

Landesmeisterschaft Altersklassen
Geesthacht 12. Juni 2011

Triathlon (1,5-40-10)

Frauen

Platz	StNr.	Name,Vorname	JG	Verein	Swim	Bike	Swim+Bike	Run	Total
AK 2 25-29									
1	27	Roths, Jana	1984	Tri-Sport Lübeck	00:27:19.467	01:13:26.876	01:40:46.343	00:47:52.657	02:28:39.0
2	9	Dahlmann, Julia	1982	Ratzeburger SV	00:25:35.140	01:15:05.970	01:40:41.110	00:54:46.780	02:35:27.890
AK 3 30-34									
1	49	Quellhorst, Anna	1981	Tri Sport Lübeck e.V.	00:28:16.60	00:28:16.60	00:00:00.0	02:29:48.670	02:29:48.670
AK 4 35-39									
1	63	Harksen, Ulrike	1976	SG Athletico Büdelsdorf	00:25:08.560	01:09:47.877	01:34:56.437	00:44:55.76	02:19:51.513
2	45	Rudolphi, Kerstin	1975	Tri Team Neumünster	00:29:58.420	01:12:21.953	01:42:20.373	00:43:08.720	02:25:29.93
Sen 1 40-44									
1	1	Lange, Bettina	1969	TSV Bargteheide -Tri	00:20:05.297	01:07:48.390	01:27:53.687	00:39:49.63	02:07:42.750
2	25	Günther, Britt	1967	Tri EMTV Elmshorn	00:25:01.937	01:12:24.423	01:37:26.360	00:47:53.200	02:25:19.560
3	56	Lehmann, Christina	1969	Ratzeburger SV - Triathlon	00:25:06.860	01:13:48.700	01:38:55.560	00:48:47.533	02:27:43.93
4	158	Mull, Dr. Diana	1967	TSV Bornhöved	00:33:00.250	01:12:55.437	01:45:55.687	00:46:57.513	02:32:53.200
5	42	Lange, Lilia	1970	TSV Bargteheide -Tri	00:27:28.560	01:16:16.800	01:43:45.360	00:53:23.623	02:37:08.983
Sen 2 45-49									
1	18	Nörenberg, Annita	1966	ntsv strand 08	00:27:05.670	01:11:32.233	01:38:37.903	00:43:39.737	02:22:17.640
2	59	Lange, Nicola	1963	USC Kiel	00:24:59.360	01:13:56.983	01:38:56.343	00:51:02.327	02:29:58.670
3	39	Splettstößer, Kirsten	1966	Polizei SV Eutin	00:25:32.547	01:15:47.686	01:41:20.233	00:49:48.187	02:31:08.420
4	62	Tack, Andrea	1966	TSV Bargteheide -Tri	00:25:07.750	01:16:32.250	01:41:40.0	00:53:26.717	02:35:06.717
5	4	Spingler, Kati	1965	SG Wasserratten Norderstedt	00:31:57.750	01:22:07.47	01:54:04.797	01:06:19.670	03:00:24.467
Sen 3 50-54									
1	67	Kaack, Heike	1958	SG Athletico Büdelsdorf	00:30:03.343	01:19:43.170	01:49:46.513	00:48:13.674	02:38:00.187
2	14	Oppen, Ute	1961	USC Kiel	00:27:06.217	01:23:18.563	01:50:24.780	00:54:17.797	02:44:42.577

Landesmeisterschaft Altersklassen
Geesthacht 12. Juni 2011

Triathlon (1,5-40-10)

