

Landeligawettkampf 12.06.2016

Hachede Triathlon Geesthacht

Frauen Einzelwertung

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Schw.	Rad	Sch+Rad	Lauf	Ziel	Pos
1	321	01:07:23	Petersen	Eike	1983	Triathlon-Team Südtondern	00:12:58	00:35:00	00:47:59	00:19:23	01:07:23	1
2	326	01:08:13	Stölting	Alicia	1997	SC Itzehoe Frauen	00:12:43	00:35:12	00:47:56	00:20:17	01:08:13	2
3	311	01:14:01	Schott	Lena	1994	TSV Bargteheide Tri Frauen II	00:12:40	00:35:53	00:48:33	00:25:28	01:14:01	3
4	310	01:14:12	Schnoor	Lisa	1994	USC Kiel	00:14:43	00:38:51	00:53:34	00:20:37	01:14:12	4
5	316	01:14:33	Kahre	Sarah	1999	SC Itzehoe Frauen	00:12:41	00:41:16	00:53:57	00:20:35	01:14:33	5
6	319	01:14:40	Mick	Hjördis	2000	TSV Bargteheide Tri Frauen II	00:12:01	00:40:23	00:52:24	00:22:15	01:14:40	6
7	320	01:15:03	Niklas	Franziska	1985	TriSport Lübeck	00:14:03	00:40:03	00:54:06	00:20:56	01:15:03	7
8	306	01:15:21	Carstensen	Nia	1998	Triathlon-Team Südtondern	00:12:48	00:40:40	00:53:28	00:21:52	01:15:21	8
9	313	01:17:14	Hey	Julia	1999	TSV Bargteheide Tri Frauen II	00:11:59	00:40:25	00:52:25	00:24:49	01:17:14	9
10	318	01:17:50	Lützen	Ellen	1968	Triathlon-Team Südtondern	00:15:49	00:40:30	00:56:19	00:21:30	01:17:50	10
11	325	01:18:00	Splettstößer	Kirsten	1966	PSV Eutin	00:13:16	00:41:19	00:54:35	00:23:24	01:18:00	11
12	314	01:18:29	Hollstein	Christina	1987	TriSport Lübeck	00:16:31	00:38:36	00:55:08	00:23:21	01:18:29	12
13	308	01:19:31	Greiner	Julia	1994	TriSport Lübeck	00:16:28	00:41:05	00:57:33	00:21:57	01:19:31	13
14	309	01:19:40	Groth	Kimberly	1979	SC Itzehoe Frauen	00:13:11	00:40:57	00:54:08	00:25:31	01:19:40	14
15	305	01:19:43	Lange	Nicola	1963	USC Kiel	00:13:00	00:40:31	00:53:31	00:26:11	01:19:43	15
16	312	01:20:10	Hagge	Britta	1973	USC Kiel	00:15:35	00:44:53	01:00:29	00:19:41	01:20:10	16
17	307	01:20:55	Deckert	Carmen	1971	PSV Eutin	00:16:12	00:42:30	00:58:43	00:22:11	01:20:55	17
18	328	01:21:48	Ingwersen	Karina	1986	Triathlon-Team Südtondern	00:16:39	00:40:56	00:57:36	00:24:12	01:21:48	18
19	324	01:22:04	Sievers	Susanne	1967	SC Itzehoe Frauen	00:16:21	00:40:18	00:56:40	00:25:24	01:22:04	19
20	315	01:23:37	Behm	Nicole	1976	PSV Eutin	00:17:54	00:41:10	00:59:04	00:24:32	01:23:37	20
21	323	01:32:49	Rahn	Angela	1968	PSV Eutin	00:17:59	00:43:04	01:01:03	00:31:45	01:32:49	21

