

Landesliga Damen Lübeck

Einzelwertung

Platz	Name	Verein (Wohnort)	Schwimmen	T1	Rad	T2	nach Rad	Lauf	Zeit
1	MICK, Stina	TSV Bargteheide Tri II	19:44	01:05	01:14:37	00:40	01:36:08	40:54:00	02:17:01
2	PETERSEN, Eike	Triathlon-Team Südtondern	25:38:00	01:20	01:11:20	00:50	01:39:09	41:21:00	02:20:30
3	TEHLE, Nicole	SG Wasserratten Norderstedt	19:36	01:20	01:14:05	01:00	01:36:03	49:40:00	02:25:43
4	BÄHR, Ulrike	USC Kiel - TriDW	24:47:00	01:39	01:13:08	01:07	01:40:43	48:40:00	02:29:23
5	SPIELVOGEL, Marlen	USC Kiel - TriDW	24:28:00	02:15	01:18:51	01:09	01:46:45	43:20:00	02:30:05
6	NICKLAS, Franziska	Tri-Sport Lübeck	24:05:00	01:18	01:19:38	00:52	01:45:54	45:19:00	02:31:14
7	RATHSACK, Bente	Triathlon-Team Südtondern	25:30:00	01:41	01:16:11	00:55	01:44:18	48:13:00	02:32:32
8	GRUBE, Miriam	SG Wasserratten Norderstedt	25:47:00	01:19	01:18:43	00:45	01:46:36	46:10:00	02:32:46
9	QUELLHORST, Anna	Tri-Sport Lübeck	25:23:00	01:16	01:18:22	00:44	01:45:46	48:08:00	02:33:55
10	STÖLTING, Alicia	SC Itzehoe	24:21:00	01:43	01:19:47	00:42	01:46:34	47:22:00	02:33:57
11	LEVERMANN, Katja	USC Kiel - TriDW	26:00:00	01:58	01:17:55	01:22	01:47:16	47:35:00	02:34:52
12	GREINER, Julia	Tri-Sport Lübeck	27:25:00	01:29	01:16:00	01:03	01:45:58	49:10:00	02:35:08
13	HOLLSTEIN, Christina	Tri-Sport Lübeck	27:03:00	01:04	01:18:13	01:00	01:47:21	48:49:00	02:36:11
14	HEIL, Anja	Eckernförder MTV	22:08	01:37	01:18:10	01:06	01:43:02	53:17:00	02:36:20
15	CARSTENSEN, Kerrin	Triathlon-Team Südtondern	24:02:00	01:47	01:18:51	00:57	01:45:39	50:48:00	02:36:27
16	RATH, Anke	TSV Bargteheide Tri II	26:30:00	01:14	01:17:46	00:58	01:46:29	50:01:00	02:36:31
17	SPLETTSTÖBER, Kirsten	PSV Eutin	23:51	01:58	01:21:22	01:13	01:48:24	48:34:00	02:36:59
18	LANGE, Nicola	USC Kiel - TriDW	24:04:00	01:24	01:17:59	01:00	01:44:28	53:04:00	02:37:33
19	LAUK, Ariane	SG Wasserratten Norderstedt	26:33:00	02:29	01:25:00	02:16	01:56:18	44:27:00	02:40:46
20	DECKERT, Carmen	PSV Eutin	28:59:00	01:43	01:23:06	01:00	01:54:49	47:45:00	02:42:35
21	DEUTSCHENDORF, Anja	PSV Eutin	31:39:00	02:33	01:20:42	01:22	01:56:17	46:45:00	02:43:02
22	WOHLLEBEN, Kendra Dorothea	Eckernförder MTV	26:48:00	01:23	01:22:36	01:31	01:52:20	51:20:00	02:43:40
23	LEPPERT, Christine	SC Itzehoe	30:53:00	02:22	01:24:53	00:54	01:59:03	46:26:00	02:45:30
24	REIMERS, Wiebke	SG Wasserratten Norderstedt	30:36:00	01:51	01:16:59	01:03	01:50:31	55:28:00	02:45:59
25	INGWERSEN, Karina	Triathlon-Team Südtondern	29:11:00	02:00	01:20:13	00:58	01:52:22	53:53:00	02:46:15
26	SIEVERS, Susanne	SC Itzehoe	29:09:00	01:50	01:20:33	01:07	01:52:41	54:41:00	02:47:22
27	PRUß, Birgit	TSV Bargteheide Tri II	28:55:00	01:53	01:26:30	01:07	01:58:26	53:50:00	02:52:17
28	SCHOTT, Lena	TSV Bargteheide Tri II	24:21:00	01:11	01:18:21	00:53	01:44:46	01:08:13	02:53:00
29	RADAU, Cathrin	SC Itzehoe	28:49:00	02:54	01:29:26	02:06	02:03:17	50:10:00	02:53:28
30	RAHN, Angela	PSV Eutin	31:27:00	02:07	01:21:19	01:32	01:56:27	01:07:08	03:03:35
	SCHESSNER, Astrid	Eckernförder MTV							