Männer

Platz	StNr.	Name,Vorname	JG	Verein	Swim	Bike	Swim+Bike	Run	Total
AK 1 20-24									
1	15	Eggert, Philipp	1991	SG Wasserratten Norderstedt	00:20:02.297	01:06:42.390	01:26:44.687	00:41:42.656	02:08:27.343
2	34	Wachter, Christian	1987	Tri Endurance Germany	00:25:57.373	01:04:47.47	01:30:44.420	00:40:36.890	02:11:21.310
3	35	Prahl, Christian	1991	Tri Endurance Germany	00:25:54.810	01:04:32.190	01:30:27.0	00:41:02.483	02:11:29.483
AK 2 25-29									
1	219	Sonnenburg, Tim	1985	Ratzeburger SV	00:24:56.483	01:03:43.907	01:28:40.390	00:41:53.750	02:10:34.140
AK 3 30-34									
1	30	Bergermann, Stephan	1977	TSV Bargteheide -Tri	00:20:05.843	00:59:41.874	01:19:47.717	00:33:24.546	01:53:12.263
2	24	Meinert, Heiko	1979	Tri Team Neumünster	00:27:04.373	01:03:29.594	01:30:33.967	00:39:28.436	02:10:02.403
AK 4 35-39									
1	52	Wendt, Mario	1973	LBV Phönix Lübeck	00:23:47.123	01:05:18.500	01:29:05.623	00:39:01.377	02:08:07.0
2	7	Röckendorf, Niels	1972	TSV Bargteheide -Tri	00:30:14.717	01:06:58.470	01:37:13.187	00:40:50.673	02:18:03.860
Sen 1 40-44									
1	167	Borchardt, Jens	1967	PSV Eutin	00:21:13.217	01:05:23.970	01:26:37.187	00:37:52.63	02:04:29.250
2	10	Dahlmann, Matthias	1970	Ratzeburger SV	00:24:59.890	01:02:37.327	01:27:37.217	00:37:26.563	02:05:03.780
3	66	Stief, Oliver	1969	SG Athletico Büdelsdorf	00:25:20.903	01:03:14.64	01:28:34.967	00:42:15.673	02:10:50.640
4	17	Nörenberg, Michael	1970	ntsv strand 08	00:24:58.170	01:06:52.580	01:31:50.750	00:39:49.623	02:11:40.373
5	57	Dolecki, Martin	1969	Ratzeburger SV	00:26:09.30	01:06:44.797	01:32:53.827	00:43:04.220	02:15:58.47
6	5	Günther, Tino	1969	TSV Bargteheide -Tri	00:25:44.200	00:00:00.0	00:00:00.0	02:16:40.263	02:16:40.263
7	31	Michl, Holger	1968	SV Großhansdorf	00:24:35.547	01:12:53.140	01:37:28.687	00:49:37.983	02:27:06.670
Sen 2 45-49									
1	28	Engel, Dirk	1966	Möllner SV	00:24:32.123	01:03:27.187	01:27:59.310	00:39:36.750	02:07:36.60
2	13	Trilke, Michael	1962	Tri Sport Lübeck e.V.	00:25:45.30	01:04:26.407	01:30:11.437	00:42:22.673	02:12:34.110
3	32	Schleuß, Michael	1962	TSV Bargteheide -Tri	00:27:39.310	01:05:42.750	01:33:22.60	00:42:34.673	02:15:56.733
4	21	Stüfen, Sönke	1965	TSV Bargteheide -Tri	00:26:53.467	01:03:59.610	01:30:53.77	00:46:38.93	02:17:31.170
5	3	Gaasch, Bernd	1962	Borener SV	00:28:56.153	01:10:33.284	01:39:29.437	00:39:19.13	02:18:48.450

Landesmeisterschaft Altersklassen
Geesthacht 12. Juni 2011

Triathlon (1,5-40-10)

Sen 3 50-54

1	43 Sonnenburg, Volker	1961 Ratzeburger SV Triathlon	00:28:54.810	01:07:37.157	01:36:31.967	00:39:54.733	02:16:26.700
2	19 Naujoks, Stephan	1960 Borener SV	00:27:29.467	01:09:48.110	01:37:17.577	00:43:54.470	02:21:12.47
3	54 Zoellner-Walbroel, Frank	1961 USC Kiel	00:27:49.750	01:09:43.577	01:37:33.327	00:45:23.796	02:22:57.123
4	38 Brammer, Jürgen	1960 Borener SV	00:00:00.0	00:00:00.0	00:00:00.0	02:26:43.967	02:26:43.967
5	53 Kümmel, Steffen	1961 tsv ladelund	00:29:49.153	01:07:30.157	01:37:19.310	00:53:16.690	02:30:36.0
6	22 Fabig, Sigurd	1961 LV Husum	00:23:38.170	01:12:54.640	01:36:32.810	00:55:05.110	02:31:37.920

Sen 4 55-59

1	8 Hümmecke, Manfred	1953 TuS Holtenau	00:32:07.717	01:11:56.80	01:44:03.797	00:41:11.76	02:25:14.873
2	33 Lohmeier, Dirk	1955 SV Großhansdorf	00:23:49.937	01:18:28.610	01:42:18.547	00:48:13.263	02:30:31.810
3	11 Reppel, Götz	1956 SV Großhansdorf	00:26:48.700	01:14:34.597	01:41:23.297	00:52:20.140	02:33:43.437

Sen 5 60-64

1	6 Neufeind, Dieter	1948 SG Wasserratten Norderstedt	00:27:37.233	01:14:01.280	01:41:38.513	00:51:31.737	02:33:10.250
---	--------------------	----------------------------------	--------------	--------------	--------------	--------------	--------------

Sen 6 65-69

1	12 Schimmer, Helmut	1946 TSV Fahrdorf	00:29:10.170	01:15:14.110	01:44:24.280	00:53:43.420	02:38:07.700
2	51 Hentrop, Heiko	1942 SG Athletico Büdelsdorf	00:26:04.827	01:24:48.283	01:50:53.110	00:53:29.640	02:44:22.750