Mannschaftswertung

1.	3	311	01:14:01	Schott	Lena	1994	TSV Bargteheide Tri Frauen II	00:12:40	00:35:53	00:48:33	00:25:28	01:14:01	3
	6	319	01:14:40	Mick	Hjördis	2000	TSV Bargteheide Tri Frauen II	00:12:01	00:40:23	00:52:24	00:22:15	01:14:40	6
	9	313	01:17:14	Hey	Julia	1999	TSV Bargteheide Tri Frauen II	00:11:59	00:40:25	00:52:25	00:24:49	01:17:14	9 18
2.	1	321	01:07:23	Petersen	Eike	1983	Triathlon-Team Südtondern	00:12:58	00:35:00	00:47:59	00:19:23	01:07:23	1
	8	306	01:15:21	Carstensen	Nia	1998	Triathlon-Team Südtondern	00:12:48	00:40:40	00:53:28	00:21:52	01:15:21	8
	10	318	01:17:50	Lützen	Ellen	1968	Triathlon-Team Südtondern	00:15:49	00:40:30	00:56:19	00:21:30	01:17:50	10 19
	18	328	01:21:48	Ingwersen	Karina	1986	Triathlon-Team Südtondern	00:16:39	00:40:56	00:57:36	00:24:12	01:21:48	18
3.	2	326	01:08:13	Stölting	Alicia	1997	SC Itzehoe Frauen	00:12:43	00:35:12	00:47:56	00:20:17	01:08:13	2
	5	316	01:14:33	Kahre	Sarah	1999	SC Itzehoe Frauen	00:12:41	00:41:16	00:53:57	00:20:35	01:14:33	5
	14	309	01:19:40	Groth	Kimberly	1979	SC Itzehoe Frauen	00:13:11	00:40:57	00:54:08	00:25:31	01:19:40	14 21
	19	324	01:22:04	Sievers	Susanne	1967	SC Itzehoe Frauen	00:16:21	00:40:18	00:56:40	00:25:24	01:22:04	19
4.	7	320	01:15:03	Niklas	Franziska	1985	TriSport Lübeck	00:14:03	00:40:03	00:54:06	00:20:56	01:15:03	7
	12	314	01:18:29	Hollstein	Christina	1987	TriSport Lübeck	00:16:31	00:38:36	00:55:08	00:23:21	01:18:29	12
	13	308	01:19:31	Greiner	Julia	1994	TriSport Lübeck	00:16:28	00:41:05	00:57:33	00:21:57	01:19:31	13 32
5.	4	310	01:14:12	Schnoor	Lisa	1994	USC Kiel	00:14:43	00:38:51	00:53:34	00:20:37	01:14:12	4
	15	305	01:19:43	Lange	Nicola	1963	USC Kiel	00:13:00	00:40:31	00:53:31	00:26:11	01:19:43	15
	16	312	01:20:10	Hagge	Britta	1973	USC Kiel	00:15:35	00:44:53	01:00:29	00:19:41	01:20:10	16 35
6.	11	325	01:18:00	Splettstößer	Kirsten	1966	PSV Eutin	00:13:16	00:41:19	00:54:35	00:23:24	01:18:00	11
	17	307	01:20:55	Deckert	Carmen	1971	PSV Eutin	00:16:12	00:42:30	00:58:43	00:22:11	01:20:55	17
	20	315	01:23:37	Behm	Nicole	1976	PSV Eutin	00:17:54	00:41:10	00:59:04	00:24:32	01:23:37	20 48
	21	323	01:32:49	Rahn	Angela	1968	PSV Eutin	00:17:59	00:43:04	01:01:03	00:31:45	01:32:49	21