Mannschaftswertung

1.	4	BÄHR, Ulrike	USC Kiel - TriDW	24:47:00	01:39	01:13:08	01:07	01:40:43	48:40:00	02:29:23	
	5	SPIELVOGEL, Marlen	USC Kiel - TriDW	24:28:00	02:15	01:18:51	01:09	01:46:45	43:20:00	02:30:05	
	11	LEVERMANN, Katja	USC Kiel - TriDW	26:00:00	01:58	01:17:55	01:22	01:47:16	47:35:00	02:34:52	20
	18	LANGE, Nicola	USC Kiel - TriDW	24:04:00	01:24	01:17:59	01:00	01:44:28	53:04:00	02:37:33	
2.	2	PETERSEN, Eike	Triathlon-Team Südtondern	25:38:00	01:20	01:11:20	00:50	01:39:09	41:21:00	02:20:30	
	7	RATHSACK, Bente	Triathlon-Team Südtondern	25:30:00	01:41	01:16:11	00:55	01:44:18	48:13:00	02:32:32	
	15	CARSTENSEN, Kerrin	Triathlon-Team Südtondern	24:02:00	01:47	01:18:51	00:57	01:45:39	50:48:00	02:36:27	24
	25	INGWERSEN, Karina	Triathlon-Team Südtondern	29:11:00	02:00	01:20:13	00:58	01:52:22	53:53:00	02:46:15	
3.	6	NICKLAS, Franziska	Tri-Sport Lübeck	24:05:00	01:18	01:19:38	00:52	01:45:54	45:19:00	02:31:14	
	9	QUELLHORST, Anna	Tri-Sport Lübeck	25:23:00	01:16	01:18:22	00:44	01:45:46	48:08:00	02:33:55	
	12	GREINER, Julia	Tri-Sport Lübeck	27:25:00	01:29	01:16:00	01:03	01:45:58	49:10:00	02:35:08	27
	13	HOLLSTEIN, Christina	Tri-Sport Lübeck	27:03:00	01:04	01:18:13	01:00	01:47:21	48:49:00	02:36:11	
4.	3	TEHLE, Nicole	SG Wasserratten Norderstedt	19:36	01:20	01:14:05	01:00	01:36:03	49:40:00	02:25:43	
	8	GRUBE, Miriam	SG Wasserratten Norderstedt	25:47:00	01:19	01:18:43	00:45	01:46:36	46:10:00	02:32:46	
	19	LAUK, Ariane	SG Wasserratten Norderstedt	26:33:00	02:29	01:25:00	02:16	01:56:18	44:27:00	02:40:46	30
	24	REIMERS, Wiebke	SG Wasserratten Norderstedt	30:36:00	01:51	01:16:59	01:03	01:50:31	55:28:00	02:45:59	
5.	1	MICK, Stina	TSV Bargteheide Tri II	19:44	01:05	01:14:37	00:40	01:36:08	40:54:00	02:17:01	
	16	RATH, Anke	TSV Bargteheide Tri II	26:30:00	01:14	01:17:46	00:58	01:46:29	50:01:00	02:36:31	
	27	PRUß, Birgit	TSV Bargteheide Tri II	28:55:00	01:53	01:26:30	01:07	01:58:26	53:50:00	02:52:17	44
	28	SCHOTT, Lena	TSV Bargteheide Tri II	24:21:00	01:11	01:18:21	00:53	01:44:46	01:08:13	02:53:00	
6.	17	SPLETTSTÖßER, Kirsten	PSV Eutin	23:51	01:58	01:21:22	01:13	01:48:24	48:34:00	02:36:59	
	20	DECKERT, Carmen	PSV Eutin	28:59:00	01:43	01:23:06	01:00	01:54:49	47:45:00	02:42:35	
	21	DEUTSCHENDORF, Anja	PSV Eutin	31:39:00	02:33	01:20:42	01:22	01:56:17	46:45:00	02:43:02	58
	30	RAHN, Angela	PSV Eutin	31:27:00	02:07	01:21:19	01:32	01:56:27	01:07:08	03:03:35	
7.	10	STÖLTING, Alicia	SC Itzehoe	24:21:00	01:43	01:19:47	00:42	01:46:34	47:22:00	02:33:57	
	23	LEPPERT, Christine	SC Itzehoe	30:53:00	02:22	01:24:53	00:54	01:59:03	46:26:00	02:45:30	
	26	SIEVERS, Susanne	SC Itzehoe	29:09:00	01:50	01:20:33	01:07	01:52:41	54:41:00	02:47:22	59
	29	RADAU, Cathrin	SC Itzehoe	28:49:00	02:54	01:29:26	02:06	02:03:17	50:10:00	02:53:28	

8.	14	HEIL, Anja	Eckernförder MTV	22:08	01:37	01:18:10	01:06	01:43:02	53:17:00	02:36:20
	22	WOHLLEBEN, Kendra Dorothea	Eckernförder MTV	26:48:00	01:23	01:22:36	01:31	01:52:20	51:20:00	02:43:40
	40	SCHESSNER, Astrid	Eckernförder MTV							

