24	52:19	24:44	1:17:04	
	111	1845	WEINKE Simon	Tri Team Neumünster II	8:49	3:31	37:50	2:17	52:29	27:45	1:20:14	
<b>18.</b>	41	1887	KROHN Jens	TSV Bargteheide Tri Männer II	8:49	2:17	32:40	1:09	44:55	21:29	1:06:25	271
	46	1888	WEIDMANN Jannik	TSV Bargteheide Tri Männer II	9:34	2:05	36:17	0:56	48:54	18:29	1:07:24	
	81	1889	LEIENDECKER Thomas	TSV Bargteheide Tri Männer II	10:32	2:48	33:30	1:25	48:16	23:19	1:11:36	
	103	1886	EWERT Lars	TSV Bargteheide Tri Männer II	9:35	2:52	40:18	1:02	53:47	23:45	1:17:32	
	108	1890	TACK Grischa	TSV Bargteheide Tri Männer II	10:25	2:21	39:40	0:57	53:24	25:25	1:18:49	
<b>19.</b>	19	1850	JANKE Maximilian	TriAs Flensburg	7:56	2:25	31:38	0:57	42:57	20:02	1:02:59	272
	68	1846	BÜCHEL Dirk	TriAs Flensburg	9:20	2:46	31:59	1:41	45:47	23:45	1:09:32	
	75	1848	GOTTSCHALK Björn	TriAs Flensburg	9:35	2:56	34:26	1:09	48:06	22:41	1:10:48	
	110	1847	FRANZEN André	TriAs Flensburg	11:02	3:57	37:53	1:43	54:36	25:30	1:20:07	
<b>20.</b>	55	1873	SCHEEL Jürgen	TriSport Lübeck	9:59	2:38	32:12	1:05	45:56	22:05	1:08:01	280
	62	1875	STEIN Sebastian	TriSport Lübeck	11:06	2:27	33:13	0:59	47:47	21:01	1:08:48	
	69	1871	LUIMES Norman	TriSport Lübeck	10:27	3:11	33:55	1:16	48:51	20:42	1:09:33	
	94	1874	SCHWALBE Timo	TriSport Lübeck	11:10	3:06	35:15	1:31	51:03	22:40	1:13:43	
	96	1872	BRAUER Eik	TriSport Lübeck	11:45	3:33	36:01	1:25	52:45	21:08	1:13:54	
<b>20.</b>	51	1898	HANKE Torsten	USC Kiel II	10:33	2:19	31:53	1:09	45:55	21:57	1:07:53	280
	61	1900	KÖHN Stefan	USC Kiel II	9:08	2:37	33:56	1:15	46:57	21:46	1:08:44	
	83	1896	BLODAU Marcel	USC Kiel II	8:13	2:15	35:11	1:17	46:57	25:02	1:12:00	
	85	1899	KIELMANN Knud	USC Kiel II	10:57	2:43	33:58	1:10	48:49	23:17	1:12:06	
	106	1897	BLODAU Marco	USC Kiel II	11:51	3:04	35:25	1:27	51:49	26:14	1:18:03	

<b>22.</b>	45	1796	BRÜNNING Dr. Toralf	SC Delphin Bad Schwartau	9:41	2:29	33:14	1:03	46:28	20:27	1:06:56	285
	74	1799	SCHNELL Niklas	SC Delphin Bad Schwartau	9:13	2:39	35:25	1:35	48:53	21:49	1:10:42	
	78	1798	THIMM Volker	SC Delphin Bad Schwartau	11:51	3:07	35:35	1:23	51:57	19:20	1:11:17	
	88	1797	GOUIN Nils	SC Delphin Bad Schwartau	10:13	3:05	36:45	1:28	51:33	20:51	1:12:24	
<b>23.</b>	65	1895	STOLTENBERG Andreas	TSV Quellenhaupt Bornhöved	12:00	2:09	34:09	1:08	49:27	19:34	1:09:01	309
	72	1893	KALLIES Rainer	TSV Quellenhaupt Bornhöved	12:06	2:22	33:49	1:06	49:25	20:38	1:10:03	
	73	1891	BOHLE Nils Benjamin	TSV Quellenhaupt Bornhöved	11:41	2:24	34:22	0:58	49:26	21:05	1:10:31	
	99	1892	GLAGE Kai	TSV Quellenhaupt Bornhöved	11:16	2:41	37:12	1:28	52:38	23:32	1:16:11	
<b>24.</b>	67	1859	MÖLLER Kai	Triathlon Dänischer Wohld 2	11:10	2:43	33:48	1:15	48:56	20:25	1:09:22	367
	86	1858	MICHALSCHECK Dieter	Triathlon Dänischer Wohld 2	10:51	3:00	33:50	1:21	49:02	23:04	1:12:06	
	105	1857	KOCH Alexander	Triathlon Dänischer Wohld 2	13:49	3:39	37:27	1:39	56:36	21:27	1:18:03	
	109	1856	FRANTZEN Kai	Triathlon Dänischer Wohld 2	12:17	2:57	38:55	1:11	55:22	24:35	1:19:58	