Landeligawettkampf 12.06.2016 Hachede Triathlon Geesthacht

Männer Einzelwertung

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos
1	276	01:00:55	Wunderlich	Dirk	1982	TriAs Flensburg	00:12:20	00:31:12	00:43:33	00:17:21	01:00:55	1
2	211	01:00:57	Hadler	Beek	1999	Eckernförder MTV I	00:11:06	00:32:50	00:43:56	00:17:00	01:00:57	2
3	203	01:01:11	Sänger	Fynn	1999	SC Itzehoe Männer II	00:11:07	00:32:37	00:43:44	00:17:27	01:01:11	3
4	273	01:01:46	Wichmann	Frank	1975	SG Athletico Büdelsdorf	00:11:40	00:32:17	00:43:58	00:17:48	01:01:46	4
5	202	01:01:50	Salto	Marvin	1999	SC Itzehoe Männer II	00:10:30	00:33:29	00:44:00	00:17:50	01:01:50	5
6	291	01:02:07	Ziehe	Holger	1969	SC Itzehoe Männer II	00:10:32	00:33:26	00:43:59	00:18:08	01:02:07	6
7	235	01:02:18	Büll	Oke	1976	Triathlon Dänischer Wohld	00:11:11	00:32:47	00:43:59	00:18:19	01:02:18	7
8	246	01:02:25	Gäbler	Vinzent	1982	SG Wasserratten Norderstedt I	00:11:31	00:32:34	00:44:05	00:18:19	01:02:25	8
9	261	01:02:25	Ramminger	Jorrit	1996	TSV Bargtheide Tri Männer II	00:10:04	00:34:11	00:44:16	00:18:08	01:02:25	9
10	220	01:02:31	Hertel	Erik	1998	TriAs Flensburg	00:10:02	00:33:46	00:43:48	00:17:42	01:02:31	10
11	281	01:02:34	Kirschke	Rene	1972	Eckernförder MTV I	00:10:02	00:33:59	00:44:02	00:18:32	01:02:34	11
12	285	01:02:53	Köster	Jan	1972	TriAs Flensburg	00:11:38	00:32:18	00:43:57	00:18:56	01:02:53	12
13	219	01:03:11	Helbig	Thomas	1975	Eckernförder MTV I	00:11:40	00:32:23	00:44:04	00:18:07	01:03:11	13
14	205	01:03:24	Schluricke	Sebastian	1980	TriAs Flensburg	00:12:58	00:32:03	00:45:02	00:18:22	01:03:24	14
15	262	01:03:39	Steinhof	Simon	1998	Tri Team Neumünster II	00:10:56	00:33:03	00:43:59	00:19:39	01:03:39	15
16	240	01:03:42	Eggert	Philipp	1991	SG Wasserratten Norderstedt I	00:09:59	00:34:23	00:44:22	00:19:19	01:03:42	16
17	233	01:03:45	Buck	Pascal	1992	SG Athletico Büdelsdorf	00:11:19	00:34:35	00:45:54	00:17:50	01:03:45	17
18	301	01:04:12	Neuefeind	Tarek	1994	SG Wasserratten Norderstedt I	00:11:24	00:35:24	00:46:49	00:17:23	01:04:12	18
19	227	01:04:13	Benecke	Torben	1975	TriAs Flensburg	00:13:17	00:31:47	00:45:05	00:19:07	01:04:13	19
20	201	01:04:15	Johannsen	Leif	1997	SG Athletico Büdelsdorf	00:11:24	00:32:40	00:44:04	00:20:10	01:04:15	20
21	283	01:04:16	Köhne	Thilo	2000	SC Itzehoe Männer II	00:11:31	00:34:15	00:45:46	00:18:29	01:04:16	21
22	207	01:04:20	Schreiber	Thorsten	1979	Eckernförder MTV I	00:11:38	00:34:06	00:45:44	00:18:36	01:04:20	22
23	206	01:04:25	Schönrock	Stephan	1981	Tri Team Neumünster II	00:11:11	00:33:52	00:45:03	00:19:21	01:04:25	23
24	272	01:04:34	Weiher	Alexander	1983	SC Delphin Bad Schwartau	00:11:01	00:32:49	00:43:50	00:20:43	01:04:34	24
25	229	01:04:43	Blodau	Marcel	2000	USC Kiel II	00:10:33	00:33:48	00:44:21	00:20:21	01:04:43	25
26	282	01:04:46	Klingenberg	Jannes	1998	SG Wasserratten Norderstedt I	00:10:58	00:33:04	00:44:03	00:20:43	01:04:46	26
27	231	01:04:49	Brell	Michael	1965	SG Wasserratten Norderstedt II	00:11:22	00:32:43	00:44:05	00:20:44	01:04:49	27
28	224	01:04:52	Bender	Danny	1975	SG Athletico Büdelsdorf	00:11:52	00:33:59	00:45:51	00:18:00	01:04:52	28
29	259	01:05:04	Sönnichsen	Timo	1979	Triathlon-Team Südtondern Oldies	00:12:26	00:34:52	00:47:18	00:17:45	01:05:04	29
30	255	01:05:05	Petersen	Tim-Ole	1980	Borener SV	00:12:29	00:34:20	00:46:50	00:18:15	01:05:05	30
31	253	01:05:09	Johannsen	Finn	1987	Triathlon-Team Südtondern	00:14:16	00:32:48	00:47:05	00:18:04	01:05:09	31
32	284	01:05:13	König	Lars	1974	SG Athletico Büdelsdorf	00:11:56	00:34:57	00:46:53	00:18:19	01:05:13	32
33	221	01:05:19	Homrighausen	Jens	1978	Triathlon-Team Südtondern Oldies	00:13:10	00:33:56	00:47:07	00:18:11	01:05:19	33
34	212	01:05:31	Wegener	Ronny	1973	USC Kiel II	00:12:07	00:33:42	00:45:50	00:19:41	01:05:31	34
35	247	01:05:39	Gießel	Stefan	1975	USC Kiel II	00:11:31	00:34:32	00:46:04	00:19:34	01:05:39	35
36	215	01:05:50	Heiden	Lasse	1979	USC Kiel II	00:11:48	00:35:28	00:47:16	00:18:34	01:05:50	36
37	287	01:05:56	Krüger	Marcel	1995	SC Itzehoe Männer III	00:14:06	00:34:10	00:48:17	00:17:38	01:05:56	37