Landesliga Herren Lübeck

Einzelwertung

1	DE LANNOY, Jean-Pierre	Tri Endurance Germany	19:42	00:57	01:03:00	00:31	01:24:11	33:21:00	01:57:32
2	BERGERMANN, Stephan	TSV Bargteheide Tri II	19:44	00:49	01:06:33	00:39	01:27:46	34:16:00	02:02:02
3	TÖDTLOFF, Sven	Tri Team Neumünster	23:34	01:09	01:02:17	00:48	01:27:49	39:57:00	02:07:47
4	BIRNMEYER, Stephan	SG TRIAS Bad Schwartau/PSV Eutin	21:47	01:08	01:06:21	00:44	01:30:00	38:12:00	02:08:13
5	WÜSTEFELD, Tim	Tri Team Neumünster U23	21:52	01:03	01:05:33	00:46	01:29:15	40:38:00	02:09:54
6	GIESEN, Alexander	Tri-Sport Lübeck	24:38:00	01:25	01:06:32	00:38	01:33:14	37:16:00	02:10:30
7	FRANK, Lars	Tri Team Neumünster	23:02	01:21	01:05:51	01:31	01:31:46	39:00:00	02:10:46
8	GROTH, Markus	Triathlon Dänischer Wohld	22:26	02:06	01:05:32	01:06	01:31:12	39:41:00	02:10:53
9	EGGERT, Philipp	SG Wasserratten Norderstedt	18:58	00:58	01:09:24	00:55	01:30:17	40:41:00	02:10:58
10	KIRSCHKE, Rene	Eckernförder MTV I	19:21	01:04	01:10:44	00:54	01:32:04	39:05:00	02:11:09
11	GROEN, Frank	SG TRIAS Bad Schwartau/PSV Eutin	23:33	01:35	01:05:02	00:57	01:31:08	40:09:00	02:11:17
12	WEGENER, Ronny	USC II	23:26	01:28	01:05:24	00:52	01:31:11	40:09:00	02:11:20
13	ALMEIDA, Luis	Tri Team Neumünster	26:58:00	01:08	01:04:39	01:04	01:33:50	37:37:00	02:11:28
14	MÜLLER, Simon	Tri-Sport Lübeck	23:52	01:09	01:10:34	00:41	01:36:17	35:19:00	02:11:37
15	ZELMER, Philipp	SC Itzehoe II	21:50	00:58	01:09:24	00:52	01:33:04	38:36:00	02:11:41
16	SCHLURICKE, Sebastian	TriAs Flensburg	23:53	01:14	01:05:04	00:55	01:31:07	40:48:00	02:11:55
17	SCHÄFER, Tobias	TriAs Flensburg	21:38	01:14	01:09:51	00:40	01:33:25	38:52:00	02:12:17
18	HOMRIGHAUSEN, Jens	Triathlon-Team Südtondern I	24:02:00	01:32	01:07:02	00:44	01:33:21	39:23:00	02:12:44
19	SCHOTT, Jonas	TSV Bargteheide Tri II	19:45	01:04	01:08:26	00:39	01:29:55	42:54:00	02:12:49
20	RINKENS, Nicola	Eckernförder MTV I	23:45	01:02	01:09:49	00:57	01:35:35	37:25:00	02:13:00
21	TIMPKE, Dirk	SG TRIAS Bad Schwartau/PSV Eutin	21:51	01:20	01:07:46	01:17	01:32:15	41:01:00	02:13:16
22	NAHNSEN, Björn	Triathlon-Team Südtondern I	27:51:00	01:31	01:07:21	00:48	01:37:33	35:44:00	02:13:18
23	JUBT, Matthias	Borener SV	28:00:00	01:22	01:02:16	01:01	01:32:39	41:09:00	02:13:48
24	ZIEHE, Holger	SC Itzehoe III	21:30	01:20	01:11:11	00:55	01:34:56	38:55:00	02:13:51
25	DYHR, Andre	Triathlon-Team Südtondern II	24:50:00	01:37	01:08:53	00:53	01:36:13	38:03:00	02:14:17
26	BENECKE, Torben	TriAs Flensburg	25:19:00	01:06	01:04:28	00:52	01:31:46	42:40:00	02:14:26
27	BRELL, Michael	SG Wasserratten Norderstedt	21:52	01:23	01:06:01	00:57	01:30:15	44:36:00	02:14:52
28	JASCHIK, Jannis	Tri-Sport Lübeck	23:26	00:53	01:08:46	00:36	01:33:42	41:21:00	02:15:03
29	LORENZEN, Philip	Triathlon-Team Südtondern II	24:07:00	01:51	01:08:53	00:53	01:35:46	39:18:00	02:15:04
30	HAMANN, Kay	Tri Team Neumünster	24:23:00	01:21	01:07:15	01:00	01:34:00	41:28:00	02:15:28
31	PETERMANN, René	SC Itzehoe II	21:50	01:00	01:09:23	00:52	01:33:06	42:23:00	02:15:30
32	PETSCHAT, Udo	Triathlon-Team Südtondern I	27:30:00	01:28	01:08:04	01:00	01:38:03	37:48:00	02:15:52

