

**Mitteldistanz Altersklassen (2000m SWIM - 88km BIKE - 21,4km RUN) am 12.06.2010****Frauen**

	Name	Jg.	SWIM	T1	BIKE	T2	RUN	Ergebnis	Verein/Ort
1. AK 2	ERNST Maren	1984	36:03	01:28	3:02:14	01:07	1:27:56	5:08:47	USC Kiel
1. AK 3	REUSCH Daniela	1977	32:05	01:00	2:56:18	01:19	1:46:33	5:17:13	Tri Sport Lübeck
1. AK 4	RUDOLPHI Kerstin	1975	42:53	02:26	2:48:37	01:36	1:34:42	5:10:13	Tri-Team Neumünster
2. AK 4	GONNSEN Sabine	1973	41:26	02:59	2:51:17	01:36	1:40:36	5:17:53	fri ööwingsfloose
1. Sen 1	APPEL Anke	1970	36:30	02:04	2:49:18	00:59	1:41:08	5:09:58	MSV Mölln
2. Sen 1	LEHMANN Christina	1969	35:04	03:05	2:58:27	01:40	1:43:50	5:22:05	Ratzeburger SV Triathlon
3. Sen 1	SPLETTSTÖßER Kirsten	1966	35:58	03:46	3:29:07	01:49	1:43:07	5:53:45	Polizei-SV Eutin
1. Sen 2	PETTER Ulla	1962	43:36	03:47	3:23:22	02:16	1:51:26	6:04:24	Triathlon Dänischer Wohld

**Männer**

	Name	Jg.	SWIM	T1	BIKE	T2	RUN	Ergebnis	Verein/Ort
1. AK 1	THYEN Oltmann	1988	29:37	01:18	2:19:08	00:54	1:31:44	4:22:38	RSV-Triathlon
1. AK 2	WRIEDT Mario	1981	38:42	02:41	2:43:20	02:30	1:26:45	4:53:57	Tri-Team Schellhorn
1. AK 3	BELTZ André	1979	26:22	01:02	2:23:26	00:42	1:19:50	4:11:20	Gut Heil Itzehoe
2. AK 3	SCHULZE Sven	1978	29:13	01:21	2:23:08	01:42	1:20:46	4:16:08	POLIZEI SV EUTIN
3. AK 3	SCHLURICKE Sebastian	1980	33:10	01:59	2:16:01	00:52	1:25:10	4:17:10	TriAs Flensburg
4. AK 3	HOMRIGHAUSEN Jens	1978	36:49	02:02	2:22:10	00:56	1:22:53	4:24:48	MTV Leck
5. AK 3	SPRENGER Oliver	1980	28:19	01:25	2:30:09	00:57	1:31:26	4:32:15	TriVelos Flensburg
6. AK 3	NADOLNY Dennis	1978	32:19	01:39	2:33:51	01:22	1:43:04	4:56:15	Fri Ööwingsfloose e.V.
1. AK 4	WICHMANN Frank	1975	34:15	01:36	2:32:43	01:07	1:20:43	4:30:22	SG Athletico Büdelsdorf
2. AK 4	MEIER Ronald	1971	35:45	02:03	2:30:31	01:23	1:27:33	4:41:12	USC Kiel
3. AK 4	REIMER Gerd	1974	37:26	01:28	2:37:09	01:36	1:36:16	4:53:53	TriAs Flensburg
4. AK 4	TEFFNER Martin	1974	40:01	02:17	2:40:13	03:03	1:55:34	5:21:07	Tri-Sport-Lübeck

	Name	Jg.	SWIM	T1	BIKE	T2	RUN	Ergebnis	Verein/Ort
1.	Sen 1 STIEF Oliver	1969	35:37	01:09	2:24:36	01:02	1:27:36	4:29:58	SG Athletico Büdelsdorf
2.	Sen 1 TÖDTLOFF Sven	1966	33:10	01:07	2:23:14	00:47	1:32:34	4:30:51	TriTeam Nemünster
3.	Sen 1 PETERSEN Dirk	1969	35:35	02:24	2:30:09	01:23	1:30:11	4:39:41	TSV Westerland Triathlon
4.	Sen 1 LAMP Gerhard	1966	35:40	01:34	2:30:41	00:53	1:31:25	4:40:11	TSV Schleswig
5.	Sen 1 MANNEBECK Dietmar	1966	38:03	02:02	2:31:24	01:16	1:39:11	4:51:54	LG Albatros Kiel
6.	Sen 1 BERNSEE Stefan	1966	36:16	02:53	2:35:44	01:10	1:47:38	5:03:39	TuS Holtenau Kiel
7.	Sen 1 SCHMIDT Mario	1967	43:39	02:37	3:07:51	01:22	1:38:14	5:33:41	TSV Westerland
8.	Sen 1 MARTENSEN Jan	1969	43:23					5:43:20	TSV LT Lindewitt
1.	Sen 2 MENEELY Hilton	1963	35:13	01:46	2:24:38	01:13	1:17:09	4:23:56	USC Kiel
2.	Sen 2 REIMER Roland	1965	33:08	02:16	2:34:23	01:58	1:32:33	4:44:16	USC Kiel
3.	Sen 2 SCHRÖDER Michael	1965	38:46	02:01	2:33:48	02:29	1:28:34	4:45:37	Möllner SV
4.	Sen 2 DR. JUNKER Thomas	1965	48:41	03:39	2:42:44	02:00	1:28:58	4:55:59	MTV-Heide
5.	Sen 2 IHLO Bernd	1964	44:29	03:21	2:41:40	00:59	1:42:11	5:12:38	TuS Holtenau Kiel
6.	Sen 2 VOGT Matthias	1963	40:50	03:00	2:57:34	01:44	1:47:38	5:30:44	Tri-Sport Lübeck
7.	Sen 2 SCHIRMEYER Dr. Stefan	1964	38:28	04:15	3:22:13	03:36	1:52:55	6:01:26	VfL Pinneberg
1.	Sen 3 BRAMMER Jürgen	1960	37:15	02:10	3:00:10	01:02	1:38:31	5:19:06	Borener sv
2.	Sen 3 JOHANNSEN Arne Ingmar	1958	44:45	06:57	3:10:53	05:20	1:32:44	5:40:37	TriAs Flensburg
1.	Sen 4 FEDDERSEN Hans	1954	35:43	03:33	3:15:49	02:00	1:57:20	5:54:23	Fri Ööwingsfloose
2.	Sen 4 KÖNIG Roland	1955	1:06:32	12:40	3:17:40	05:20	1:59:51	6:42:02	LAV Husum
1.	Sen 5 SCHIMMER Helmut	1946	40:01	03:28	2:52:17	01:43	2:06:33	5:43:59	TSV Fahrdorf
1.	Sen 6 WAGNER Renaldo	1942	43:22	03:01	3:04:35	02:37	1:44:55	5:38:28	USC Kiel
2.	Sen 6 TYLKOWSKI Otto	1945	52:52	04:56	3:16:41	02:56	2:10:04	6:27:25	VfL Pinneberg