38	286	01:06:00	Krohn	Jens	1957	TSV Bargteheide Tri Männer III	00:11:49	00:34:11	00:46:01	00:19:59	01:06:00	38
39	268	01:06:02	Theilken	Julius	1995	SC Itzehoe Männer II	00:11:34	00:35:30	00:47:04	00:18:58	01:06:02	39
40	226	01:06:14	Dyhr	Andre	1989	Triathlon-Team Südtondern	00:12:52	00:35:25	00:48:18	00:17:56	01:06:14	40
41	300	01:06:16	Negel	Luca	2000	TSV Bargteheide Tri Männer II	00:11:54	00:35:12	00:47:06	00:19:10	01:06:16	41
42	209	01:06:33	Sievers	Moritz	1992	Triathlon Dänischer Wohld	00:11:14	00:35:45	00:46:59	00:19:34	01:06:33	42
43	294	01:06:38	Meinert	Heiko	1979	Tri Team Neumünster II	00:12:40	00:33:47	00:46:27	00:20:10	01:06:38	43
44	223	01:06:44	Nahnsen	Björn	1977	Triathlon-Team Südtondern Oldies	00:14:32	00:34:41	00:49:14	00:17:30	01:06:44	44
45	225	01:06:48	Reich	Ronald	1964	Tri Team Neumünster II	00:11:28	00:35:40	00:47:08	00:19:39	01:06:48	45
46	290	01:07:07	Kutz	Hanno Magnus	1999	TriSport Lübeck II	00:10:27	00:37:20	00:47:47	00:19:19	01:07:07	46
47	257	01:07:32	Radeleff	Marc	1997	Eckernförder MTV I	00:11:40	00:38:08	00:49:48	00:17:43	01:07:32	47
48	236	01:07:52	Delfs	Christian	1986	Triathlon-Team Südtondern	00:15:04	00:33:49	00:48:53	00:18:59	01:07:52	48
49	243	01:08:02	Foks	Benjamin	1982	Tri Endurance Germany e. V.	00:13:58	00:34:59	00:48:57	00:19:05	01:08:02	49
50	279	01:08:04	Ketelsen	Finn	1982	Triathlon-Team Südtondern Oldies	00:14:19	00:34:32	00:48:52	00:19:11	01:08:04	50
51	267	01:08:20	Klein	Erik	1976	USC Kiel II	00:12:47	00:35:39	00:48:26	00:19:54	01:08:20	51
52	256	01:08:40	Probst	Matthias	1975	Borener SV	00:13:36	00:35:20	00:48:57	00:19:43	01:08:40	52
53	278	01:08:41	Langnäse	Gunnar	1974	TriSport Lübeck II	00:13:49	00:35:42	00:49:31	00:19:09	01:08:41	53
54	258	01:08:42	Radeleff	Merten	1963	Eckernförder MTV II	00:12:38	00:35:33	00:48:11	00:20:30	01:08:42	54
55	271	01:08:51	Unterbrink	Sören	1984	SG Wasserratten Norderstedt II	00:13:18	00:34:54	00:48:12	00:20:39	01:08:51	55
56	265	01:09:03	Nörenberg	Michael	1970	SC Delphin Bad Schwartau	00:13:11	00:36:39	00:49:51	00:19:12	01:09:03	56
57	252	01:09:13	Surmont	Jean Jacques	1993	Triathlon Dänischer Wohld	00:12:54	00:36:46	00:49:40	00:19:33	01:09:13	57
58	248	01:09:18	Graage	Jörg	1969	Triathlon-Team Südtondern Oldies	00:13:56	00:36:24	00:50:21	00:18:57	01:09:18	58
59	200	01:09:52	Hansen	Timo	1988	Triathlon-Team Südtondern	00:14:20	00:35:48	00:50:09	00:19:43	01:09:52	59
60	230	01:10:20	Bräuninger	Alexander	1980	Eckernförder MTV II	00:14:05	00:36:09	00:50:15	00:20:05	01:10:20	60
61	303	01:10:23	Kühle	Oliver	1970	Eckernförder MTV II	00:13:38	00:37:19	00:50:57	00:19:26	01:10:23	61
62	275	01:10:42	Wischmann	Lasse	1999	SG Wasserratten Norderstedt II	00:12:11	00:39:26	00:51:38	00:19:04	01:10:42	62
63	269	01:11:01	Thele	Tobias	1978	SG Wasserratten Norderstedt II	00:15:15	00:36:23	00:51:38	00:19:23	01:11:01	63
64	289	01:11:08	Sanitz	Tilmann	1965	TSV Bargteheide Tri Männer III	00:12:09	00:35:50	00:47:59	00:23:08	01:11:08	64
65	210	01:11:09	Sievers	Jan	1969	Triathlon-Team Südtondern	00:13:08	00:37:02	00:50:10	00:20:58	01:11:09	65
66	245	01:11:20	Gaasch	Bernd	1962	Borener SV	00:15:10	00:37:08	00:52:19	00:19:01	01:11:20	66
67	213	01:11:20	Grün	Vinzent	1999	TSV Bargteheide Tri Männer II	00:10:38	00:38:15	00:48:54	00:22:26	01:11:20	67
68	288	01:11:20	Kubillus	Fynn	1999	TSV Bargteheide Tri Männer II	00:11:46	00:40:18	00:52:04	00:19:16	01:11:20	68
69	238	01:11:21	Diesing	Christian	2000	Tri Endurance Germany e. V.	00:14:19	00:37:49	00:52:08	00:19:12	01:11:21	69
70	217	01:11:47	Heidenreich	Markus	1967	SG TRIAS Bad Schwartau / PSV Eutin	00:13:51	00:37:12	00:51:04	00:20:42	01:11:47	70
71	216	01:11:52	Heiden	Aaron auf der	1999	Tri Endurance Germany e. V.	00:15:06	00:35:28	00:50:35	00:21:17	01:11:52	71
72	251	01:11:57	Demmler	Patrik	1990	TSV Quellenhaupt Bornhöved	00:14:01	00:37:40	00:51:41	00:20:15	01:11:57	72
73	232	01:11:59	Bromberg	Norman	1968	Borener SV	00:16:00	00:36:29	00:52:30	00:19:28	01:11:59	73
74	260	01:12:47	Spross	Gerrit	1999	SC Itzehoe Männer III	00:11:18	00:37:11	00:48:29	00:24:17	01:12:47	74
75	274	01:12:56	Wiegner	Björn	1985	SC Itzehoe Männer III	00:15:06	00:36:03	00:51:09	00:21:46	01:12:56	75
76	222	01:13:18	Jenß	Jan-Ole	1971	Tri Endurance Germany e. V.	00:14:39	00:38:00	00:52:40	00:20:38	01:13:18	76
77	263	01:13:29	Peltner	Baptist	1978	SC Delphin Bad Schwartau	00:15:51	00:38:40	00:54:32	00:18:57	01:13:29	77
78	264	01:13:54	Stüfen	Sönke	1965	TSV Bargteheide Tri Männer III	00:14:11	00:36:03	00:50:14	00:23:40	01:13:54	78
79	280	01:14:08	Kirchner	Tilman	1988	TSV Bargteheide Tri Männer III	00:15:00	00:37:24	00:52:25	00:21:43	01:14:08	79