33	SÖNNICHSEN, Timo	Triathlon-Team Südtondern I	23:51	01:45	01:09:57	00:51	01:36:26	39:32:00	02:15:58
34	GIEBEL, Stefan	USC II	22:28	01:25	01:09:56	01:06	01:34:57	41:23:00	02:16:20
35	THEILKEN, Julius	SC Itzehoe II	22:34	01:10	01:13:21	01:06	01:38:13	38:53:00	02:17:06
36	EIM, Nico	SC Itzehoe II	21:15	01:18	01:09:15	00:52	01:32:41	45:15:00	02:17:57
37	BÜLL, Oke	Triathlon Dänischer Wohld	21:47	01:34	01:08:42	01:06	01:33:11	44:51:00	02:18:02
38	STEIN, Sebastian	Tri-Sport Lübeck	28:21:00	01:14	01:06:27	01:05	01:37:08	41:00:00	02:18:09
39	KROHN, Jens	TSV Bargteheide Tri III	22:59	01:31	01:10:03	00:55	01:35:29	42:49:00	02:18:18
40	FRIEDRICH, Jens	Eckernförder MTV I	24:35:00	01:44	01:12:11	01:13	01:39:44	38:52:00	02:18:36
41	KETELSEN, Finn	Triathlon-Team Südtondern I	26:59:00	01:27	01:08:24	00:52	01:37:43	41:01:00	02:18:44
42	DELFS, Christian	Triathlon-Team Südtondern II	28:36:00	02:11	01:07:15	01:01	01:39:03	40:05:00	02:19:08
43	REICH, Ronald	Tri Team Neumünster	22:24	01:16	01:14:09	01:02	01:38:52	40:20:00	02:19:13
44	UNTERBRINK, Sören	SG Wasserratten Norderstedt	24:16:00	01:22	01:08:50	00:57	01:35:27	43:46:00	02:19:13
45	THIEME, Daniel	Borener SV	23:54	01:30	01:10:56	01:03	01:37:24	42:11:00	02:19:35
46	KLEIN, Erik	USC II	23:27	01:37	01:10:21	01:18	01:36:44	42:59:00	02:19:44
47	KOESTER, Jan	TriAs Flensburg	23:31	01:39	01:11:56	01:00	01:38:06	41:57:00	02:20:04
48	JOHANNSEN, Finn	Triathlon-Team Südtondern II	28:21:00	02:01	01:07:18	00:46	01:38:28	41:53:00	02:20:21
49	SCHUNCK, Kolin	TSV Bargteheide Tri III	24:17:00	01:12	01:11:25	00:43	01:37:39	42:51:00	02:20:30
50	KRÜGER, Marcel	SC Itzehoe III	26:18:00	01:56	01:08:52	01:52	01:39:00	41:36:00	02:20:36
51	HANKE, Torsten	USC II	27:23:00	01:19	01:08:28	00:57	01:38:09	42:41:00	02:20:50
52	RADAU, Stefan	SC Itzehoe III	26:58:00	02:05	01:07:56	01:11	01:38:12	42:52:00	02:21:04
53	WACHTER, Christian	Tri Endurance Germany	25:43:00	01:54	01:10:22	01:10	01:39:10	42:17:00	02:21:27
54	KOPACZ, Tim	SC Itzehoe II	21:36	00:50	01:09:45	00:53	01:33:05	48:29:00	02:21:34
55	KÜHLE, Oliver	Eckernförder MTV I	25:44:00	02:09	01:11:12	01:19	01:40:26	41:18:00	02:21:44
56	WÜSTEFELD, Jonas	Tri Team Neumünster U23	26:49:00	01:10	01:11:18	01:00	01:40:18	41:58:00	02:22:16
57	GAASCH, Bernd	Borener SV	27:44:00	01:37	01:12:02	01:09	01:42:33	40:00:00	02:22:33
58	THELE, Tobias	SG Wasserratten Norderstedt	28:28:00	01:27	01:12:46	00:50	01:43:31	39:52:00	02:23:24
59	MARTENSEN, Lars	Tri Team Neumünster U23	24:03:00	01:09	01:17:57	01:00	01:44:10	39:20:00	02:23:31
60	NEUMANN, Benjamin	TriAs Flensburg	24:26:00	01:31	01:09:59	00:57	01:36:55	46:36:00	02:23:31
61	LÜHRS, Jan	Eckernförder MTV II	25:36:00	01:31	01:11:10	01:08	01:39:26	45:35:00	02:25:01
62	WIEGNER, Björn	SC Itzehoe III	28:25:00	01:20	01:10:39	01:30	01:41:55	44:37:00	02:26:33
63	STOLTENBERG, Andreas	TSV Quellenhaupt Bornhöved	28:54:00	01:52	01:12:14	00:58	01:43:59	42:52:00	02:26:51
64	SANITZ, Tilman	TSV Bargteheide Tri III	24:10:00	01:13	01:10:45	00:51	01:37:01	49:54:00	02:26:56
65	NIEBERGALL, Andreas	Eckernförder MTV II	24:00:00	01:41	01:14:28	01:12	01:41:22	45:46:00	02:27:09
66	FOKS, Benjamin	Tri Endurance Germany	27:13:00	01:19	01:15:28	00:50	01:44:51	43:00:00	02:27:51