80	298	01:14:40	Mull	Dante	2000	TSV Quellenhaupt Bornhöved	00:13:23	00:38:36	00:52:00	00:22:39	01:14:40	80
81	234	01:15:14	Bülk	Jens	1961	Tri Team Neumünster II	00:14:53	00:39:05	00:53:59	00:21:15	01:15:14	81
82	241	01:15:53	Eurich	Benjamin	1990	TriSport Lübeck II	00:19:06	00:39:41	00:58:47	00:17:05	01:15:53	82
83	270	01:16:17	Thimm	Volker	1969	SC Delphin Bad Schwartau	00:16:36	00:41:08	00:57:45	00:18:31	01:16:17	83
84	277	01:16:22	Töbelmann	Jörg	1982	TSV Quellenhaupt Bornhöved	00:15:10	00:36:54	00:52:05	00:24:17	01:16:22	84
85	214	01:16:40	Hardrath	Markus	1969	SG TRIAS Bad Schwartau / PSV Eutin	00:17:54	00:38:25	00:56:19	00:20:20	01:16:40	85
86	292	01:17:18	Libuda	Thorsten	1963	SG TRIAS Bad Schwartau / PSV Eutin	00:15:25	00:38:31	00:53:57	00:23:21	01:17:18	86
87	299	01:17:25	Müller	Egon	1956	Eckernförder MTV II	00:12:48	00:41:47	00:54:35	00:22:50	01:17:25	87
88	204	01:17:55	Sassen	Ralph	1964	Triathlon Dänischer Wohld	00:15:32	00:38:26	00:53:59	00:23:55	01:17:55	88
89	266	01:18:02	Tack	Grischa	2000	TSV Bargteheide Tri Männer II	00:13:32	00:42:29	00:56:01	00:22:00	01:18:02	89
90	295	01:18:25	Meyer	Helge	1979	Tri Endurance Germany e. V.	00:16:59	00:38:56	00:55:56	00:22:28	01:18:25	90
91	228	01:18:34	Binder	Iven	2000	TSV Quellenhaupt Bornhöved	00:14:11	00:42:21	00:56:33	00:22:00	01:18:34	91
92	237	01:19:23	Rösner	Torsten	1965	SC Delphin Bad Schwartau	00:17:53	00:41:54	00:59:48	00:19:34	01:19:23	92
93	302	01:25:16	Neuefeind	Dieter	1948	SG Wasserratten Norderstedt II	00:15:12	00:43:21	00:58:33	00:26:43	01:25:16	93
94	293	01:25:23	Lucht	Jan-Patrick	1998	SG TRIAS Bad Schwartau / PSV Eutin	00:11:13	00:42:14	00:53:27	00:31:55	01:25:23	94
95	218	01:27:38	Heinemann	Michael	1976	Eckernförder MTV II	00:17:20	00:43:01	01:00:21	00:27:17	01:27:38	95