67	BROMBERG, Norman	Borener SV	28:37:00	01:16	01:14:30	01:03	01:45:27	42:30:00	02:27:57
68	BRAUER, Eik	Tri-Sport Lübeck	29:51:00	01:25	01:12:38	02:09	01:46:04	42:03:00	02:28:07
69	MÖLLER, Kai	Triathlon Dänischer Wohld	29:06:00	02:48	01:12:48	01:11	01:45:54	42:24:00	02:28:18
70	HAHN, Ronald	Eckernförder MTV I	28:11:00	02:24	01:13:12	01:42	01:45:31	43:56:00	02:29:27
71	FELDMANN, Lars	TSV Bargteheide Tri III	28:51:00	01:42	01:12:40	00:50	01:44:04	45:35:00	02:29:40
72	KRÖMER, Michael	Tri Team Neumünster U23	22:00	01:41	01:17:33	00:57	01:42:12	47:58:00	02:30:11
73	SIEVERS, Moritz	Triathlon Dänischer Wohld	22:32	02:00	01:18:24	01:34	01:44:31	46:28:00	02:31:00
74	BLODAU, Marco	USC II	28:19:00	01:32	01:12:48	01:09	01:43:50	48:52:00	02:32:42
75	HARDRATH, Markus	SG TRIAS Bad Schwartau/PSV Eutin	34:23:00	01:58	01:14:57	01:09	01:52:28	41:20:00	02:33:48
76	BOHLE, Nils Benjamin	TSV Quellenhaupt Bornhöved	32:06:00	01:34	01:13:07	01:22	01:48:11	45:39:00	02:33:50
77	PAPERT, Michael	SC Itzehoe III	31:14:00	02:32	01:16:03	01:42	01:51:32	42:54:00	02:34:26
78	TONN, Matthias	SG TRIAS Bad Schwartau/PSV Eutin	28:22:00	01:55	01:16:00	01:22	01:47:40	47:23:00	02:35:04
79	BÜCHERT, Tobias	Borener SV	28:42:00	02:42	01:18:40	01:21	01:51:26	44:38:00	02:36:05
80	LEIENDECKER, Thomas	TSV Bargteheide Tri III	28:32:00	01:46	01:17:50	01:10	01:49:19	47:02:00	02:36:22
81	DEMMLER, Patrick	TSV Quellenhaupt Bornhöved	28:44:00	01:17	01:18:47	01:16	01:50:05	47:36:00	02:37:42
82	FITZ, Manfred	SG Wasserratten Norderstedt	25:48:00	01:31	01:15:36	01:17	01:44:13	55:10:00	02:39:23
83	FIETZECK, Manfred	Eckernförder MTV II	27:17:00	02:11	01:16:43	01:22	01:47:36	51:50:00	02:39:26
84	STÜFEN, Sönke	TSV Bargteheide Tri II	26:32:00	01:22	01:16:45	01:22	01:46:03	56:22:00	02:42:25
85	MEYER, Helge	Tri Endurance Germany	30:37:00	01:28	01:16:29	00:59	01:49:34	53:07:00	02:42:42
86	WIEDENHOFER, Marco	Tri Endurance Germany	32:19:00	01:33	01:16:16	02:27	01:52:36	50:58:00	02:43:34
87	PLATH, Stephan	Eckernförder MTV II	27:32:00	03:14	01:19:14	01:34	01:51:34	52:15:00	02:43:49
88	RAMMINGER, Jorrit	TSV Bargteheide Tri II	19:46	01:05	01:08:28	00:51	01:30:11	01:14:46	02:44:58
89	GLAGE, Kai	TSV Quellenhaupt Bornhöved	28:06:00	02:09	01:23:52	01:10	01:55:18	51:19:00	02:46:37
90	RIES, Rigobert	TSV Bargteheide Tri II	32:05:00	02:01	01:21:48	01:22	01:57:18	52:35:00	02:49:53
91	FRANTZEN, Kai	Triathlon Dänischer Wohld	30:28:00	03:11	01:24:31	00:55	01:59:06	51:19:00	02:50:26
92	TÖBELMANN, Jörg	TSV Quellenhaupt Bornhöved	29:05:00	01:14	01:16:30	01:01	01:47:52	01:02:59	02:50:51
93	MÜLLER, Egon	Eckernförder MTV II	24:31:00	02:10	01:36:27	02:02	02:05:11	50:41:00	02:55:53