Mannschaftswertung

1.	3	203	01:01:11	Sänger	Fynn	1999	SC Itzehoe Männer II	00:11:07	00:32:37	00:43:44	00:17:27	01:01:11	3	35
	5	202	01:01:50	Salto	Marvin	1999	SC Itzehoe Männer II	00:10:30	00:33:29	00:44:00	00:17:50	01:01:50	5	
	6	291	01:02:07	Ziehe	Holger	1969	SC Itzehoe Männer II	00:10:32	00:33:26	00:43:59	00:18:08	01:02:07	6	
	21	283	01:04:16	Köhne	Thilo	2000	SC Itzehoe Männer II	00:11:31	00:34:15	00:45:46	00:18:29	01:04:16	21	
	39	268	01:06:02	Theilken	Julius	1995	SC Itzehoe Männer II	00:11:34	00:35:30	00:47:04	00:18:58	01:06:02	39	
2.	1	276	01:00:55	Wunderlich	Dirk	1982	TriAs Flensburg	00:12:20	00:31:12	00:43:33	00:17:21	01:00:55	1	37
	10	220	01:02:31	Hertel	Erik	1998	TriAs Flensburg	00:10:02	00:33:46	00:43:48	00:17:42	01:02:31	10	
	12	285	01:02:53	Köster	Jan	1972	TriAs Flensburg	00:11:38	00:32:18	00:43:57	00:18:56	01:02:53	12	
	14	205	01:03:24	Schluricke	Sebastian	1980	TriAs Flensburg	00:12:58	00:32:03	00:45:02	00:18:22	01:03:24	14	
	19	227	01:04:13	Benecke	Torben	1975	TriAs Flensburg	00:13:17	00:31:47	00:45:05	00:19:07	01:04:13	19	
3.	2	211	01:00:57	Hadler	Beek	1999	Eckernförder MTV I	00:11:06	00:32:50	00:43:56	00:17:00	01:00:57	2	48
	11	281	01:02:34	Kirschke	Rene	1972	Eckernförder MTV I	00:10:02	00:33:59	00:44:02	00:18:32	01:02:34	11	
	13	219	01:03:11	Helbig	Thomas	1975	Eckernförder MTV I	00:11:40	00:32:23	00:44:04	00:18:07	01:03:11	13	
	22	207	01:04:20	Schreiber	Thorsten	1979	Eckernförder MTV I	00:11:38	00:34:06	00:45:44	00:18:36	01:04:20	22	
	47	257	01:07:32	Radeleff	Marc	1997	Eckernförder MTV I	00:11:40	00:38:08	00:49:48	00:17:43	01:07:32	47	
4.	8	246	01:02:25	Gäbler	Vinzent	1982	SG Wasserratten Norderstedt I	00:11:31	00:32:34	00:44:05	00:18:19	01:02:25	8	68
	16	240	01:03:42	Eggert	Philipp	1991	SG Wasserratten Norderstedt I	00:09:59	00:34:23	00:44:22	00:19:19	01:03:42	16	
	18	301	01:04:12	Neuefeind	Tarek	1994	SG Wasserratten Norderstedt I	00:11:24	00:35:24	00:46:49	00:17:23	01:04:12	18	
	26	282	01:04:46	Klingenberg	Jannes	1998	SG Wasserratten Norderstedt I	00:10:58	00:33:04	00:44:03	00:20:43	01:04:46	26	
5.	4	273	01:01:46	Wichmann	Frank	1975	SG Athletico Büdelsdorf	00:11:40	00:32:17	00:43:58	00:17:48	01:01:46	4	69
	17	233	01:03:45	Buck	Pascal	1992	SG Athletico Büdelsdorf	00:11:19	00:34:35	00:45:54	00:17:50	01:03:45	17	
	20	201	01:04:15	Johannsen	Leif	1997	SG Athletico Büdelsdorf	00:11:24	00:32:40	00:44:04	00:20:10	01:04:15	20	
	28	224	01:04:52	Bender	Danny	1975	SG Athletico Büdelsdorf	00:11:52	00:33:59	00:45:51	00:18:00	01:04:52	28	
	32	284	01:05:13	König	Lars	1974	SG Athletico Büdelsdorf	00:11:56	00:34:57	00:46:53	00:18:19	01:05:13	32	
6.	15	262	01:03:39	Steinhof	Simon	1998	Tri Team Neumünster II	00:10:56	00:33:03	00:43:59	00:19:39	01:03:39	15	126
	23	206	01:04:25	Schönrock	Stephan	1981	Tri Team Neumünster II	00:11:11	00:33:52	00:45:03	00:19:21	01:04:25	23	
	43	294	01:06:38	Meinert	Heiko	1979	Tri Team Neumünster II	00:12:40	00:33:47	00:46:27	00:20:10	01:06:38	43	
	45	225	01:06:48	Reich	Ronald	1964	Tri Team Neumünster II	00:11:28	00:35:40	00:47:08	00:19:39	01:06:48	45	
	81	234	01:15:14	Bülk	Jens	1961	Tri Team Neumünster II	00:14:53	00:39:05	00:53:59	00:21:15	01:15:14	81	
7.	25	229	01:04:43	Blodau	Marcel	2000	USC Kiel II	00:10:33	00:33:48	00:44:21	00:20:21	01:04:43	25	130
	34	212	01:05:31	Wegener	Ronny	1973	USC Kiel II	00:12:07	00:33:42	00:45:50	00:19:41	01:05:31	34	
	35	247	01:05:39	Gießel	Stefan	1975	USC Kiel II	00:11:31	00:34:32	00:46:04	00:19:34	01:05:39	35	
	36	215	01:05:50	Heiden	Lasse	1979	USC Kiel II	00:11:48	00:35:28	00:47:16	00:18:34	01:05:50	36	
	51	267	01:08:20	Klein	Erik	1976	USC Kiel II	00:12:47	00:35:39	00:48:26	00:19:54	01:08:20	51	