Mannschaftswertung

1.	3	TÖDTLOFF, Sven	Tri Team Neumünster	23:34	01:09	01:02:17	00:48	01:27:49	39:57:00	02:07:47	
	7	FRANK, Lars	Tri Team Neumünster	23:02	01:21	01:05:51	01:31	01:31:46	39:00:00	02:10:46	
	13	ALMEIDA, Luis	Tri Team Neumünster	26:58:00	01:08	01:04:39	01:04	01:33:50	37:37:00	02:11:28	
	30	HAMANN, Kay	Tri Team Neumünster	24:23:00	01:21	01:07:15	01:00	01:34:00	41:28:00	02:15:28	53
	43	REICH, Ronald	Tri Team Neumünster	22:24	01:16	01:14:09	01:02	01:38:52	40:20:00	02:19:13	
2.	6	GIESEN, Alexander	Tri-Sport Lübeck	24:38:00	01:25	01:06:32	00:38	01:33:14	37:16:00	02:10:30	
	14	MÜLLER, Simon	Tri-Sport Lübeck	23:52	01:09	01:10:34	00:41	01:36:17	35:19:00	02:11:37	
	28	JASCHIK, Jannis	Tri-Sport Lübeck	23:26	00:53	01:08:46	00:36	01:33:42	41:21:00	02:15:03	
	38	STEIN, Sebastian	Tri-Sport Lübeck	28:21:00	01:14	01:06:27	01:05	01:37:08	41:00:00	02:18:09	86
	68	BRAUER, Eik	Tri-Sport Lübeck	29:51:00	01:25	01:12:38	02:09	01:46:04	42:03:00	02:28:07	
3.	18	HOMRIGHAUSEN, Jens	Triathlon-Team Südtondern I	24:02:00	01:32	01:07:02	00:44	01:33:21	39:23:00	02:12:44	
	22	NAHNSEN, Björn	Triathlon-Team Südtondern I	27:51:00	01:31	01:07:21	00:48	01:37:33	35:44:00	02:13:18	
	32	PETSCHAT, Udo	Triathlon-Team Südtondern I	27:30:00	01:28	01:08:04	01:00	01:38:03	37:48:00	02:15:52	
	33	SÖNNICHSEN, Timo	Triathlon-Team Südtondern I	23:51	01:45	01:09:57	00:51	01:36:26	39:32:00	02:15:58	105
	41	KETELSEN, Finn	Triathlon-Team Südtondern I	26:59:00	01:27	01:08:24	00:52	01:37:43	41:01:00	02:18:44	
4.	16	SCHLURICKE, Sebastian	TriAs Flensburg	23:53	01:14	01:05:04	00:55	01:31:07	40:48:00	02:11:55	
	17	SCHÄFER, Tobias	TriAs Flensburg	21:38	01:14	01:09:51	00:40	01:33:25	38:52:00	02:12:17	
	26	BENECKE, Torben	TriAs Flensburg	25:19:00	01:06	01:04:28	00:52	01:31:46	42:40:00	02:14:26	
	47	KOESTER, Jan	TriAs Flensburg	23:31	01:39	01:11:56	01:00	01:38:06	41:57:00	02:20:04	106
	60	NEUMANN, Benjamin	TriAs Flensburg	24:26:00	01:31	01:09:59	00:57	01:36:55	46:36:00	02:23:31	
5.	4	BIRNMEYER, Stephan	SG TRIAS Bad Schwartau/PSV Eutin	21:47	01:08	01:06:21	00:44	01:30:00	38:12:00	02:08:13	
	11	GROEN, Frank	SG TRIAS Bad Schwartau/PSV Eutin	23:33	01:35	01:05:02	00:57	01:31:08	40:09:00	02:11:17	
	21	TIMPKE, Dirk	SG TRIAS Bad Schwartau/PSV Eutin	21:51	01:20	01:07:46	01:17	01:32:15	41:01:00	02:13:16	
	75	HARDRATH, Markus	SG TRIAS Bad Schwartau/PSV Eutin	34:23:00	01:58	01:14:57	01:09	01:52:28	41:20:00	02:33:48	111
	78	TONN, Matthias	SG TRIAS Bad Schwartau/PSV Eutin	28:22:00	01:55	01:16:00	01:22	01:47:40	47:23:00	02:35:04	

6.	15	ZELMER, Philipp	SC Itzehoe II	21:50	00:58	01:09:24	00:52	01:33:04	38:36:00	02:11:41	
	31	PETERMANN, René	SC Itzehoe II	21:50	01:00	01:09:23	00:52	01:33:06	42:23:00	02:15:30	
	35	THEILKEN, Julius	SC Itzehoe II	22:34	01:10	01:13:21	01:06	01:38:13	38:53:00	02:17:06	
	36	EIM, Nico	SC Itzehoe II	21:15	01:18	01:09:15	00:52	01:32:41	45:15:00	02:17:57	117
	54	KOPACZ, Tim	SC Itzehoe II	21:36	00:50	01:09:45	00:53	01:33:05	48:29:00	02:21:34	
7.	10	KIRSCHKE, Rene	Eckernförder MTV I	19:21	01:04	01:10:44	00:54	01:32:04	39:05:00	02:11:09	
	20	RINKENS, Nicola	Eckernförder MTV I	23:45	01:02	01:09:49	00:57	01:35:35	37:25:00	02:13:00	
	40	FRIEDRICH, Jens	Eckernförder MTV I	24:35:00	01:44	01:12:11	01:13	01:39:44	38:52:00	02:18:36	
	55	KÜHLE, Oliver	Eckernförder MTV I	25:44:00	02:09	01:11:12	01:19	01:40:26	41:18:00	02:21:44	125
	70	HAHN, Ronald	Eckernförder MTV I	28:11:00	02:24	01:13:12	01:42	01:45:31	43:56:00	02:29:27	
8.	9	EGGERT, Philipp	SG Wasserratten Norderstedt	18:58	00:58	01:09:24	00:55	01:30:17	40:41:00	02:10:58	
	27	BRELL, Michael	SG Wasserratten Norderstedt	21:52	01:23	01:06:01	00:57	01:30:15	44:36:00	02:14:52	
	44	UNTERBRINK, Sören	SG Wasserratten Norderstedt	24:16:00	01:22	01:08:50	00:57	01:35:27	43:46:00	02:19:13	
	58	THELE, Tobias	SG Wasserratten Norderstedt	28:28:00	01:27	01:12:46	00:50	01:43:31	39:52:00	02:23:24	138
	82	FITZ, Manfred	SG Wasserratten Norderstedt	25:48:00	01:31	01:15:36	01:17	01:44:13	55:10:00	02:39:23	
9.	12	WEGENER, Ronny	USC II	23:26	01:28	01:05:24	00:52	01:31:11	40:09:00	02:11:20	
	34	GIEßEL, Stefan	USC II	22:28	01:25	01:09:56	01:06	01:34:57	41:23:00	02:16:20	
	46	KLEIN, Erik	USC II	23:27	01:37	01:10:21	01:18	01:36:44	42:59:00	02:19:44	
	51	HANKE, Torsten	USC II	27:23:00	01:19	01:08:28	00:57	01:38:09	42:41:00	02:20:50	143
	74	BLODAU, Marco	USC II	28:19:00	01:32	01:12:48	01:09	01:43:50	48:52:00	02:32:42	
10.	25	DYHR, Andre	Triathlon-Team Südtondern II	24:50:00	01:37	01:08:53	00:53	01:36:13	38:03:00	02:14:17	
	29	LORENZEN, Philip	Triathlon-Team Südtondern II	24:07:00	01:51	01:08:53	00:53	01:35:46	39:18:00	02:15:04	
	42	DELFS, Christian	Triathlon-Team Südtondern II	28:36:00	02:11	01:07:15	01:01	01:39:03	40:05:00	02:19:08	
	48	JOHANNSEN, Finn	Triathlon-Team Südtondern II	28:21:00	02:01	01:07:18	00:46	01:38:28	41:53:00	02:20:21	144
11.	8	GROTH, Markus	Triathlon Dänischer Wohld	22:26	02:06	01:05:32	01:06	01:31:12	39:41:00	02:10:53	
	37	BÜLL, Oke	Triathlon Dänischer Wohld	21:47	01:34	01:08:42	01:06	01:33:11	44:51:00	02:18:02	
	69	MÖLLER, Kai	Triathlon Dänischer Wohld	29:06:00	02:48	01:12:48	01:11	01:45:54	42:24:00	02:28:18	
	73	SIEVERS, Moritz	Triathlon Dänischer Wohld	22:32	02:00	01:18:24	01:34	01:44:31	46:28:00	02:31:00	187
	91	FRANTZEN, Kai	Triathlon Dänischer Wohld	30:28:00	03:11	01:24:31	00:55	01:59:06	51:19:00	02:50:26	