8.	29	259	01:05:04	Sönnichsen	Timo	1979	Triathlon-Team Südtondern Oldies	00:12:26	00:34:52	00:47:18	00:17:45	01:05:04	29	156
	33	221	01:05:19	Homrighausen	Jens	1978	Triathlon-Team Südtondern Oldies	00:13:10	00:33:56	00:47:07	00:18:11	01:05:19	33	
	44	223	01:06:44	Nahnsen	Björn	1977	Triathlon-Team Südtondern Oldies	00:14:32	00:34:41	00:49:14	00:17:30	01:06:44	44	
	50	279	01:08:04	Ketelsen	Finn	1982	Triathlon-Team Südtondern Oldies	00:14:19	00:34:32	00:48:52	00:19:11	01:08:04	50	
	58	248	01:09:18	Graage	Jörg	1969	Triathlon-Team Südtondern Oldies	00:13:56	00:36:24	00:50:21	00:18:57	01:09:18	58	
9.	31	253	01:05:09	Johannsen	Finn	1987	Triathlon-Team Südtondern	00:14:16	00:32:48	00:47:05	00:18:04	01:05:09	31	178
	40	226	01:06:14	Dyhr	Andre	1989	Triathlon-Team Südtondern	00:12:52	00:35:25	00:48:18	00:17:56	01:06:14	40	
	48	236	01:07:52	Delfs	Christian	1986	Triathlon-Team Südtondern	00:15:04	00:33:49	00:48:53	00:18:59	01:07:52	48	
	59	200	01:09:52	Hansen	Timo	1988	Triathlon-Team Südtondern	00:14:20	00:35:48	00:50:09	00:19:43	01:09:52	59	
	65	210	01:11:09	Sievers	Jan	1969	Triathlon-Team Südtondern	00:13:08	00:37:02	00:50:10	00:20:58	01:11:09	65	
10.	9	261	01:02:25	Ramminger	Jorrit	1996	TSV Bargteheide Tri Männer II	00:10:04	00:34:11	00:44:16	00:18:08	01:02:25	9	185
	41	300	01:06:16	Negel	Luca	2000	TSV Bargteheide Tri Männer II	00:11:54	00:35:12	00:47:06	00:19:10	01:06:16	41	
	67	213	01:11:20	Grün	Vinzent	1999	TSV Bargteheide Tri Männer II	00:10:38	00:38:15	00:48:54	00:22:26	01:11:20	67	
	68	288	01:11:20	Kubillus	Fynn	1999	TSV Bargteheide Tri Männer II	00:11:46	00:40:18	00:52:04	00:19:16	01:11:20	68	
	89	266	01:18:02	Tack	Grischa	2000	TSV Bargteheide Tri Männer II	00:13:32	00:42:29	00:56:01	00:22:00	01:18:02	89	
11.	7	235	01:02:18	Büll	Oke	1976	Triathlon Dänischer Wohld	00:11:11	00:32:47	00:43:59	00:18:19	01:02:18	7	194
	42	209	01:06:33	Sievers	Moritz	1992	Triathlon Dänischer Wohld	00:11:14	00:35:45	00:46:59	00:19:34	01:06:33	42	
	57	252	01:09:13	Surmont	Jean Jacques	1993	Triathlon Dänischer Wohld	00:12:54	00:36:46	00:49:40	00:19:33	01:09:13	57	
	88	204	01:17:55	Sassen	Ralph	1964	Triathlon Dänischer Wohld	00:15:32	00:38:26	00:53:59	00:23:55	01:17:55	88	
12.	27	231	01:04:49	Brell	Michael	1965	SG Wasserratten Norderstedt II	00:11:22	00:32:43	00:44:05	00:20:44	01:04:49	27	207
	55	271	01:08:51	Unterbrink	Sören	1984	SG Wasserratten Norderstedt II	00:13:18	00:34:54	00:48:12	00:20:39	01:08:51	55	
	62	275	01:10:42	Wischmann	Lasse	1999	SG Wasserratten Norderstedt II	00:12:11	00:39:26	00:51:38	00:19:04	01:10:42	62	
	63	269	01:11:01	Thele	Tobias	1978	SG Wasserratten Norderstedt II	00:15:15	00:36:23	00:51:38	00:19:23	01:11:01	63	
	93	302	01:25:16	Neuefeind	Dieter	1948	SG Wasserratten Norderstedt II	00:15:12	00:43:21	00:58:33	00:26:43	01:25:16	93	
13.	30	255	01:05:05	Petersen	Tim-Ole	1980	Borener SV	00:12:29	00:34:20	00:46:50	00:18:15	01:05:05	30	221
	52	256	01:08:40	Probst	Matthias	1975	Borener SV	00:13:36	00:35:20	00:48:57	00:19:43	01:08:40	52	
	66	245	01:11:20	Gaasch	Bernd	1962	Borener SV	00:15:10	00:37:08	00:52:19	00:19:01	01:11:20	66	
	73	232	01:11:59	Bromberg	Norman	1968	Borener SV	00:16:00	00:36:29	00:52:30	00:19:28	01:11:59	73	
14.	24	272	01:04:34	Weiher	Alexander	1983	SC Delphin Bad Schwartau	00:11:01	00:32:49	00:43:50	00:20:43	01:04:34	24	240
	56	265	01:09:03	Nörenberg	Michael	1970	SC Delphin Bad Schwartau	00:13:11	00:36:39	00:49:51	00:19:12	01:09:03	56	
	77	263	01:13:29	Peltner	Baptist	1978	SC Delphin Bad Schwartau	00:15:51	00:38:40	00:54:32	00:18:57	01:13:29	77	
	83	270	01:16:17	Thimm	Volker	1969	SC Delphin Bad Schwartau	00:16:36	00:41:08	00:57:45	00:18:31	01:16:17	83	
	92	237	01:19:23	Rösner	Torsten	1965	SC Delphin Bad Schwartau	00:17:53	00:41:54	00:59:48	00:19:34	01:19:23	92	