12.	24 ZIEHE, Holger	SC Itzehoe III	21:30	01:20	01:11:11	00:55	01:34:56	38:55:00	02:13:51	188
	50 KRÜGER, Marcel	SC Itzehoe III	26:18:00	01:56	01:08:52	01:52	01:39:00	41:36:00	02:20:36	
	52 RADAU, Stefan	SC Itzehoe III	26:58:00	02:05	01:07:56	01:11	01:38:12	42:52:00	02:21:04	
	62 WIEGNER, Björn	SC Itzehoe III	28:25:00	01:20	01:10:39	01:30	01:41:55	44:37:00	02:26:33	
	77 PAPERT, Michael	SC Itzehoe III	31:14:00	02:32	01:16:03	01:42	01:51:32	42:54:00	02:34:26	
13.	23 JUBT, Matthias	Borener SV	28:00:00	01:22	01:02:16	01:01	01:32:39	41:09:00	02:13:48	192
	45 THIEME, Daniel	Borener SV	23:54	01:30	01:10:56	01:03	01:37:24	42:11:00	02:19:35	
	57 GAASCH, Bernd	Borener SV	27:44:00	01:37	01:12:02	01:09	01:42:33	40:00:00	02:22:33	
	67 BROMBERG, Norman	Borener SV	28:37:00	01:16	01:14:30	01:03	01:45:27	42:30:00	02:27:57	
	79 BÜCHERT, Tobias	Borener SV	28:42:00	02:42	01:18:40	01:21	01:51:26	44:38:00	02:36:05	
13.	5 WÜSTEFELD, Tim	Tri Team Neumünster U23	21:52	01:03	01:05:33	00:46	01:29:15	40:38:00	02:09:54	192
	56 WÜSTEFELD, Jonas	Tri Team Neumünster U23	26:49:00	01:10	01:11:18	01:00	01:40:18	41:58:00	02:22:16	
	59 MARTENSEN, Lars	Tri Team Neumünster U23	24:03:00	01:09	01:17:57	01:00	01:44:10	39:20:00	02:23:31	
	72 KRÖMER, Michael	Tri Team Neumünster U23	22:00	01:41	01:17:33	00:57	01:42:12	47:58:00	02:30:11	
15.	2 BERGERMANN, Stephan	TSV Bargteheide Tri II	19:44	00:49	01:06:33	00:39	01:27:46	34:16:00	02:02:02	193
	19 SCHOTT, Jonas	TSV Bargteheide Tri II	19:45	01:04	01:08:26	00:39	01:29:55	42:54:00	02:12:49	
	84 STÜFEN, Sönke	TSV Bargteheide Tri II	26:32:00	01:22	01:16:45	01:22	01:46:03	56:22:00	02:42:25	
	88 RAMMINGER, Jorrit	TSV Bargteheide Tri II	19:46	01:05	01:08:28	00:51	01:30:11	01:14:46	02:44:58	
	90 RIES, Rigobert	TSV Bargteheide Tri II	32:05:00	02:01	01:21:48	01:22	01:57:18	52:35:00	02:49:53	
16.	1 DE LANNOY, Jean-Pierre	Tri Endurance Germany	19:42	00:57	01:03:00	00:31	01:24:11	33:21:00	01:57:32	205
	53 WACHTER, Christian	Tri Endurance Germany	25:43:00	01:54	01:10:22	01:10	01:39:10	42:17:00	02:21:27	
	66 FOKS, Benjamin	Tri Endurance Germany	27:13:00	01:19	01:15:28	00:50	01:44:51	43:00:00	02:27:51	
	85 MEYER, Helge	Tri Endurance Germany	30:37:00	01:28	01:16:29	00:59	01:49:34	53:07:00	02:42:42	
	86 WIEDENHOFER, Marco	Tri Endurance Germany	32:19:00	01:33	01:16:16	02:27	01:52:36	50:58:00	02:43:34	
17.	39 KROHN, Jens	TSV Bargteheide Tri III	22:59	01:31	01:10:03	00:55	01:35:29	42:49:00	02:18:18	223
	49 SCHUNCK, Kolin	TSV Bargteheide Tri III	24:17:00	01:12	01:11:25	00:43	01:37:39	42:51:00	02:20:30	
	64 SANITZ, Tilman	TSV Bargteheide Tri III	24:10:00	01:13	01:10:45	00:51	01:37:01	49:54:00	02:26:56	
	71 FELDMANN, Lars	TSV Bargteheide Tri III	28:51:00	01:42	01:12:40	00:50	01:44:04	45:35:00	02:29:40	
	80 LEIENDECKER, Thomas	TSV Bargteheide Tri III	28:32:00	01:46	01:17:50	01:10	01:49:19	47:02:00	02:36:22	

18.	61 LÜHRS, Jan	Eckernförder MTV II	25:36:00	01:31	01:11:10	01:08	01:39:26	45:35:00	02:25:01	
	65 NIEBERGALL, Andreas	Eckernförder MTV II	24:00:00	01:41	01:14:28	01:12	01:41:22	45:46:00	02:27:09	
	83 FIETZECK, Manfred	Eckernförder MTV II	27:17:00	02:11	01:16:43	01:22	01:47:36	51:50:00	02:39:26	
	87 PLATH, Stephan	Eckernförder MTV II	27:32:00	03:14	01:19:14	01:34	01:51:34	52:15:00	02:43:49	296
	93 MÜLLER, Egon	Eckernförder MTV II	24:31:00	02:10	01:36:27	02:02	02:05:11	50:41:00	02:55:53	
19.	63 STOLTENBERG, Andreas	TSV Quellenhaupt Bornhöved	28:54:00	01:52	01:12:14	00:58	01:43:59	42:52:00	02:26:51	
	76 BOHLE, Nils Benjamin	TSV Quellenhaupt Bornhöved	32:06:00	01:34	01:13:07	01:22	01:48:11	45:39:00	02:33:50	
	81 DEMMLER, Patrick	TSV Quellenhaupt Bornhöved	28:44:00	01:17	01:18:47	01:16	01:50:05	47:36:00	02:37:42	
	89 GLAGE, Kai	TSV Quellenhaupt Bornhöved	28:06:00	02:09	01:23:52	01:10	01:55:18	51:19:00	02:46:37	309
	92 TÖBELMANN, Jörg	TSV Quellenhaupt Bornhöved	29:05:00	01:14	01:16:30	01:01	01:47:52	01:02:59	02:50:51	