15.	38	286	01:06:00	Krohn	Jens	1957	TSV Bargteheide Tri Männer III	00:11:49	00:34:11	00:46:01	00:19:59	01:06:00	38	259
	64	289	01:11:08	Sanitz	Tilmann	1965	TSV Bargteheide Tri Männer III	00:12:09	00:35:50	00:47:59	00:23:08	01:11:08	64	
	78	264	01:13:54	Stüfen	Sönke	1965	TSV Bargteheide Tri Männer III	00:14:11	00:36:03	00:50:14	00:23:40	01:13:54	78	
	79	280	01:14:08	Kirchner	Tilman	1988	TSV Bargteheide Tri Männer III	00:15:00	00:37:24	00:52:25	00:21:43	01:14:08	79	
16.	54	258	01:08:42	Radeleff	Merten	1963	Eckernförder MTV II	00:12:38	00:35:33	00:48:11	00:20:30	01:08:42	54	262
	60	230	01:10:20	Bräuninger	Alexander	1980	Eckernförder MTV II	00:14:05	00:36:09	00:50:15	00:20:05	01:10:20	60	
	61	303	01:10:23	Kühle	Oliver	1970	Eckernförder MTV II	00:13:38	00:37:19	00:50:57	00:19:26	01:10:23	61	
	87	299	01:17:25	Müller	Egon	1956	Eckernförder MTV II	00:12:48	00:41:47	00:54:35	00:22:50	01:17:25	87	
	95	218	01:27:38	Heinemann	Michael	1976	Eckernförder MTV II	00:17:20	00:43:01	01:00:21	00:27:17	01:27:38	95	
17.	49	243	01:08:02	Foks	Benjamin	1982	Tri Endurance Germany e. V.	00:13:58	00:34:59	00:48:57	00:19:05	01:08:02	49	265
	69	238	01:11:21	Diesing	Christian	2000	Tri Endurance Germany e. V.	00:14:19	00:37:49	00:52:08	00:19:12	01:11:21	69	
	71	216	01:11:52	Heiden	Aaron auf der	1999	Tri Endurance Germany e. V.	00:15:06	00:35:28	00:50:35	00:21:17	01:11:52	71	
	76	222	01:13:18	Jenß	Jan-Ole	1971	Tri Endurance Germany e. V.	00:14:39	00:38:00	00:52:40	00:20:38	01:13:18	76	
	90	295	01:18:25	Meyer	Helge	1979	Tri Endurance Germany e. V.	00:16:59	00:38:56	00:55:56	00:22:28	01:18:25	90	
18.	46	290	01:07:07	Kutz	Hanno Magnus	1999	TriSport Lübeck II	00:10:27	00:37:20	00:47:47	00:19:19	01:07:07	46	286
	53	278	01:08:41	Langnäse	Gunnar	1974	TriSport Lübeck II	00:13:49	00:35:42	00:49:31	00:19:09	01:08:41	53	
	82	241	01:15:53	Eurich	Benjamin	1990	TriSport Lübeck II	00:19:06	00:39:41	00:58:47	00:17:05	01:15:53	82	
													105	
19.	37	287	01:05:56	Krüger	Marcel	1995	SC Itzehoe Männer III	00:14:06	00:34:10	00:48:17	00:17:38	01:05:56	37	291
	74	260	01:12:47	Spross	Gerrit	1999	SC Itzehoe Männer III	00:11:18	00:37:11	00:48:29	00:24:17	01:12:47	74	
	75	274	01:12:56	Wiegner	Björn	1985	SC Itzehoe Männer III	00:15:06	00:36:03	00:51:09	00:21:46	01:12:56	75	
													105	
20.	72	251	01:11:57	Demmler	Patrik	1990	TSV Quellenhaupt Bornhöved	00:14:01	00:37:40	00:51:41	00:20:15	01:11:57	72	327
	80	298	01:14:40	Mull	Dante	2000	TSV Quellenhaupt Bornhöved	00:13:23	00:38:36	00:52:00	00:22:39	01:14:40	80	
	84	277	01:16:22	Töbelmann	Jörg	1982	TSV Quellenhaupt Bornhöved	00:15:10	00:36:54	00:52:05	00:24:17	01:16:22	84	
	91	228	01:18:34	Binder	Iven	2000	TSV Quellenhaupt Bornhöved	00:14:11	00:42:21	00:56:33	00:22:00	01:18:34	91	
21.	70	217	01:11:47	Heidenreich	Markus	1967	SG TRIAS Bad Schwartau / PSV Eutin	00:13:51	00:37:12	00:51:04	00:20:42	01:11:47	70	335
	85	214	01:16:40	Hardrath	Markus	1969	SG TRIAS Bad Schwartau / PSV Eutin	00:17:54	00:38:25	00:56:19	00:20:20	01:16:40	85	
	86	292	01:17:18	Libuda	Thorsten	1963	SG TRIAS Bad Schwartau / PSV Eutin	00:15:25	00:38:31	00:53:57	00:23:21	01:17:18	86	
	94	293	01:25:23	Lucht	Jan-Patrick	1998	SG TRIAS Bad Schwartau / PSV Eutin	00:11:13	00:42:14	00:53:27	00:31:55	01:25:23	94	